Coverage Period: 10/1/2023-9/30/2024
Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, 1-800-303-9626 (TTY: 711). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.metroplus.org or call 1-800-303-9626 (TTY: 711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	No.	You will have to meet the deductible before the plan pays for any services.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,150 Individual/\$14,300 Family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.metroplus.org/ member-services/provider- directories or call 1-800-303- 9626 (TTY: 711) for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services."
Do you need a referral to see a specialist?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Yo	u Will Pay	1: " C
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$0/visit	Not covered	
If you visit a health care	Specialist visit	\$0/visit	Not covered	
provider's office or clinic	Preventive care/screening/ immunization	\$0/visit	Not covered	You may have to pay for services that aren't preventative. Ask your provider if the services needed are preventative. Then check what your plan will pay for.
If you have a toot	<u>Diagnostic test</u> (x-ray, blood work)	\$0/visit in freestanding labs \$0/visit in hospital	Not covered	No copay for in-office tests completed in the PCP or specialist's office
If you have a test	Imaging (CT/PET scans, MRIs)	\$0/visit in freestanding labs \$0/visit in hospital	Not covered	No copay for in-office tests completed in the PCP or specialist's office
If you need drugs to	Generic drugs	Not covered	Not covered	
treat your illness or condition More information about prescription drug	Brand drugs	Not Covered	Not covered	
coverage is available at www.metroplus.org/mem ber/pharmacy	Specialty drugs	Not Covered	Not covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$0/visit	Not covered	
surgery	Physician/surgeon fees	\$0/visit	Not covered	
If you need immediate medical attention	Emergency room care	\$100/visit	\$100/visit	Copayment waived if admitted to Hospital. Health care forensic examinations performed under Public Health Law § 2805-i are not subject to Cost-Sharing
	Emergency medical transportation	\$0/visit	\$0/visit	·
	Urgent care	\$25/visit	Not covered	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.metroplus.org.

What You Will Pay			Limitations Franchisms 9 Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	\$0/visit	Not covered	
	Physician/surgeon fees	Included in admission copay	Not covered	
If you need mental health, behavioral	Outpatient services	\$0/visit	Not covered	Up to 20 visits per Plan Year may be used for family counseling
health, or substance abuse services	Inpatient services	\$0/admission	Not covered	
	Office visits	Covered in full.	Not covered	
If you are pregnant	Childbirth/delivery professional services	Included in admission copay	Not covered	
	Childbirth/delivery facility services	\$0/admission	Not covered	
	Home health care	\$0/visit	Not covered	200 visits per plan year.
If you need help recovering or have other special health needs	Rehabilitation services	Outpatient: \$0/visit Inpatient: \$0/admission	Not covered	Outpatient: 20 visits per condition per Plan Year combined therapies Inpatient: 20 visits per condition per Plan Year combined therapies Speech and physical therapy are only Covered following a Hospital stay or surgery
	Habilitation services	Outpatient: \$0/visit Inpatient: \$0/admission	Not covered	Outpatient: 20 visits per condition per Plan Year combined therapies Inpatient: 20 visits per condition per Plan Year combined therapies.
	Skilled nursing care	\$0/admission	Not covered	Unlimited
	Durable medical equipment	0% coinsurance	Not covered	
	Hospice services	0% copayment	Not covered	Outpatient: 5 visits for family bereavement Inpatient: 210 days per plan year.
If a some ability and a	Children's eye exam	Not covered	Not covered	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	
delital of eye cale	Children's dental check-up	Not covered	Not covered	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.metroplus.org.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
 - Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

Chiropractic care

- Hearing aids
- Infertility treatment

- Weight loss programs
- Transportation to medical appointments

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: MetroPlus Health Plan at 1-800-303-9626 (TTY:711), or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-303-9626 (TTY:711)

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-303-9626 (TTY:711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-303-9626 (TTY:711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-303-9626 (TTY:711).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.metroplus.org.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
■ Hospital (facility) copayment	\$0
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$70	
The total Peg would pay is	\$70	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
Hospital (facility) copayment	\$0
Other coinsurance	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$70	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$400	
The total Joe would pay is	\$470	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) copayment	\$0
■ Emergency room copayment	\$150

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	

Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$200		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$10		
The total Mia would pay is	\$210		