### New York State Foods Reference List (Revised May 2007) Promulgated Pursuant to Section 165(4) of the State Finance Law and Section 103(8-a) of the General Municipal Law

## New York State Department of Agriculture and Markets

## **Fresh Fruits and Vegetables**

This list represents the approximate time of availability for New York State fruits and vegetables. This list is not intended to indicate relative volumes available.

#### Fruits

#### Availability

Apples	July 15	-	May
Cherries (sweet)	June 15	-	July 15
Cherries (sour)	July 15	-	August 15
Grapes	August 15	-	October
Melons	August	-	October
Peaches	July 15	-	September 15
Pears	August 15	-	November
Plums	September 15	-	October
Strawberries	June	-	July15
Vegetables			

Asparagus	May 15	-	June 15
Beans	July	-	October 15
Beets	June 15	-	November
Bok Choy	August	-	October
Broccoli	June	-	October
Brussels Sprouts	August	-	November
Cabbage	June	-	February
Carrots	July	-	April
Cauliflower	July	-	December 15
Celery	July 15	-	November 15
Corn	July 15	-	October 15
Cucumbers	July 15	-	October 15
Eggplant	July 15	-	October 15
Garlic	August	-	April
Greens (Swiss Chard, Kale)	July	-	October
Leeks	July	-	October
Lettuce	May	-	October
Onions	Jul;y	-	April
Peas	June	-	July
Peppers	July 15	-	October 15

Potatoes	July	-	April
Pumpkins	September 15	-	October
Spinach	June 15	-	October 15
Squash (summer)	July 15	-	October 15
Squash (winter)	September	-	March
Sweet Potatoes	August	-	November
Tomatoes	July 15	-	October 15
Turnips	July 15	-	March

# Field Crops

Generally available year round.

Barley Buck Wheat Oats Soybeans Wheat

#### **Processed Foods**

The following is a listing of processed foods available from New York State vendors. Many of these products are available year round. Volumes must be determined on a case by case basis.

- 01 Soft Drinks, Water
- 02 Beverage Bases
- 03 Coffee, Tea, Cappuccino
- 04 Alcoholic Beverages
- 05 Bread, Rolls, Buns, Sweet Goods
- 06 Custard, Cream-Filled Sweet Goods
- 07 Macaroni, Noodle Products
- 08 Breakfast Cereals, Ready-to-Eat
- 09 Whole Grains, Beans-Bulk
- 10 Pretzels, Chips, Specialty Items
- 12 Proc. Grain, Starch Prods.-Human
- 12 Prep. Mixes, Dry Flour/Meal Base
- 13 Candy, Gum, Choc., Cocoa Products
- 14 Honey, Syrup, Sugar
- 15 Butter, Butter Products
- 16 Cheese, Cheese Products
- 17 Milk, Milk Products
- 18 Dried Milk, Dried Milk Products
- 19 Ice Cream, Related Products
- 20 Eggs, Egg Products
- 21 Fish, Fish Products (not smoked)
- 22 Shellfish, Crustaceans, Etc.
- 23 Smoked Fish
- 24 Spices, Salt
- 25 Extracts, Flavors
- 26 Dressing, Condiments
- 27 Fresh Fruits, Juices (except apple cider)
- 28 Frozen Fruits, Juices
- 29 Canned Fruits, Concentrates, Nectars
- 30 Dried Fruits
- 31 Jams, Jellies, Preserves, Butter
- 32 Fruit Products
- 35 Meat, Meat Products
- 36 Nuts, Nut Products
- 37 Veg. Oil Seed, Oil Stock, Crude Oil
- 38 Ref. Veg. Oil, Shortening, Oleo
- 39 Fresh Vegetables
- 40 Frozen Vegetables, Veg. Juices
- 41 Canned Vegetables, Veg. Juices
- 42 Dried, Dehydrated Vegetables

- 43 Cured, Proc. Vegetable Prods.
- 44 Dry Dessert, Pudding Mixes
- 45 Prepared Multiple Foods
- 48 Food Chemicals
- 49 Infant, Jr., Geriatric Foods
- 50 Dietary Specialties, Artificial Sweeteners
- 52 Soy Products
- 53 Apple Cider
- 65 Maple Syrup