



Are You Living with **HIV/AIDS?**

Tired of doing
it alone?

**Care Coordination
can help.**

NYC
Health

Living with HIV/AIDS can be complicated.

- People living with HIV/AIDS have a lot to take care of—getting to medical appointments, managing medications and learning how to get healthy and stay healthy can be real challenges.
- Many people with HIV/AIDS have trouble finding affordable housing, health insurance and other needed support.



Care Coordination can support you all the way through.

You DON'T have to do it alone!

- Care Coordination is a program that helps people with HIV/AIDS. We work closely with your health care provider to keep you connected to medical care and important benefits such as health insurance, housing and medical transportation.
- If you are infected with HIV, **be sure to talk to your health care provider or case manager about Care Coordination.** Many people are eligible (see **Who can join the program?**). Even if you have COBRA Case Management Services, you can still qualify for Care Coordination at the same place.

Care Coordination can help in many ways.

- People who enroll in Care Coordination have a whole team to provide support. We assign you a **care coordinator** to help you with your clinical needs and a **navigator** to help you in the community. Our team will:
- **Help you learn to live better with HIV/AIDS.** In the clinic or at home, we can provide the latest medical information to help you live healthfully with HIV/AIDS.
- **Help you with medical appointments.** We will work with you to arrange for childcare and transportation. We call to remind you about appointments so you don't miss any,

and can even go with you to appointments if you want. If English is difficult for you, we'll make sure you get information in the language you want.

- **Help you manage your medications.** We can show you how to take your medications the right way every day and make sure you get your refills on time.
- **Help with housing, health insurance and social services.** We will help with applications and follow up on them to make sure you receive food, nutrition and housing, services, and other benefits for which you qualify.



Who can join the program?

Talk to your health care provider or your case manager to see if Care Coordination is right for you. Do any of the following apply to you? If so, you may be eligible.

- I just found out I have HIV.**
- I am starting HIV medications for the first time.**
- I want to understand HIV medications and side-effects.**
- I am on HIV medications, but tests show they are not working well.**
- I sometimes have trouble remembering to take my medications.**
- I have trouble getting to medical appointments.**

Talk to your health care provider or your case manager to see if Care Coordination is right for you. For more information, call 311 or visit www.ryanwhitenyc.org for participating providers.

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