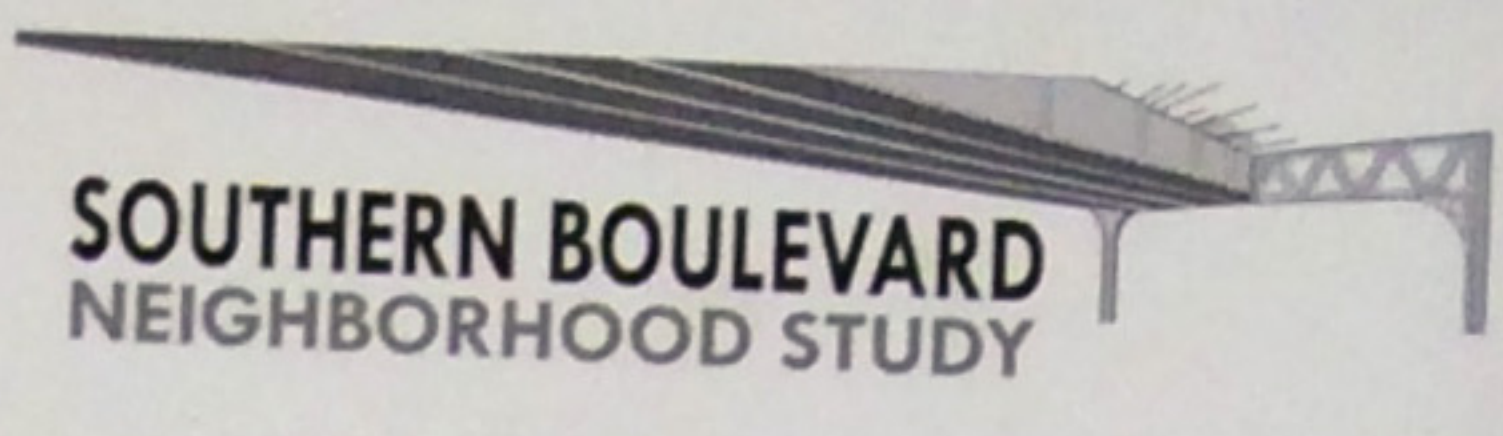


ACTIVITY 3: Healthy Housing

DATE _____
TABLE # _____



Instructions: Identify **3 health concerns** for the group to discuss

Selected Health Concerns:
(Describe and add details on specific experiences)

Strategies and solutions used to address this health concern:

Health concern #1

Asthma.

Mold & crumbling walls

dust & lots of traffic + trucks causing pollution

Health concern #2

Diabetes

Lack of healthy food options

Health concern #3

Stress

stress affects our physical & mental/emotional (anxiety)

unfairness/inequity is stressful

finding housing that is affordable despite going to school & working

instability ↓ shelter ↓ hard to get out

finding larger space for family & financial stress

Dealing w/ sec. 8

Concern for children & safety (violence, drugs, etc.)

financial stress of getting out of shelter system

finding permanent work

Lack of stability

Our Healthy Housing Vision

#4 FALL-RISK

Landlord won't allow adapting bathroom for injury

stairs to elevator in lobby - an obstacle & slipping

train stairs dangerous and sidewalks cracked

ACTIVITY 3: Healthy Housing

Instruct participants to identify 3 health concerns for the group to discuss

Selected Health Concerns: (Describe and add details on specific experiences)

Strategies and solutions used to address this health concern:

Health concern #1

- more parks
- Have less parking
- DRUG USE
- park far away
- Complaint not being the case of
- Prostitution
- Homeless w/ mental health
- environment
- Car space
- NOISE
- Roches
- Kids Safety
- Homelessness on the rise

Health concern #2

Asthma

- environment
- Parking in area - cause cars to run all night
- Gas from cars
- Smoking weed in apartment
- Smoking in building
- Slution Green Space
- Smoking in building
- Kids Safety
- Buildings need to use heating oil
- Ideas - Construction - Redesign

Health concern #3

- Old Radiators
- NOT abiding lease
- politics can resolve
- Arguing Fights
- Dog waste

Our Healthy Housing Vision

- Careless noise cleaner
- Beef Caps presence
- timely repairs and parking
- Healthy food
- Green Space
- Traffic fluid
- Invisible
- Maintenance of apt include Common Areas
- Building Community
- inspections
- Complaints reports
- Street lights
- Cleaner bus stops
- Street / Sidewalk Washers
- More City housing inspections by a third party

ACTIVITY 3: Healthy Housing

Instructions: Identify **3 health concerns** for the group to discuss

Selected Health Concerns:
(Describe and add details on specific experiences)

Strategies and solutions used to address this health concern:

Health concern #1

Less People
More BTS!!

NO ANNOYING People!!

Stress
The amount of people smoking when asthma is one of the disease

Sound Insulation
TOO MUCH VIBES! THE TRAIN GOES BY.

Housing Security

Educate on dangers of stress

Health concern #2

No Fony People.

NO Smoking

Reduce and/or mental contribution to Asthma

Health concern #3

HP I'm Sugar and I'll kill you!

Diabetes
The junk food is less expensive -e and healthy food is pricey.

less Cookies more Water

NO too Much Sugar

HIGH AMOUNT MORE FARMERS MARKETS + PRODUCE

Our Healthy Housing Vision

- 1) Affordable housing for people who live here
- 2) Access to green space - safe
- 3) Investing in local businesses - existing
- 4) ~~more~~ Money on honey buns less money on Salads

Healthy food Cheaper than junk, please.

Stop increasing rent... Dont expect tenants to pay if they're working, low paying jobs

ACTIVITY 3: Healthy Housing

DATE 4/11/19
TABLE # 5

Instructions: Identify **3 health concerns** for the group to discuss

Selected Health Concerns:
(Describe and add details on specific experiences)

Strategies and solutions used to address this health concern:

Health concern #1

Food deserts
Lack of hospitals
Ppl. w/walkers or wheelchairs need elevators
Hard to get exercise
" healthy food

City is improving parts, but more should be done
Health care visits people to make sure they get meds

Health concern #2

Sense of community
Safety

Conditions of housing, buildings, area around
Heat & hot water
Landlord harassment
Affordability
People standing outside, noise

Tenant associations, call 311 get inspection
Moving out of the city
Self-medication, make money through illegal activities

Health concern #3

Housing conditions, mold, mildew, location (factories, highways, electric plants)
Smoke/pollutants from busses, trains.
Air Quality

Products
Poaches

Hospitalization, medication, go to doctor

Our Healthy Housing Vision

- LEED Certified buildings
- Contractors use materials that are environmentally sound
- Regular Inspections (esp. for kids w/asthma)
- Accessible train stations
- 24 hr Security done by residents (paid)
- Fix the streets
- Sanitation
- Healthy Building Materials
- Enough affordable healthy food options nearby
- Fix root causes of asthma
- Quality of life, safety, security
- People know where they can go for help with health issues
- Tree pruning
- good conditions sidewalks & streets
- Better ways of interacting w/landlords

ACTIVITY 3: Healthy Housing

DATE 4/11
TABLE # 6

Instructions: Identify **3 health concerns** for the group to discuss

Selected Health Concerns:

(Describe and add details on specific experiences)

Strategies and solutions used to address this health concern:

Health concern #1

I was born Asthma

Closeness to highways

Family members

lack of maintenance in homes

Health concern #2

Everyone Experiences stress

Money

This thro commo is stressful

metro card cost

New development seeing it and feeling like we don't have access to it

I have Jobs + school

Health concern #3

Can't afford Subsid/ healthy

Grandmother

Delic stores

No time to make B-Fast

Community Gardens Don't have resources

can't be understood

lack of Access to healthy foods

No case stores w/ healthy options

Food Apartheid

YMPS Summit + outreach

Our Healthy Housing Vision

Not challenging - it's our lifestyle

More Funding

More Housing going to current residents ~ 80%

Our families have done it, so we have to deal w/ it