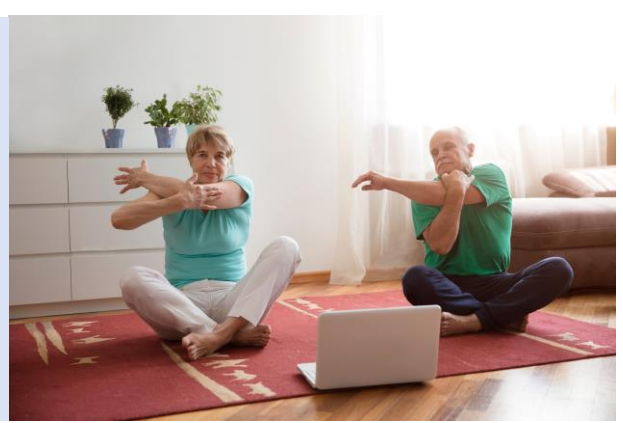


# Falls Prevention Awareness Week

NYC, Sept. 20-24, 2021

The NYC Falls Prevention Coalition invites you to attend a Falls Prevention Awareness Week event

*\*All events are free and virtual, unless otherwise noted.*



## **Monday, 9/20**

### Medicine Safety and Falls Prevention for Older Adults (Spanish)

NYC Poison Control Center  
9/20, 11am-12pm  
Webinar on falls prevention and medicine safety

[Register here](#)

Join by phone: (408) 418-9388  
Meeting ID: 179 336 8713

## **Tuesday, 9/21**

### Creating Healthy Homes for Older Adults: Falls Prevention and Medicine Safety

NYC DOHMH  
9/21, 11am-1pm \*AND\* 2-4pm  
Webinar on falls prevention and medicine safety.

[Join morning session](#) // [Join afternoon session](#)

Morning Meeting ID: 179 921  
2052 pw: health

Afternoon Meeting ID: 179 306  
9443 pw: health

Join by phone (both sessions):  
(408) 418-9388

### Medicine Safety for Older Adults (Chinese Cantonese)

NYC Poison Control Center  
9/21, 11am-12pm  
Workshop on medicine safety.

[Register here](#)

Join by phone: (408) 418-9388  
Meeting ID: 179 073 0000

### MOVE with Confidence!

Fall Stop... MOVE STRONG™  
9/21, 10:30-11:30am  
Zoom class full of falls prevention tips and strategies and at-home exercises to reduce falls risk.

[Join here](#) at the start time  
Meeting ID: 810 2327 3073

Contact by phone:  
(917) 599-6008

## **Wednesday, 9/22**

### 3<sup>rd</sup> Annual NYC Community Falls Prevention Symposium

NY-Presbyterian/Weill Cornell  
9/22, 9am-1pm  
Free symposium for all professionals with a stake in preventing falls.

[Register here](#)

Contact by phone:  
(212) 746-1883

### Reducing Your Risk for a Fall

New York-Presbyterian Brooklyn Methodist Hospital and NYC Department for the Aging  
9/22, 2-3pm  
Trauma and Rehabilitation experts discuss tips for home safety and improving strength and balance.

[Register here](#)

Meeting ID: 985 7522 8435  
Contact by phone:  
(212) 225-8997

### Falls Prevention Workshop

VISIONS Services for the Blind and Visually Impaired  
9/22, 1-2pm  
Occupational therapist Teddy Kern gives information and tips on how to prevent falls, plus what to do if you do fall.

[Join here](#)

Join by phone: (304) 460-8095  
PIN: 556 501 612#

## **Thursday, 9/23**

### Senior Safety Table

SI University Hospital and JCC  
9/23, 12-2pm  
Senior safety information table emphasizing falls prevention and home safety. *\*IN-PERSON EVENT\**

At the Staten Island JCC  
1466 Manor Road, SI NY  
Contact by phone:  
(718) 226-9720

## **Friday, 9/24**

### Healthy Aging and Falls Prevention for Older Adults

Brooklyn Public Library  
9/20, 11am-12pm  
Presented by Gia Ramsey, Injury Prevention/Education Coordinator, Maimonides Medical Center

[RSVP here](#)

Contact by phone:  
(718) 283-2816