

Learn the facts about your medicine

Myths	Facts
I feel fine. I don't think I need medicine.	<ul style="list-style-type: none">• Feeling well does not mean your medical condition is cured.• Conditions like high blood pressure, high cholesterol and diabetes can damage your body, even if you do not have symptoms and feel fine.• When prescribed medicine for these conditions, keep taking it to prevent the condition from damaging your body over time.
My numbers are good. I can take less or just stop taking it.	<ul style="list-style-type: none">• Even if your numbers get better, it's important to keep taking your medicine.• Do not stop or take less of your medicine without talking to your doctor first.
Generic medicine is not as good or as safe as brand-name medicine.	<ul style="list-style-type: none">• Generic medicines work just as well and are usually less expensive.• All medicines, generic or brand-name, are reviewed for safety.
Only my doctor can answer questions about my medicine.	<ul style="list-style-type: none">• You can ask your pharmacist questions, too.• Pharmacists can help you take your prescriptions correctly and manage any side-effects.
Taking medicine causes sexual problems.	<ul style="list-style-type: none">• Some medicines can cause sexual problems.• Discuss concerns you have with your provider or pharmacist. Sometimes your medicine can be changed so you have fewer or no side-effects.
I can always take over-the-counter medicine, herbal medicine, home remedies and supplements with my prescription medicine.	<ul style="list-style-type: none">• It is sometimes dangerous to mix prescription medicine with over-the-counter medicines, herbal medicines and supplements.• Tell your doctor or pharmacist about everything you are taking.
It doesn't matter how many different pharmacies I use to get my prescriptions.	<ul style="list-style-type: none">• Go to one pharmacy regularly so you can build an ongoing relationship with your pharmacist.• Pharmacists are medicine experts. They can give you advice on how to take your medicine correctly, discuss side-effects and help you work with your provider if you are having any problems with your medicine.• You can also ask your pharmacist to get all your medicine on the same refill schedule, which will help you manage your medicine.
My medicine can be filled for only 30 days at a time.	<ul style="list-style-type: none">• Some prescriptions can be filled for longer periods of time, like 60 or 90 days.• Speak with your doctor or pharmacist to find out what options you have.

For more information on taking your medicine, talk to your health care provider or pharmacist.