



SPRING

into *Health Fair*

WHEN
Saturday, April 14th
10am – 4:30pm

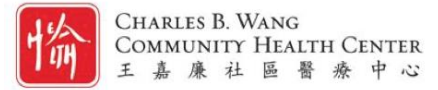
WHERE
CHINATOWN YMCA BEACON
100 Hester St., Manhattan, New York 10002
Call Contact at 212-219-8393 (ask for Michelle)
information or RSVP: nyu@ymcanyc.org

Spring Into Health Fair will engage, encourage, empower, and expose community residents to an array of holistic services. Chinatown YMCA (Beacon, Two Bridges Cornerstone, and New Americans Welcome Center) have engaged local community-based organizations and City agencies in each neighborhood to provide such services.

Activities will focus on three topics: **awareness** and **education** (e.g., supplemental nutrition assistance, health insurance enrollment opportunities); **lifestyle information** (e.g., blood pressure, vision, dental screening); and **demonstrations** (e.g., lion dance/martial arts and adult fitness/INSANITY).

Council Member Margaret S. Chin

MS131 Principal: Phyllis Tam



English, Chinese, and Spanish literature and translations will be available.

