#### Medical Monitoring Project (MMP) Results from the MMP survey of people receiving HIV care in 2011-2012 in NYC

HIV Epidemiology and Field Services Program, Bureau of HIV/AIDS Prevention and Control, New York City Department of Health and Mental Hygiene



#### Background Medical Monitoring Project (MMP)

- The Centers for Disease Control and Prevention (CDC) estimates that 1.1 million persons aged 13 years and older are living with HIV infection, including 180,900 who are unaware of their infection. CDC, HIV Surveillance Supplemental Report 2013;18(No. 5).
- In NYC, at the end of 2013, 117,618 persons were diagnosed with HIV/AIDS (NYC DOHMH, 2013)
- MMP is a national study of persons living with HIV/AIDS receiving outpatient medical care for HIV conducted by CDC with local partners



#### **Objectives** Medical Monitoring Project (MMP)

- Develop greater understanding of the health status and health-related needs of PLWHA, and their HIV transmission risk and prevention behaviors
- Conduct analysis on locally and nationally representative samples of HIV infected adults in care
- Inform the development and planning of policy and programs for PLWHA, e.g. Ryan White CARE Act planning councils and consortia

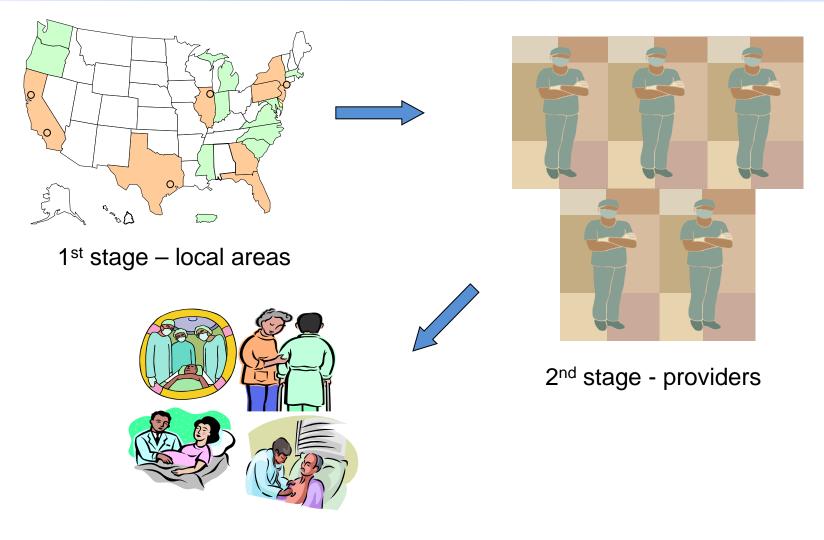


#### Methods Medical Monitoring Project (MMP)

- Multi-year (2005-open) project of US adults in outpatient care for HIV
- Cross-sectional design
- Annual multi-stage probability sample



#### Methods Medical Monitoring Project (MMP): 3-stage Sample Design





Medical Monitoring Project (MMP): Sample Selection

- Stage 1 Local Areas:
  - 23 areas selected (16 states, 1 US territory, and 6 cities)
  - Probability of selection is proportional to size (PPS) (# of reported living AIDS cases in 2002)
  - Includes >80% of US AIDS cases in 2002



Medical Monitoring Project (MMP): Sample Selection

- Stage 2 Medical Providers (facilities or private providers):
  - Providers who deliver HIV medical care
    - -Monitor CD4 count, viral load
    - -Prescribe antiretroviral therapy (ART)
  - Probability of selection is proportional to size (facilities with higher patient loads are more likely to be selected)



Medical Monitoring Project (MMP): Sample Selection

- Stage 3 Patients seen by a Selected Provider
  - Randomly sampled
  - Eligibility
    - HIV-infected
    - − ≥18 years of age
    - received HIV medical care at facility between January 1<sup>st</sup> and April 30<sup>th</sup> in a given cycle year
  - Participation voluntary; \$40 incentive (MetroCard or cash or Visa Card)

Note: In 2012 MMP was designated a surveillance activity and did not require informed consent for medical record abstractions



#### Medical Monitoring Project (MMP)

- Data collection using 2 sources:
  - Computer-based, structured face-to-face interview conducted in private or phone interview (few) by trained interviewer
  - Medical record abstractions
    - In 2011 only patients who consented to an interview had medical record abstractions (MRA) (2 interviews had no MRA)
    - In 2012 all patients were eligible for an MRA regardless of having been interviewed
- Interview data collected:
  - Clinical status including viral loads, CD-4 counts and other general health data
  - Treatment adherence
  - HIV-related service needs and utilization
  - Health behaviors (sexual, drug use, prevention)

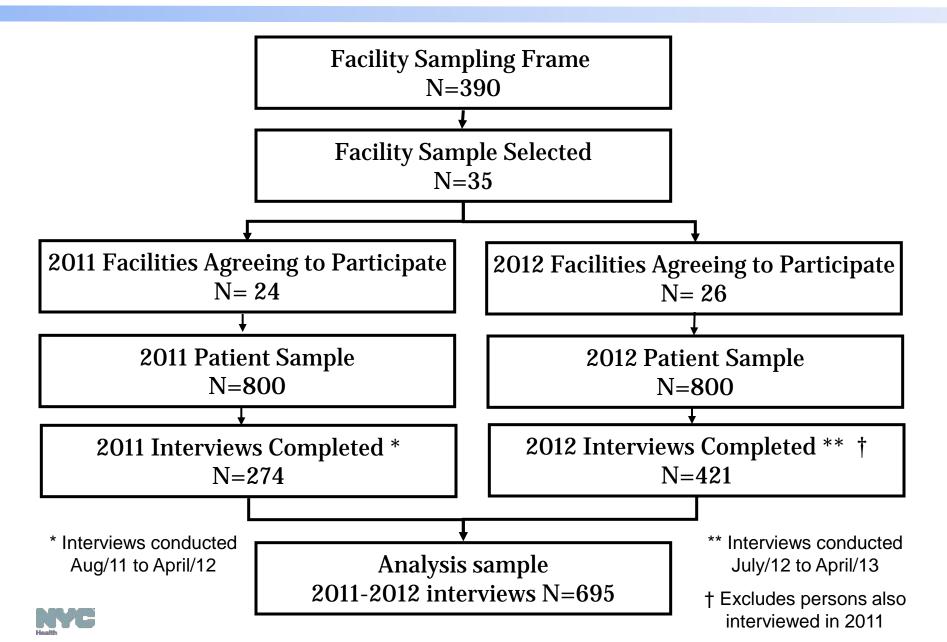


#### Methods Medical Monitoring Project (MMP)

- Analysis:
  - Descriptive statistics (frequency and percentage distributions)
  - Pearson Chi-Square test for associations between race/ethnicity and selected outcomes
  - Significance level set at P<0.05



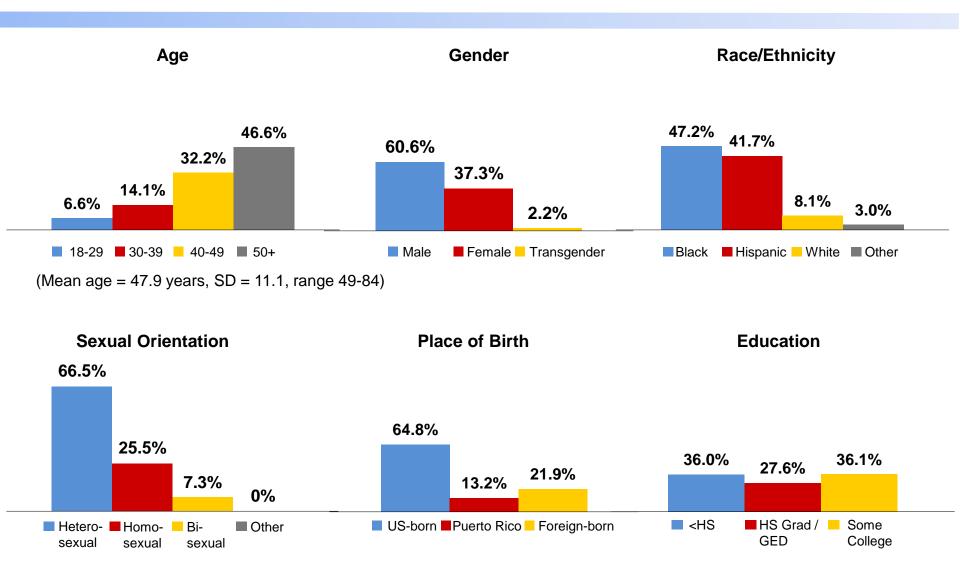
## NYC 2011 and 2012 MMP Sample



### MMP Participants' Social Demographics



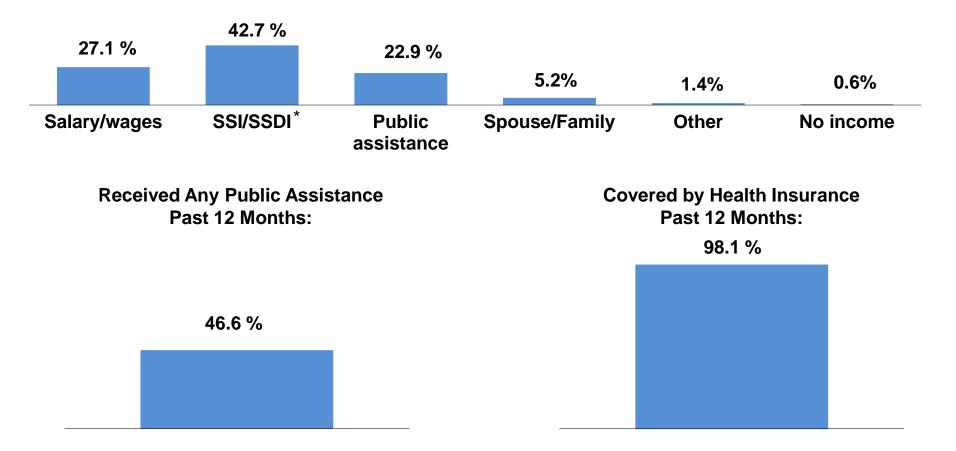
#### Participants' Social Demographics, (N=695) MMP, NYC, 2011/2012





#### Participants' Social Demographics, (N=695) MMP, NYC, 2011/2012 (cont'd)

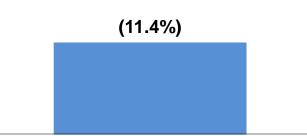
Main Source of Income Past 12 Months:





#### Participants' Social Demographics, (N=695) Past 12 Months MMP, NYC, 2011/2012 (cont'd)

Homelessness Past 12 Months:



Jail Time Past 12 Months:

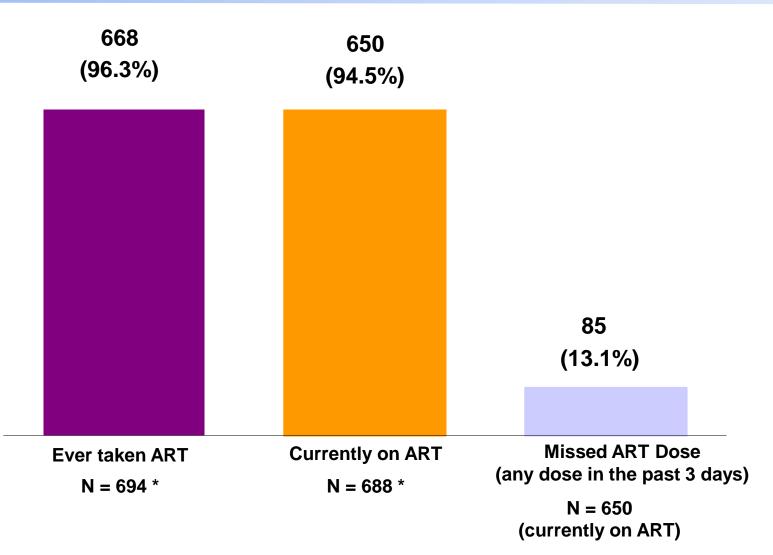
(7.2%)



### MMP Participants' Clinical Characteristics



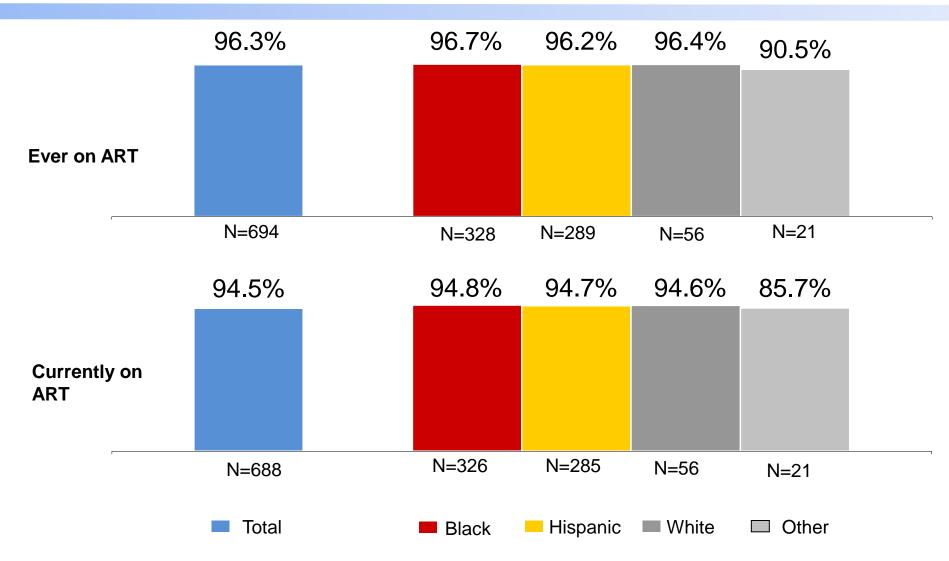
# Antiretroviral Therapy (ART) and Adherence





\* Note: N based on non-missing responses

# HIV Treatment by Race/Ethnicity



Health

\* Note: N based on non-missing responses

#### Non-Adherence by Race/Ethnicity Among Those Currently on ART

MMP, NYC, 2011/2012

	Dosing * Non-Adherence		Timing ** Non-Adherence			Food *** † Non-Adherence			
Race/ Ethnicity	Total N	Yes	%	Total N	Yes	%	Total N	Yes	%
Black	309	48	15.5 %	309	82	26.5 %	187	47	25.1 %
Hispanic	270	33	12.2%	270	67	24.8 %	166	44	26.5 %
White	53	3	5.7 %	53	8	15.1 %	27	4	14.8 %
Other	18	1	5.6 %	18	3	16.7 %	8	0	0 %
Total	650	85	13.1%	650	160	24.6 %	388†	95	24.5 %

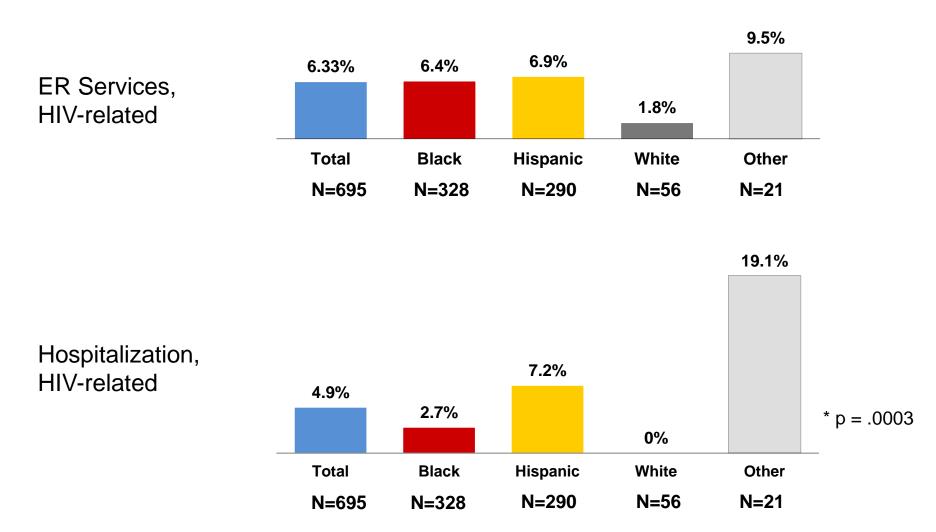
Health \*

Missed any dose in the past three consecutive days; \*\* Did not adhere to specific medication schedule (timing); Did not adhere to specific food instructions; † Asked only of those with food restrictions

## **MMP** Participants' Service Utilization



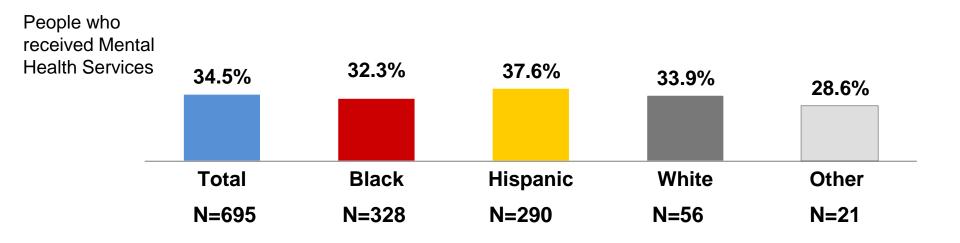
#### Healthcare Service Utilization by Race/Ethnicity, Past 12 Months MMP, NYC, 2011/2012



Health

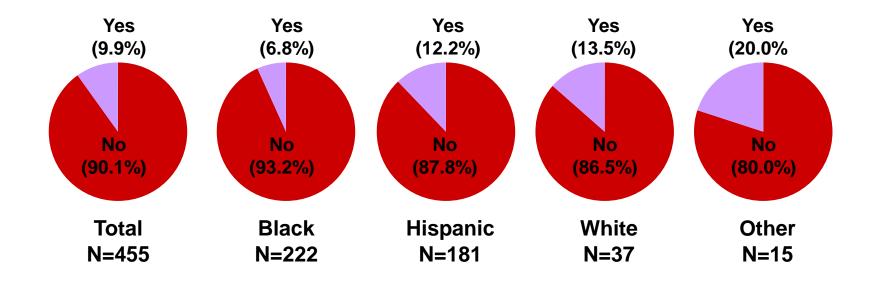
\* p Value refers to differences between groups for HIV-related hospitalizations

# Mental Health Services Provision by Race/Ethnicity, Past 12 months





# Unmet Need for Mental Health Services Among Those Not Receiving the Service by Race/Ethnicity, Past 12 Months MMP, NYC, 2011/2012

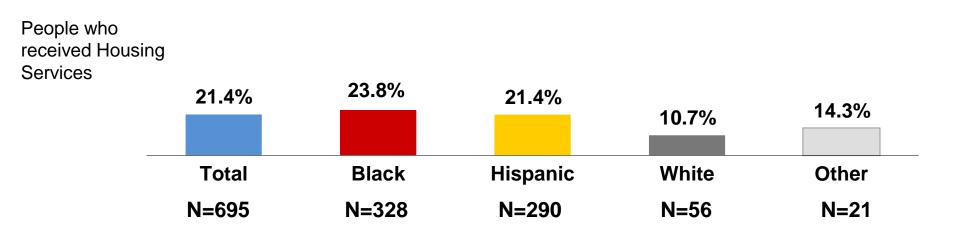


Yes = Unmet Need No = Service Not Needed



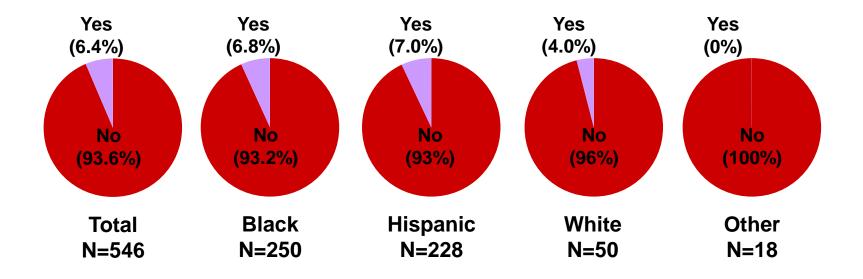
## Housing Services Provision by Race/Ethnicity, Past 12 Months

MMP, NYC, 2011/2012





#### Unmet Need for Housing Services Among Those Not Receiving the Service by Race/Ethnicity, Past 12 Months MMP, NYC, 2011/2012



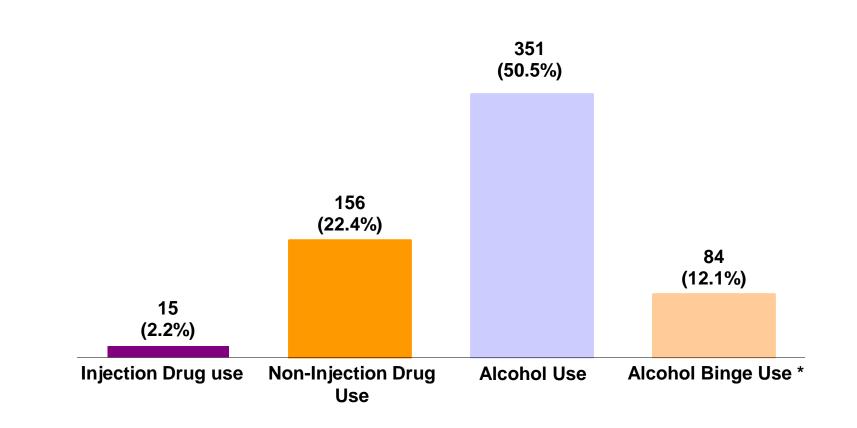
Yes = Unmet Need No = Service Not Needed



### MMP Participants' Drug Use Profile



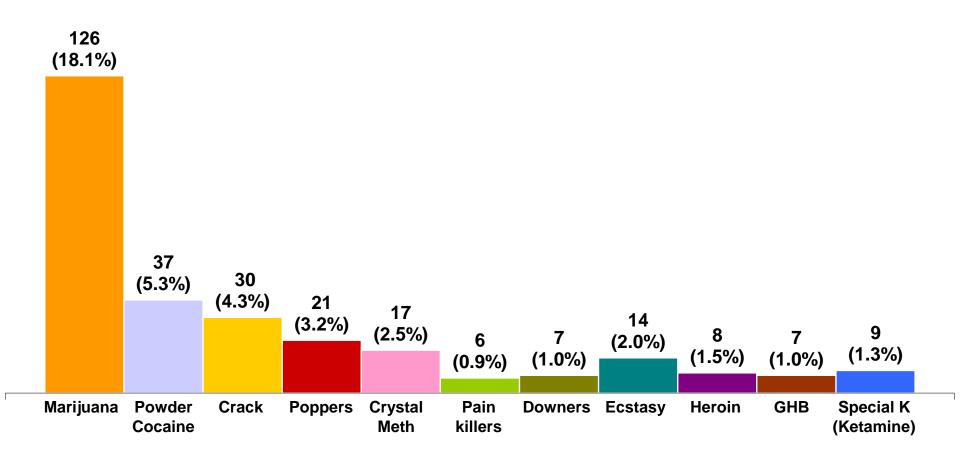
# Drug and Alcohol Use (N=695), Past 12 Months MMP, NYC, 2011/2012





\* For men, binge drinking was defined as 5 or more drinks in one sitting in the past 30 days. For women, binge drinking was defined as 4 or more drinks in one sitting in the past 30 days.

# Non-Injection Drug Use\* (N=695), Past 12 Months MMP, NYC, 2011/2012

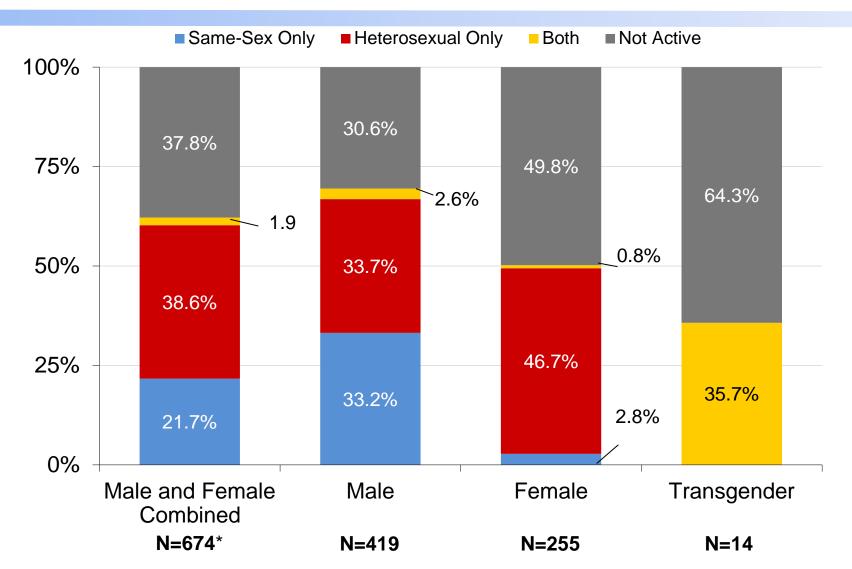




## Sexual Activity and Sexual Risk Behaviors



#### Sexually Active Participants by Gender Sex Partners', Past 12 Months MMP, NYC, 2011/2012



Health

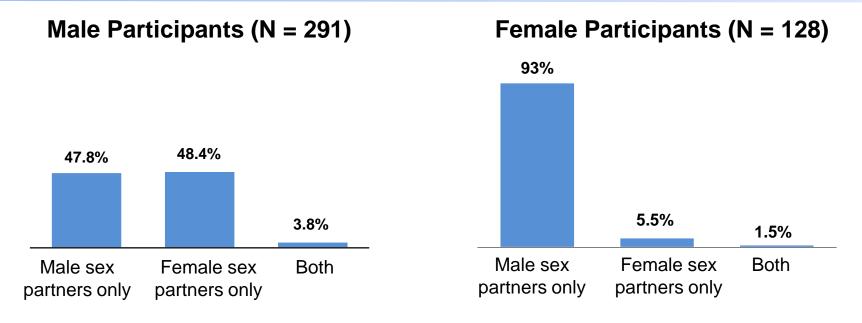
\* Note: N based on non-missing responses

#### Among the Sexually Active, Number of Sex Partners by Partnership Gender Type, Past 12 Months MMP, NYC, 2011/2012

Partnership Type *	Ν	Median	Min, Max	IQR **
Male w/ Female	152	1	1, 10	(1, 2)
Male w/ Male	146	3	1, 60	(1, 6)
Female w/ Male	120	1	1, 20	(1, 1)



# Partner Gender Among Participants Reporting Sexual Activity by Participant Gender, Past 12 Months MMP, NYC, 2011/2012



#### **Transgender Participants (N = 5)**

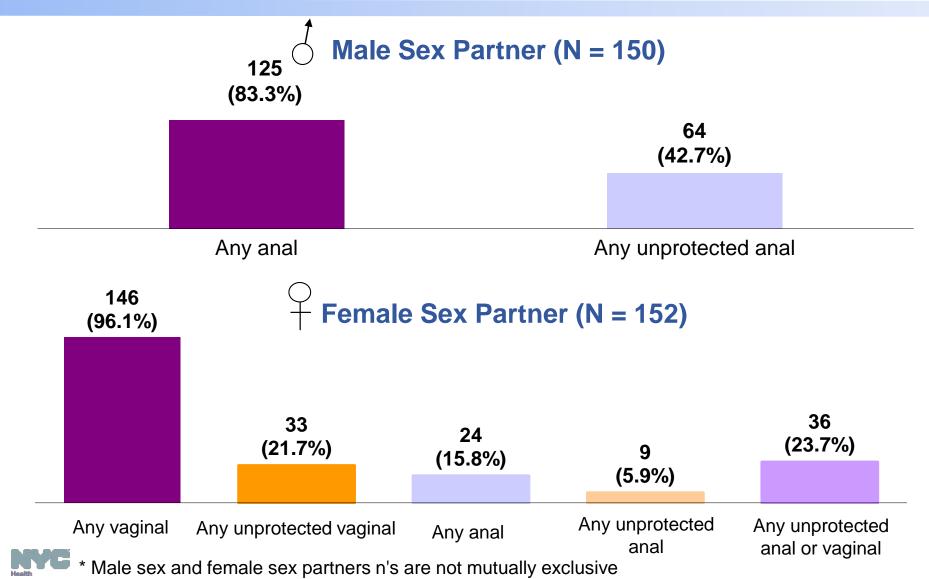
100%



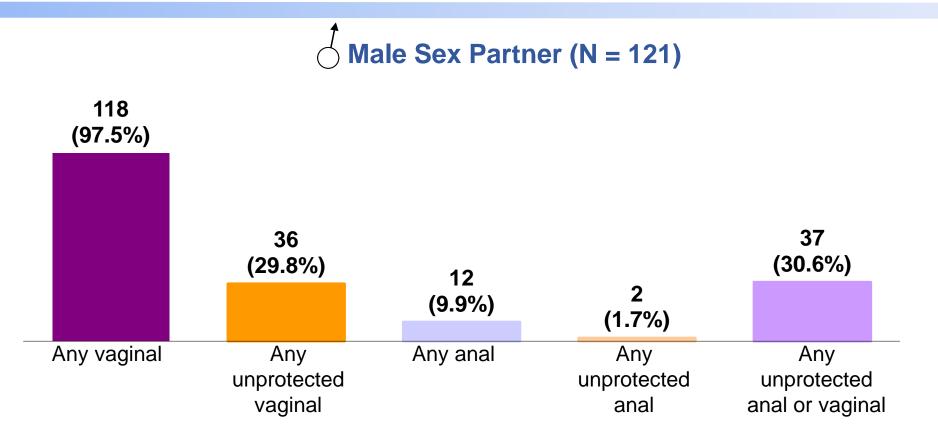


Any gender partner

#### Sexual Behaviors by Partnership Gender Among Sexually Active Male Participants, Past 12 Months\* MMP, NYC, 2011/2012



Sexual Behaviors by Partnership Gender among Sexually Active Female Participants with Male Partners, Past 12 Months MMP, NYC, 2011/2012

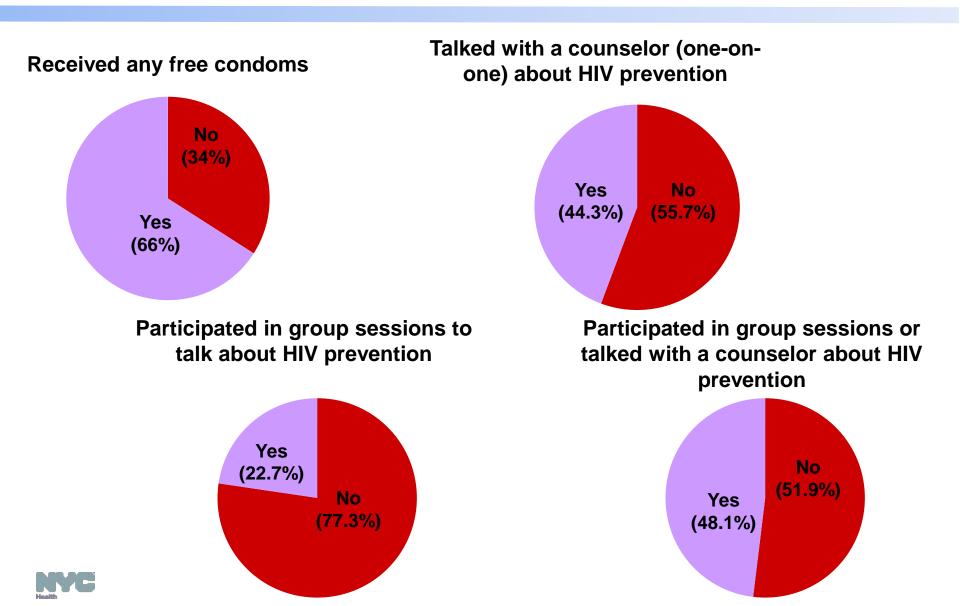




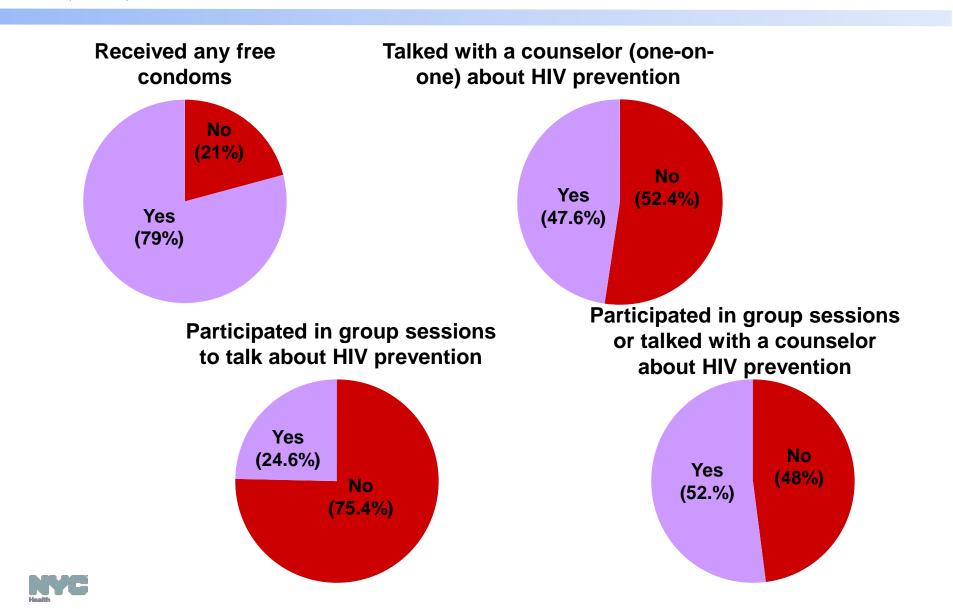
# Exposure to Individual Counseling or Group Prevention



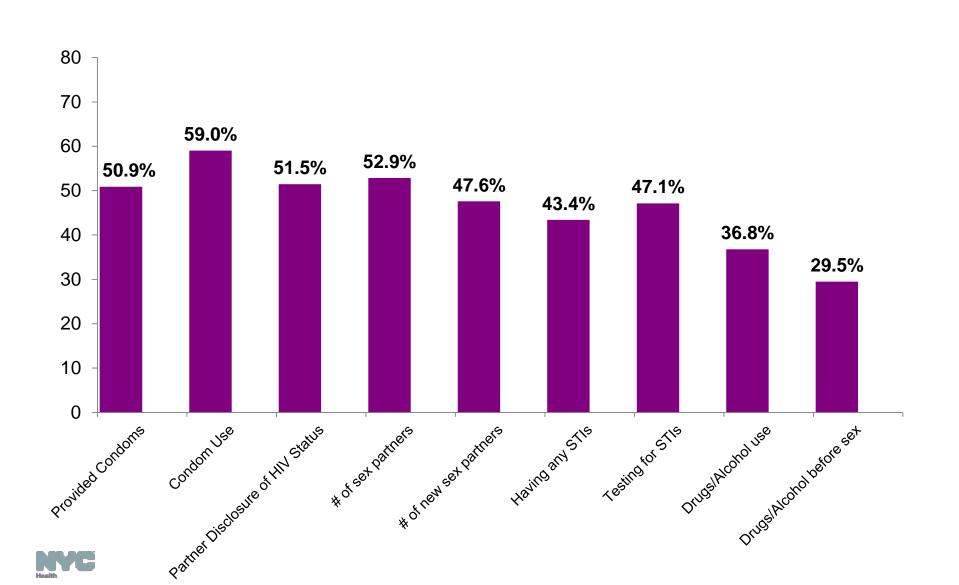
# Exposure to Prevention (N=695), Past 12 Months MMP, NYC, 2011/2012



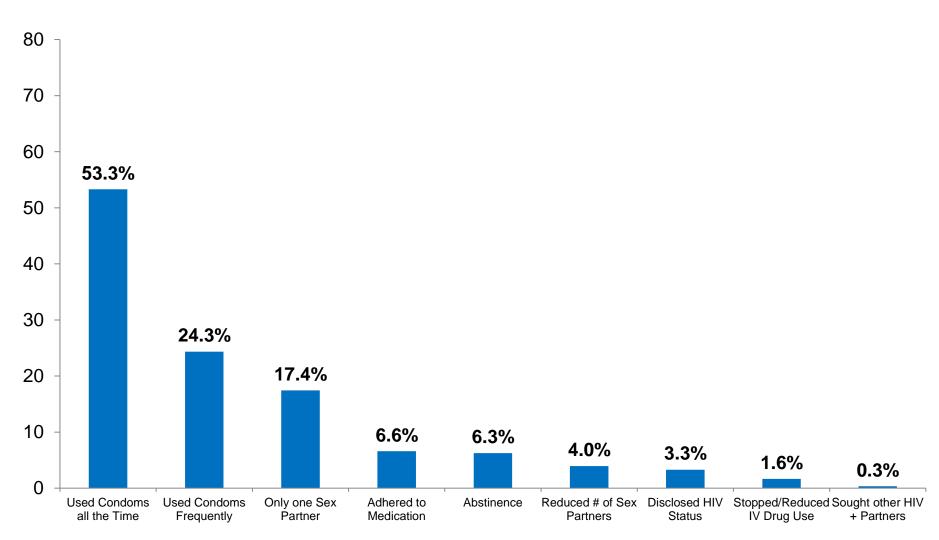
# Exposure to Prevention Among Sexually Active Participants (N=418), Past 12 Months MMP, NYC, 2011/2012



Provision of Condoms and Questions Asked by Physicians or Other Medical Providers about Prevention, Past 12 months MMP, NYC, 2011/2012



Type of Action Taken by Sexually Active Respondents Who Took Actions to Reduce the Transmission of HIV (N=304), Past 12 Months MMP, NYC, 2011/2012

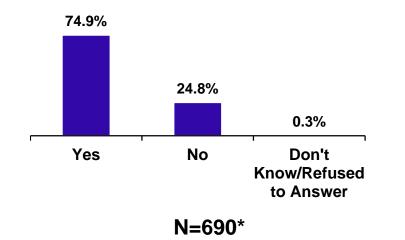


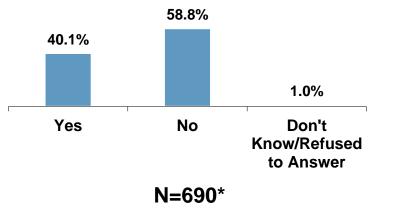


# Awareness and use of NYC Condom, Ever MMP NYC, 2011/2012

Have you ever heard of or seen the NYC Condom?

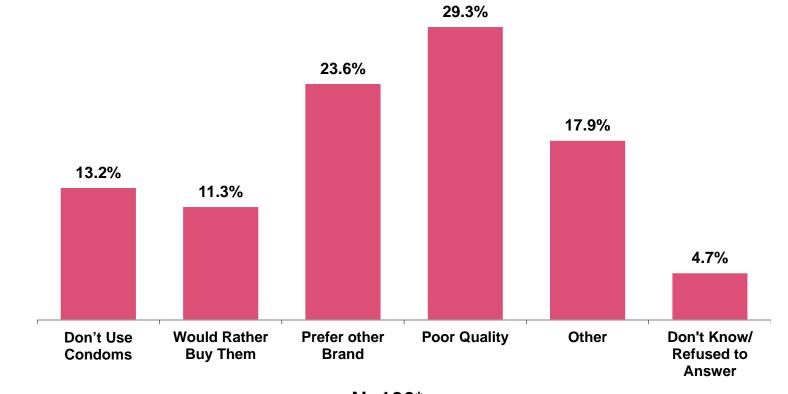
Have you or your sexual partner ever used the NYC Condom?







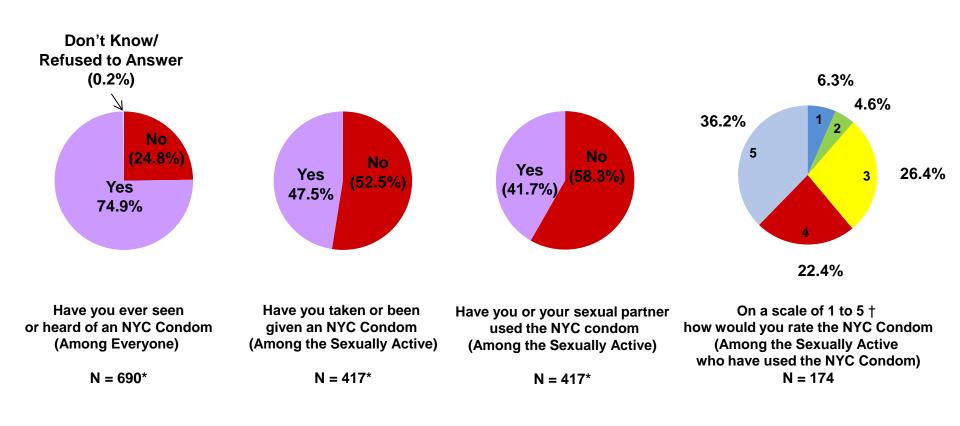
# Reasons for Not using the NYC Condom, Past 12 Months MMP NYC, 2011/2012



N=106\*



# Exposure to and Use of NYC Condom, Last 6 months MMP, NYC, 2011/2012



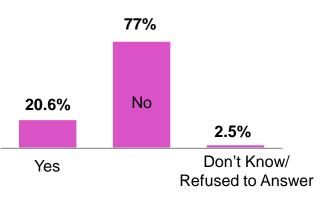
†1 = very poor; 5 = very high quality\* Note: N based on non-missing responses



#### Patients' Knowledge of HIV Drug Resistance, Past 12 Months MMP, NYC, 2011/2012

Do you think that taking your medication Do you know about resistance to HIV regularly affects how well it works? antiretroviral medicines? 73.6% 88.1% 24.8% 9.3% 2.6% 1.6% Yes Don't Know/ No Yes Don't Know/ No Refused to Refused to N=695 Answer N=695 Answer

#### Have you ever been told by a provider that you are resistant to any HIV antiretroviral medicines?





N=695

# Analysis and Data Limitations

- Data are based on self-report
- Stigmatized behaviors (e.g., sex and drug risk behaviors) may be underreported
- Cross-sectional design, therefore cannot determine causal relationships
- Caution is required in making generalizations to all NYC HIV-infected patients receiving care for HIV:
  - Some sampled facilities did not participate
  - Low response rate in patient sample
  - Unweighted data are drawn from a complex survey design — sample prevalences may differ from weighted population prevalence estimates



Centers for Disease Control (CDC), *HIV Surveillance Supplemental Report 2013*;18(*No.* 5).

HIV Epidemiology and Field Services Program. *HIV Surveillance Annual Report, 2013.* New York City Department of Health and Mental Hygiene: New York, NY. December 2014.



## The MMP Research Team

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