

City Health Information

Volume 42 (2023) | No 4; 49-50

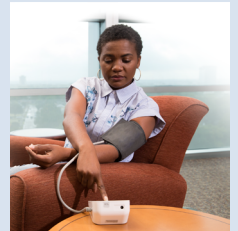
New York City Department of Health and Mental Hygiene

SUMMARY OF GUIDANCE FROM *CITY HEALTH INFORMATION*, 2023

USING OUT-OF-OFFICE BLOOD PRESSURE MEASUREMENT TO IMPROVE THE DIAGNOSIS, MANAGEMENT, AND CONTROL OF HYPERTENSION

CME credit (1) available until April 27, 2024

- Out-of-office blood pressure (BP) monitoring can improve the diagnosis, management, and control of hypertension (HTN).
- Incorporate out-of-office BP monitoring into your practice by
 - identifying patients for whom out-of-office BP monitoring is appropriate,
 - choosing the monitoring method best for them,
 - teaching patients who will self-monitor how to measure their BP correctly, and
 - using the full complement of in-office and out-of-office BP readings in your decision making regarding the diagnosis and treatment of HTN.



[Read more](#)

PROVIDING COMPREHENSIVE HEALTH CARE FOR MEN WHO HAVE SEX WITH MEN

CME credit (1) available until June 29, 2024

- Provide a welcoming environment that encourages gay, bisexual, and other men who have sex with men to seek care and discuss their sexuality.
- Offer routine screenings and effective care for HIV and other sexually transmitted infections, mental health, and substance use.
- Vaccinate against preventable diseases including mpox (monkeypox), COVID-19, human papillomavirus (HPV), hepatitis A and B, and meningococcal disease.
- Counsel on different ways to achieve a healthy and fulfilling sex life, including the use of preexposure prophylaxis (PrEP) to prevent HIV.



[Read more](#)

INFLUENZA PREVENTION AND CONTROL, 2023-2024

CME credit (1) available until July 31, 2024

- Provider recommendation is one of the greatest predictors of vaccination uptake.
 - Ensure that you and your entire staff receive the flu vaccine and counsel patients and caregivers on the benefits of flu vaccination.
- Use every opportunity to vaccinate all patients aged 6 months and older against influenza, especially those at risk of severe illness from influenza.
 - All routine vaccines can be coadministered with flu vaccines, including COVID-19 vaccines.
- Vaccinate all children aged 6 through 59 months attending City-licensed and City-regulated childcare against influenza by December 31st of each year, as vaccination is required for attendance by the New York City Health Code.
- Give inactivated flu vaccines to all pregnant persons in any trimester to prevent influenza infection and complications in the patient and infant.
- Administer high-dose, adjuvanted, or recombinant flu vaccines to patients aged 65 years and older.



[Read more](#)

City Health Information



42-09 28th Street, Long Island City, NY 11101

Eric Adams
Mayor

Ashwin Vasan, MD, PhD
Commissioner of Health and Mental Hygiene

Center for Population Health Data Science
Mamta Parakh, MS, Director and Chief Population Health and Data Officer
Gretchen Van Wye, PhD, MA, Deputy Director and Chief Epidemiologist

Bureau of Public Health Training and Information Dissemination
Calaine Hemans-Henry, MPH, Assistant Commissioner
Joanna Osolnik, MPH, CHES, Senior Director, Office of Information Dissemination
Sandhya George, Director, Scientific Education Unit
Liz Selkove, Medical Editor, Scientific Education Unit
Peggy Millstone, Medical Editorial Consultant, Scientific Education Unit

Copyright ©2023 The New York City Department of Health and Mental Hygiene
E-mail *City Health Information* at askCHI@health.nyc.gov

New York City Department of Health and Mental Hygiene. Summary of guidance
from *City Health Information*, 2023. *City Health Information*. 2023;42(4):49-50.

ASK CHI

Have questions or comments?

Email

AskCHI@health.nyc.gov

LOOKING FOR A CHI ISSUE ON A PARTICULAR SUBJECT?

Visit the [CHI Archives](#).

Past issues of CHI are now easier to find. Just type in a keyword or select a topic and click search.