

NYC EMPLOYEE FITNESS DISCOUNTS



MOVE
MORE >>>

NYC Employees enjoy discounts at various gyms across the city. Check out each gym to see available discounts and deals. Click the logo to learn more!



BLINK FITNESS

Come join the gym for everybody! As a City employee, you now have access to a discounted corporate Blink membership. Perks include **unlimited guest privileges, 90+ locations, and a free Start-Up Session.**

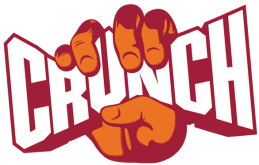
Email corporatemembership@blinkfitness.com to get started!



THE YMCA

NYC Loves the Y and you will too. You'll get a 15% discount off monthly Adult and Family Membership rates! Benefits include **free group fitness classes, priority program registration, and access to state-of-the-art equipment.**

Check out ymcanyc.org/join to sign up.



CRUNCH

Take a break and sweat it out with Crunch. Your special offer includes **hundreds of classes, state-of-the-art equipment, personal training, and a 3-day guest pass that's exclusive to City employees.**

Email randi.zinkercrunch.com to learn more.



24 HOUR FITNESS

Live fit for less with 24 Hour Fitness. You're eligible for special membership rates as a City employee. Membership perks include **free studio classes, unlimited access to live-coached virtual group sessions, and customizable Smart workouts.**

To join, visit www.24hourfitness.com/corporate. Don't forget our corporate ID: **72605!**

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WorkWell NYC

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EQUINOX

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Get with the program at Equinox! You're invited to join their High-Performance Living Program which includes unlimited access to **group fitness classes, extended benefits** to your spouse, cohabitant, or partner, plus a **complimentary Pilates session!**

To enroll, email yeasreeb.rashid@equinox.com



CLUB 300

Sweat it out at Club 300, our newest partner! As a city employee, you receive 25% off your membership. Your special offer includes a complimentary **fitness intelligence assessment, a personal training session, and a small group training session.**

To join, email naeema@club300nyc.com



NYC Parks

NYC PARKS RECREATION CENTER

Join an NYC Parks Recreation Center near you to access the most affordable network of community and athletic facilities across the five boroughs. Recreation centers offer access to amenities such as **indoor pools, fitness rooms, basketball courts, and dance studios.** A wide range of programs are available to people of all ages. To find out more, visit nyc.gov/parks.



SHAPE UP NYC

Shape Up NYC is a **free group fitness program for adults and seniors with locations** in all five boroughs! Whether you're a seasoned fitness enthusiast or just starting your fitness journey, Shape Up NYC offers something for everyone.

Not a gym person? WorkWell NYC offers virtual fitness classes! Check out our schedule [here](#) or visit nyc.gov/movemore for more information.