

Where To Go For Care

Know where to go for the best treatment



Doctor's Office

An important part of staying your healthiest over time includes having a health care provider that you feel comfortable with, understands your health goals, and knows your health history. Everyone, even healthy people, should have an in-network primary care provider that they see regularly to prevent diseases and catch symptoms of serious conditions early.

Visit nyc.gov/hbp to find an in-network provider near your home or work.

Telemedicine

Telemedicine is a convenient, low cost option for minor illnesses and injuries like colds or rashes. Call or video chat with a board certified physician, typically same day. Before you call, be sure the service is covered by your health plan.

Urgent Care

Urgent care offers convenience and fast service with hundreds of locations throughout the city. You can avoid the long wait times of the emergency room for non-life-threatening conditions. Before you go, make sure that the clinic is covered by your health plan and check your co-pay.

Emergency Room (ER)

The ER or 911 should be the first stop for all medical emergencies. Be sure to follow up with your primary care provider after your visit.