

COVID 后护理诊所

有些 COVID-19 患者在初次染病后的数周或数月内，仍持续出现健康问题。这就是**急性 COVID-19 后综合征**，也叫**长期 COVID 或慢性 COVID**。长期 COVID 涵盖人们在感染 COVID-19 之后可能新出现、反复出现或持续出现的一系列症状。¹长期 COVID 患者通常表现出疲劳、认知功能障碍（脑雾）以及心肺、胃肠和心理健康症状。纽约市 (NYC) 有几家医院设有专门诊所，为患过 COVID-19 的人员提供后续护理。COVID 后护理诊所汇集了来自不同专科（包括肺科、心脏科、康复科、神经科和心理健康领域）的临床团队，提供全面治疗。本市还设有为 COVID-19 病后恢复期人员提供专项服务的康复和物理治疗诊所。

以下是纽约市 COVID-19 后护理诊所的名单，这些诊所为 COVID-19 病后仍存在持续健康问题的患者提供服务，并接受医疗保健提供者需要专科护理的患者所作的转诊。本名单并非完整名单，不一定涵盖所有提供 COVID 后专科护理的医疗保健提供者和诊所。

纽约市健康及医院管理局 (NYC Health + Hospitals (H+H)) 的服务（包括下列中的 H+H 诊所）均面向所有纽约市民提供，无论受者支付能力、保险承保范围或移民身份如何。有关下列中的其他机构接受哪些形式的保险、有无为无保险患者提供的浮动收费标准以及是否需要转诊手续等事宜，请向这些机构查询。

保健系统	诊所名称	地址	联系方式	网址
Bronx				
BronxCare Health System (前身为 Bronx Lebanon)	Post-COVID-19 Care Center	Pulmonary Clinic 199 Mount Eden Ave. 7th Floor, Bronx, NY 10457	718-992-7669	bronxcare.org
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Tremont COVID-19 Center of Excellence	1920 Webster Ave., Bronx, NY 10457	844-692-4692 或 212-268-4319	nychealthandhospitals.org/covid-19-center-of-excellence

¹美国疾病管制与预防中心 (Centers for Disease Control and Prevention, CDC)。“Long COVID or Post-COVID Conditions”（长期 COVID 或 COVID 后病症）。最近访问时间为 2022 年 5 月 24 日。[cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html](https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html)

Montefiore Health System	COVID-19 Recovery (CORE) Clinic	Medical Arts Pavilion 3400 Bainbridge Ave. Second Fl., Bronx, NY 10467	844-556-6683 分机号 36	einsteinmed.edu/departments/medicine/divisions/pulmonary-medicine/CORE.aspx
Brooklyn				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Broadway COVID-19 Center of Excellence	815 Broadway Brooklyn, NY 11206	844-692-4692 或 212-268-4319	nyhealthandhospitals.org/covid-19-center-of-excellence
Maimonides Medical Center	Maimonides Center for Post-COVID Care	948 48th St., Brooklyn, NY 11219	718-283-5815 或 718-283-8328	postcovidcarecenters.org
	Shaknovich Cardiovascular Wellness Institute	3209 Coney Island Ave., Brooklyn, NY	718-635-5577	
	Maimonides Children's Hospital Post-COVID Recovery Program	949 48th St., Brooklyn, NY 11219	718-283-1244	
	Maimonides Center for Post-COVID Care	4813 Ninth Ave., Brooklyn, NY 11206	718-283-5815	
Queens				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Roosevelt COVID-19 Center of Excellence	37-50 72nd St., Jackson Heights, NY 11372	844-692-4692 或 212-268-4319	nyhealthandhospitals.org/covid-19-center-of-excellence

Medisys Health Network: Jamaica/Flushing Hospitals	Post-COVID Care Center	MediSys-Hollis Tudors Clinic 200-16 Hollis Ave., St. Albans, NY 11412	718-736-8204	jamaicahospital.org/post-covid-care-center flushinghospital.org/clinical-services/post-covid-care-center
Northwell Health	COVID Ambulatory Resource Support (CARES)	多个地点及在线选择	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Manhattan				
Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care
H&D Physical Therapy	COVID Rehab Clinic at H&D Midtown	815 Second Ave. #701 (位于 E. 43rd St) , New York, NY 10017	212-921-0214 consult@covidpt.org	hdphysicaltherapy.com/post-covid pulmonarywellness.org/covid-bootcamp
New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St. 11th Floor (ICU 后) /Fourth Floor (肺科) , New York, NY 10065	646-962-2333 (肺科) rehab@med.cornell.edu	weillcornell.org/post-icu-recovery-clinic weillcornell.org/wcm-pulmonary
	CUMC COVID-19 Rehabilitation Program	180 Fort Washington Ave. First Floor, Suite 199 New York, NY 10016	212-305-3535 rehabmed_help@cumc.columbia.edu	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program
NYU Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St. 15th Fl., New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health

Northwell Health	COVID Ambulatory Resource Support (CARES)	多个地点及在线选择	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Staten Island				
Richmond University Medical Center	Post-COVID-19 Care Center	288 Kissel Ave., Staten Island, NY 10310	718-818-1500	rumcsi.org/postcovidcare
Northwell Health	Staten Island University Hospital Post-COVID Recovery Center	475 Seaview Ave., Staten Island, New York 10305	718-226-6494	siuh.northwell.edu/post-covid-recovery-center
在纽约市内外有多个地点				
Motion PT Recovery	Post-Acute COVID Recovery Program Clinics	多个地点及在线选择	347-745-0122	motionptg.com/post-covid-recovery-program
Mount Sinai Trusted Rehabilitation Network	Post-COVID Rehabilitation Clinics*	多个地点、在线和送医上门选择	646-689-3276	mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/provider-network *诊所将被标注为受过 COVID 培训。
SPEAR Physical Therapy	COVID-19 Rehabilitation Therapy	多个地点	646-528-5554	spearcenter.com/service/covid-rehab-breathing-exercises
NYC Langone Health	NYU Post-COVID Care Program	多个地点	212-263-6115	nyulangone.org/locations/post-covid-care-program
New York Presbyterian Health System	Columbia Primary Care Post-COVID Care Program	多个地点	844-387-2273	columbiadoctors.org/specialties/primary-care/post-covid-care

纽约市卫生局或顺应形势发展而调整建议。

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