

TABLE OF CONTENTS

Page 3: Welcome Message from First Lady Chirlane McCray

Pages 4-6: 2019 Cities Thrive Conference Agenda

Pages 8-11: Keynote Speakers

Pages 12-18: Featured Speakers

Pages 20-24: Workshops

Pages 26-41: Panel Presentations

Page 42-43: Thank Our Sponsor



Dear Friends,

Welcome to New York City!

For several years now, cities and counties have been at the vanguard of the movement to achieve mental health for all. While federal leaders have largely failed to address the growing behavioral health challenges in our communities, local leaders have stepped up. Mayors, county officials, tribal leaders and their allies are pioneering innovative ways to improve access to care, advance equity, and dismantle stigma – and they are achieving remarkable results.

We created the Cities Thrive coalition to channel the energy and expertise around mental health at the local level into a nationwide movement for change. The coalition officially launched the very first conference three years ago, with 25 member cities. Today, we stand more than 215 strong, representing cities and counties big and small, with leaders from both political parties. Together, we have helped pass comprehensive mental health reform, secured funding to help communities address the opioid epidemic, and fought to save the Affordable Care Act. But there is so much more to do!

Through this year's Cities Thrive conference, we are thrilled to once again bring together leaders and thinkers from across the country to share best practices, brainstorm new ideas, inspire each other and strengthen our movement for mental health. My team and I are excited to share the progress we are making in New York City through ThriveNYC, but we are even more eager to learn from you.

Thank you so much for joining us. Thank you for bringing your expertise, your experience and, most of all, your passion to this movement. I can imagine no better partners in this work than all of you.

Sincerely,

Chirlane McCray

Omlare Mc aaz

Conference Agenda

Monday, November 18th

8:00-9:00 am: Breakfast

• Location: Grand Gallery

9:00-9:15 am: Welcome Remarks: First Deputy Mayor Dean Fuleihan (New York, New York)

• Location: Main Auditorium

9:15-9:20 am: ThriveNYC Video

• Location: Main Auditorium

9:25-9:35 am: Opening Keynote: First Lady Chirlane McCray (New York, New York)

• Location: Main Auditorium

9:40-9:45 am: Mindfulness Exercise: Justin Von Bujdoss (New York, New York)

• Location: Main Auditorium

9:50-10:05 am: Mental Health Leadership Talk: Mayor Scott Fadness (Fishers, Indiana)

• Location: Main Auditorium

10:20-11:35 am: Panel Series #1: Act Early and Change the Culture

• Act Early — Location: Main Auditorium

• Change the Culture — Location: Room 401

11:50-12:05 pm: Mental Health Leadership Talk: Fire Chief Brian Rhodes (Nashua, New Hampshire)

• Location: Main Auditorium

12:20-1:35 pm: Panel Series #2: Partner with Communities and Close Treatment Gaps

• Partner with Communities — Location: Main Auditorium

• Close Treatment Gaps — Location: Room 401

1:35-2:10 pm: Lunch

• Location: Grand Gallery

2:20-2:50 pm: Keynote Address: Mayor Bill de Blasio (New York, New York)

• Location: Main Auditorium

3:15-4:30 pm: Workshop Session

• The Opioid Crisis: Local Governments Leading the Way — Location: 201 Events Center

• How to Partner with Communities - Tools for Community-led Action — Location: 202 Events Center

4:45-5:00 pm: Evaluations and Closing Remarks

• Location: Main Auditorium

6:00-8:00 pm: Gracie Mansion Networking Reception

Tuesday, November 19th

8:00-9:00 am: Breakfast

• Location: Grand Gallery

9:00-9:10 am: Opening Remarks: Deputy Mayor Phillip Thompson (New York, New York)

• Location: Main Auditorium

9:15-9:20 am: Mindfulness Exercise: Justin Von Bujdoss (New York, New York)

• Location: Main Auditorium

9:30-9:35 am: Video Remarks: Mayor Sadiq Khan (London, United Kingdom)

• Location: Main Auditorium

9:40-9:55 am: Mental Health Leadership Talks: Jacqui Dyer (London, United Kingdom)

• Location: Main Auditorium

10:10 am-11:25 am: Panel Series #3: Use Data Better and Strengthening Government's Ability to Lead

- Strengthen Government's Ability to Lead Location: Main Auditorium
- Use Data Better Location: W220

11:45 am-12:40 pm: National Resources to Strengthen Local Strategies

• Location: Main Auditorium

12:45-1:30 pm: Lunch

• Location: Grand Gallery

1:45-2:45 pm: Keynote Address: Fireside Chat with the 19th Surgeon General of the United States Dr. Vivek Murthy and First Lady Chirlane McCray

• Location: Main Auditorium

3:05-4:20 pm: Workshop Session

- Our School Systems as Resources for Prevention Location: 201 Events Center
- A Public Health Approach to Criminal Justice Reform Location: 202 Events Center

4:40-4:50 pm: Evaluations

• Location: Main Auditorium

4:55-5:00 pm: Closing Remarks: First Lady Chirlane McCray (New York, New York)

• Location: Main Auditorium

Keynote Speakers



Bill de Blasio, Mayor, City of New York, New York

The 109th Mayor of New York City, Bill de Blasio, came into office in 2014 determined to ensure that this city remains a place for everyone.

Since assuming office in 2014, the de Blasio administration has developed and executed transformative initiatives including Pre-K for All; Paid Sick Leave; neighborhood policing; IDNYC; and Housing New York, the largest, most ambitious affordable housing plan in the nation.

Today, crime is at historic lows and police and communities are coming together. Student test scores are up citywide and the graduation rate has never been higher. New York City has more jobs than ever, wages are rising, and we see economic growth in every borough. New York is building or preserving affordable apartments at a pace never seen before and the city has taken major steps to reach carbon neutrality by 2050.

But there is much more to do and Mayor de Blasio has pledged to work tirelessly to make this the fairest big city in America. This includes deepening neighborhood policing and further reducing crime; adding 3-K to our school system; guaranteeing healthcare for every single New Yorker through the new NYC Care program; breaking down barriers to mental healthcare for all New Yorkers; and passing landmark legislation to guarantee workers 2 weeks of paid vacation.

Mayor de Blasio will also continue to be an outspoken progressive voice on issues that touch the lives of his fellow New Yorkers, including: income inequality, early childhood education, immigration reform, infrastructure, and voting rights. These issues of basic fairness for every New Yorker have animated Mayor de Blasio's life and career across three decades of activism and public service.

Bill de Blasio was born on May 8, 1961 in Manhattan and raised in Cambridge, MA. He is a graduate of New York University and Columbia University's School of International and Public Affairs. He began his career in public service in 1989 as part of David N. Dinkins' successful and historic mayoral campaign and worked in the Dinkins Administration.

Over the next decade, Mr. de Blasio served as regional director at the U.S. Department of Housing and Urban Development; as a school board member for Brooklyn School District 15; and as head of Hillary Rodham Clinton's historic campaign in 2000 for the U.S. Senate.

In 2002, Mr. de Blasio joined the New York City Council, representing Brooklyn's 39th district. During his two terms, Mr. de Blasio fought to improve public education, expand affordable housing, protect tenants' rights, and reform social services for families and children. Elected Public Advocate in 2009, he pursued fairness for tenants, taxpayers, and students.

Mr. de Blasio has been happily married to Chirlane McCray, the First Lady of New York City, since 1994. They are the proud parents of Chiara and Dante.

9



Sadiq Khan, Mayor, City of London, United Kingdom

Sadiq Khan was elected Mayor of London in May 2016, winning the largest personal mandate in the history of British politics by securing the support of 1.3 million Londoners. Prior to becoming Mayor, Sadiq was the Member of Parliament for Tooting in South London for 11 years. During this time, he attended Cabinet and served as Shadow Secretary of State for Justice from May 2010 and Shadow Minister for London from 2013.

As Mayor, he chairs the London Health Board and published the Health Inequalities Strategy, adopted in September 2018, setting out his vision and plan to tackle London's huge health inequalities and give young Londoners the best possible start in life. The strategy tackles five main areas: children, mental health, communities, housing and environment.

In 2017 Sadiq launched Thrive LDN, a new movement to improve mental health and well-being across the capital, joining forces with over 200 experts, voluntary, public and private organizations, clinicians and academics to spearhead a city-wide campaign supporting Londoners to lead healthier, happier lives.

Sadiq has also declared a climate emergency and has committed to making London a zero-carbon city. Earlier this year City Hall pushed ahead with ambitious plans to tackle air pollution, bringing in the world's first 24 hour Ultra Low Emission Zone and cleaning up London's bus fleet.



Chirlane McCray, First Lady, City of New York, New York

As First Lady of New York City, Chirlane McCray has redefined the role of First Lady, managing a robust portfolio to advance an ambitious agenda in support of all New Yorkers.

Nationally recognized as a powerful champion for mental health reform and dubbed one of TIME Magazine's 50 Most Influential People in Health Care for 2018, Ms. McCray created ThriveNYC, the most comprehensive mental health plan of any city or state in the nation. She also spearheads the Cities Thrive Coalition, with more than 200 mayors, county officials and thought leaders from all 50 states, advocating for a more integrated and better-funded behavioral health system.

As Chair of the Mayor's Fund to Advance New York City, Ms. McCray brings together government, philanthropy and the private sector to work on some of the most pressing issues of our time, including mental health, youth employment and immigration. She also launched and leads the NYC Unity Project, an unprecedented citywide effort to make sure LGBTQ young people in New York City are safe, supported and healthy.

Ms. McCray's other responsibilities are extensive. As co-chair of the Commission on Gender Equity, she is a persistent voice for creating a 50-50 city and world. In partnership with NYC's Police Chief, she leads the Domestic Violence Task Force. And in 2015, with her signature, New York City became the first city in the country to join the United Nations Women's Safe Cities Global Initiative.

The First Lady is a graduate of Wellesley College. She and Mayor Bill de Blasio live in Gracie Mansion, the official residence, and are proud parents of Chiara and Dante.



Vivek Murthy, MD, MBA, 19th Surgeon General of the United States

Dr. Vivek H. Murthy served as the 19th Surgeon General of the United States appointed by President Barack Obama. As the Vice Admiral of the US Public Health Service Commissioned Corps, he commanded a uniformed service of 6,600 public health officers globally. During his tenure, Dr. Murthy launched the TurnTheTide campaign, catalyzing a movement among health professionals to address the nation's opioid crisis. He also issued the first Surgeon General's Report on Alcohol, Drugs, and Health, calling for expanded access to prevention and treatment and for recognizing addiction as a chronic illness, not a character flaw. An internal medicine physician and entrepreneur. In 2017, Dr. Murthy focused his attention on chronic stress and isolation as prevalent problems that have profound implications for health, productivity, and happiness. He has co-founded a number of organizations: VISIONS, an HIV/AIDS education program in India; Swasthya, a community health partnership in rural India training women as health providers and educators; software company TrialNetworks; and Doctors for America.

Dr. Murthy received his bachelor's degree from Harvard and his M.D. and M.B.A. degrees from Yale. He completed his internal medicine residency at Brigham and Women's Hospital in Boston and later joined Harvard Medical School as faculty in internal medicine. His research focused on vaccine development and later on the participation of women and minorities in clinical trials. Dr. Murthy resides in Washington, D.C. with his wife Dr. Alice Chen and their two young children. In the spring of 2020 Murthy will add author to his list of credentials as his book "Together" on the healing power of real world connections in a sometimes lonely world will be published by Harper Collins.

11

Featured Speakers



Gary Belkin, Founder and President, Billion Minds Institute

Dr. Gary Belkin is the Founder and President, Billion Minds Institute, and Visiting Scientist, Harvard School of Public Health Center for Climate, Health, and the Global Environment. A psychiatrist who approaches mental health as a building block of social policy and progress, he recently founded Billion Minds as a non-profit policy and "think-action tank." The intention of Billion Minds is to link mental health to problems of great scale, specifically to the climate crisis, and to safeguarding sustainable societies through a humane social climate.

Gary is the former Executive Deputy Commissioner in the New York City Department of Health and Mental Hygiene where he led the Division of Mental Hygiene and its development and implementation of the innovative NYC-wide public mental health initiative, ThriveNYC. Before joining city government, he was the Medical Director for Behavioral Health across the Health and Hospitals Corporation of the City of New York. As Director of the NYU Program in Global Mental Health, Gary partnered with other groups globally to test and scale community-led models of mental health promotion and access in less resourced countries that are now widely used.

A graduate of Warren Alpert Medical School of Brown University, where he also earned his undergraduate degree, Gary earned his MPH at Harvard School of Public Health and a doctorate in the Department of the History of Science at Harvard University.



Justin Von Bujdoss, Executive Director of Chaplaincy and Staff Wellness, City of New York Department of Correction

Justin von Bujdoss is the Executive Director of Chaplaincy and Staff Wellness for New York City Department of Correction. In this capacity, he is responsible for the oversight of all Staff Chaplains, the C.A.R.E. Unit, Ministerial Services, and reports directly to the Office of the Commissioner. Chaplain von Bujdoss previously served, since September 2016, as Staff Chaplain. He is an accomplished multi-faith leader, with extensive experience as a Hospice and Hospital Chaplain and is an ordained Buddhist spiritual teacher. Justin has over 20 years of meditation training within the United States as well as various monasteries throughout India. He is the author of Modern Tantric Buddhism: Embodiment and Authenticity in Dharma Practice and is a frequent contributor to various Buddhist publications.



Jacqui Dyer, Co-Lead, Thrive London (LDN)

Jacqui Dyer is the Co-Lead of Thrive LDN with Philip Glanville (Mayor of Hackney) and the Co-Founder and Chair of Black Thrive. More broadly, Jacqui is the Mental Health Equalities Advisor for NHS England and an Advisory Panel Member of the Mental Health Act Review and Co-Chair of its African & Caribbean Working Group. Jacqui is also an elected Lambeth Labour Councilor.



Scott Fadness, Mayor, City of Fishers, Indiana

Mayor Scott Fadness took office as the first Mayor of the City of Fishers on January 1, 2015, after holding various positions in the city since 2008. With his vision to develop Fishers as a smart, vibrant, and entrepreneurial city, Fadness has spurred new development, grown Fishers' employment base, and focused on quality-of-place initiatives to make Fishers the best city to live, work, and play in the Indianapolis metro.

In 2015, Mayor Fadness launched the Fishers Mental Health Initiative after uncovering the mental health crisis in Fishers following a discussion with a Fishers Police Officer during a ride-a-long. Since then, the Initiative has spurred changes in public safety procedures for the Fishers Police and Fire Departments to identify training opportunities, change protocols for behavioral health runs, and launch the behavioral health paramedicine program. The City of Fishers launched the Stigma Free Fishers outreach campaign to reduce mental illness stigma and in partnership with Hamilton Southeastern School District, supported the implemented a comprehensive mental health protocol to address youth mental illness.

Scott holds a master's degree in Public Affairs from Indiana University and lives in Fishers with his wife, Aunna, and sons, Lincoln and Hudson.



Dean Fuleihan, First Deputy Mayor, City of New York, New York

Dean Fuleihan is the First Deputy Mayor of the City of New York. Mr. Fuleihan is responsible for carrying out the Mayor's agenda, and plays a key role in shaping major policy initiatives.

Mr. Fuleihan is responsible for coordinating the activities and operations of the other Deputy Mayors, senior leadership and entities that report directly to the Mayor, to promote collaboration, and ensure that policies, operations, and administration of government are consistent and effective. He advises the Mayor on all policies related to the fiscal operations and business management of the City, including labor relations.

Mr. Fuleihan advises and assists the Mayor regarding all policies, planning and programs related to the management of the Police Department, the Department of Education, and the Department of Investigation. He directly supervises and coordinates with the Department of Correction, the School Construction Authority, the Department of Probation, the Office of Management and Budget, the Office of Labor Relations, the Office of Criminal Justice, the Office of Operations, the Office of Climate Policy and Programs, the Office of Policy and Planning, the Office of Recovery and Resiliency, OneNYC, and the Office of Sustainability.

During the first term of the de Blasio Administration, Mr. Fuleihan was the Director of the Mayor's Office of Management and Budget. In this role, he acted as the Mayor's chief fiscal policy adviser and oversaw the City's expense and capital budgets, in addition to managing the City's economic and revenue forecasting, capital financing, debt portfolio and all fiscal planning. Under the Mayor's leadership, OMB achieved historic level of reserves and produced four balanced budgets.

Before joining City government, Mr. Fuleihan served for 33 years in State government, including as the principal fiscal and policy advisor to the leadership of the New York State Assembly and Majority Conference, and served as the Assembly's principal staff negotiator for the state budget.

Mr. Fuleihan received a B.A. in Economics from Alfred University and studied public finance at the Maxwell School of Citizenship and Public Affairs at Syracuse University.



Paul Gionfriddo, President and CEO, Mental Health America

Paul Gionfriddo, President and CEO of Mental Health America (MHA), has worked in a variety of health and mental-health related positions during a career spanning nearly forty years. He joined MHA in 2014, and was responsible for coining the concept "B4Stage4" to describe MHA's long-time focus on prevention, early identification, early intervention, and integrated approaches to promoting recovery for people with mental health concerns. Prior to joining MHA, he was a consultant, speaker, and writer, and author of a popular weekly health policy blog entitled Our Health Policy Matters. His essay entitled *How I Helped Create a Flawed Mental Health System That's Failed Millions – And My Son*, was published as the *Narrative Matters essay* (and was the most-read article) in the September 2012 issue of *Health Affairs* and was also published in the *Washington Post* in October 2012. The full-length version of the story was published as a book in October 2014, entitled Losing Tim: How Our Health and Education Systems Failed My Son with Schizophrenia, by Columbia University Press.

Paul has also led nonprofit organizations in three states. He served as President of the Quantum Foundation, a private health foundation in Palm Beach County FL from 2007 to 2010 and as Executive Director of the Palm Beach County Community Health Alliance from 2005 to 2007. He was Executive Director of the Indigent Care Collaboration in Austin TX from 2001 to 2005, and Executive Director of the Connecticut Association for Human Services in Hartford CT from 1995 to 2001.

From 1991 to 1995, he ran his own consulting business, specializing in public health, children's health, primary care, mental health, and long term care policy and practice. He consulted for a number of Federal, State, and local agencies, private foundations, and nonprofits, including the Agency for Healthcare Research and Quality, the Maternal and Child Health Bureau, the National Center for Health Statistics, the National Governors Association, and the National Conference of State Legislatures. From 1978 through 1991, he served as a full-time elected official, the first eleven of those years in the Connecticut State Legislature, where he held several leadership positions, including Deputy Majority Leader and chair of the Public Health Committee and Health and Human Services Subcommittees of the Appropriations Committee.

For the final two years, he served as Mayor of Middletown CT. He is a graduate of Wesleyan University. He lives with his wife, Pam, in Middletown, CT. They have four adult children and two grandchildren.



Susan Herman, Senior Advisor to the Mayor and Director of the Office of ThriveNYC, City of New York, New York

In February 2019, Susan Herman was named Senior Advisor to the Mayor and Director of the Office of ThriveNYC to lead the newly created Mayor's Office of ThriveNYC. ThriveNYC is an unprecedented citywide commitment to tackle critical gaps in the mental health system to ensure mental health for all New Yorkers. In her current role, Director Herman oversees citywide work to effectively implement ThriveNYC's programs, maximize their impact, and ensure their sustainability.

Prior to joining the Mayor's office, from January 2014 to February 2019, Director Herman served as Deputy Commissioner, Collaborative Policing in the New York City Police Department. Her role was to foster shared responsibility for public safety through productive partnerships with individuals, government agencies, and community-based organizations. The Office of Collaborative Policing concentrated on developing more non-enforcement options for police officers, designing creative and focused enforcement strategies, and improving access to police services.

A member of the NYPD from 1985 to 1990, Director Herman served as the Special Counsel to the Police Commissioner to three consecutive Police Commissioners. Previously, Director Herman was an Associate Professor in the Department of Criminal Justice at Pace University. She also served as the Executive Director of the National Center for Victims of Crime, Director of Community Services at The Enterprise Foundation, Director of the Domestic Violence Division at Victim Services (now Safe Horizon), Director of Mediation Services at the Institute for Mediation and Conflict Resolution, and an instructor at NYU School of Law and NYU's Wagner School of Public Service.

She holds a Bachelor of Arts degree in Political Science from Bryn Mawr College and a Juris Doctorate from the Antioch School of Law.



Chuck Ingoglia, President and CEO, National Council for Behavioral Health

As president and CEO of the National Council for Behavioral Health, Chuck Ingoglia leads the national charge to ensure people living with mental illness and addictions have access to comprehensive, high-quality care that affords every opportunity for recovery. To accomplish this, he harnesses the voices and support of the more than 3,000 National Council members who serve over 10 million individuals nationwide. Prior to being named president and CEO, Chuck led the National Council's policy and practice improvement work, directing the organization's federal and state policy efforts and overseeing trainings and programs offered to more than 500,000 behavioral health professionals across the U.S.

Chuck draws from personal experience and a deep knowledge of the field acquired from more than 26 years' professional experience to provide services, including site-of-service technical assistance, to members. He effects change at both the national and state level by playing a major role in policy advocacy and analyses on issues relevant to behavioral health. His efforts center on key issues such as parity, health care reform and improving access to behavioral health treatment in communities.

Before joining the National Council, Chuck provided policy and program design guidance to the Center for Mental Health Services at the Substance Abuse and Mental Health Services Administration under the U.S. Department of Health and Human Services. Earlier in his career, he directed state government relations and service system improvement projects for the National Mental Health Association (now Mental Health America), performed policy analysis for the National Association of Social Workers and designed educational programs for mental health and addictions professionals for the Association of Ambulatory Behavioral Healthcare. He has also served as an adjunct faculty member of the George Washington University Graduate School of Political Management.

Chuck holds a Master of Social Work and a Bachelor of Arts in Social Work, both from The Catholic University of America.



Angela Kimball, Acting CEO, National Alliance on Mental Illness

Angela Kimball is the Acting CEO of the National Alliance on Mental Illness (NAMI), the nation's largest grassroots mental health organization. She is one of the country's foremost advocates for individuals and families affected by mental health conditions.

For Kimball, this fight is personal. Her motto is "trying hard isn't good enough when lives are at stake – you have to fight to win."

Inspired through her mother's volunteerism for the cause, Kimball's own path in the mental health movement ran parallel to her son's recovery from bipolar disorder. Her quest to find the best care and resources for her son led to her work as a Family Involvement Coordinator for Multnomah County Behavioral Health and to facilitate classes for parents of youth with mental health conditions. The people she met and the lifelong friendships she established with other people who "get it" were a powerful force in propelling her to pursue a deeper level of advocacy work. Kimball joined NAMI Oregon as a lobbyist and ultimately as Executive Director. She galvanized the grassroots around the state and played a leading role in helping advocacy organizations speak with a unified voice. Her work led to the reinstatement of mental health and substance use coverage in the Oregon Health Plan, Oregon's Medicaid program, and the overwhelming passage of a mental health parity bill. Kimball ascended to the NAMI national office in 2007, where she helped develop NAMI Smarts for Advocacy, a training program that helps people transform their lived experience into skillful grassroots advocacy. Most recently, Angela served as the National Director of Advocacy and Public Policy where she, among other successes, helped orchestrate a bipartisan campaign unifying the mental health community to advocate for the 21st Century Cures Act, which was passed and signed into law.

Angela holds a bachelor's degree from Linfield College and has received multiple awards for her work on children's mental health reform and mental health parity; including the Charles E. Cannefax Legislative Award from the Oregon Disabilities Commission, and the Children's Mental Health Advocate of the Year Award from the Oregon Council of Child and Adolescent Psychiatry. In her spare time, Kimball enjoys reading, spoiling her cat, and kayaking on the Deschutes River in Oregon.



Brian Rhodes, Fire Chief, City of Nashua, New Hampshire

Chief Brian Rhodes is a native of Danielson, Connecticut and began his career with Nashua Fire Rescue in 1987. He was promoted to Lieutenant in 2000, Captain in 2004, Deputy Chief in 2011, Assistant Chief in June of 2015 and his current position April 2018.

Chief Rhodes graduated from New Hampshire Vocational Technical College - Laconia with an Associate's Degree in Fire Science and a B.S. in Public Service Management from Granite State College. He has attended the National Fire Academy and successfully graduated from both the Fire Service Financial Management and Executive Planning programs. Chief Rhodes served as a State Representative from 2008-2014 representing Nashua Ward 3 in the New Hampshire General Court. He is currently the 2nd Vice President of the NH Association of Fire Chiefs as well as a board member of the International Association of Fire Chiefs-New England Division.



Phillip Thompson, Deputy Mayor for Strategic Policy Initiatives, City of New York, New York

As Deputy Mayor for Strategic Policy Initiatives, Deputy Mayor Phillip Thompson is responsible for spearheading a diverse collection of priority initiatives. This expansive portfolio includes Democracy NYC, the Minority and Women-owned Business Enterprises Program, the Mayor's Office of Workforce Development, the Office of the Census, and the Young Men's Initiative. Additionally, his agency portfolio includes the Department of Youth and Community Development; the Department of Small Business Services; the Commission on Human Rights; the Department of Veterans' Services; the Mayor's Office of Immigrant Affairs; the Mayor's Office for People with Disabilities; and the NYC Public Engagement Unit.

Prior to joining the de Blasio administration, Thompson was an Associate Professor of Urban Planning at the Massachusetts Institute of Technology. He is the author of Double Trouble: Black Mayors, Black Communities and the Struggle for Deep Democracy published in 2006 by Oxford University Press. He has also written and worked extensively on community health planning, race and community development, and the politics of black economic advancement.

Thompson also has an extensive background in New York City Government. He previously served in the Dinkins Administration as the Deputy General Manager for Operations and Development, and before that served in the Manhattan Borough President's Office.

He received a B.A. in Sociology from Harvard University in 1977, a Masters in Urban Planning from Hunter College in 1986, and a PhD from the City University of New York Graduate Center in 1990.

Workshops

The Opioid Crisis: Local Governments Leading the Way

Opioid overdoses accounted for more than 42,000 deaths in 2016, more than any previous year on record. Local communities are on the frontlines of dealing with the impacts from this massive epidemic. This workshop will highlight local efforts to address the opioid epidemic by focusing on lessons learned, challenges faced, and best practices to combat this epidemic head on.



Workshop Facilitator: Hillary Kunins

Dr. Hillary Kunins is the Executive Deputy Commissioner of Mental Hygiene at the New York City Department of Health and Mental Hygiene (DOHMH). Appointed in 2019, she oversees DOHMH's more than 500 staff members and \$500,000 in direct and contracted services to promote behavioral health and wellbeing of New Yorkers.

Previously, Dr. Kunins served as Assistant Commissioner for the Bureau of Alcohol and Drug Use within the Division of Mental Hygiene where she led DOHMH's efforts to promote public health approaches to reducing the health and social consequences of drug and alcohol use in NYC, including preventing opioid overdose and prescription opioid misuse, and binge and excessive alcohol use; expanding access to effective treatment and harm reduction services, including buprenorphine access, overdose education and naloxone distribution, and post overdose care. Dr. Kunins serves as the DOHMH lead for Mayor Bill de Blasio's 60 million dollar citywide opioid initiative, HealingNYC.

Dr. Kunins previously worked in the Bronx providing primary and addiction-related care to patients in both community health centers and in substance use disorder treatment programs. Dr. Kunins served as Medical Director of the Hub 2 Methadone Maintenance Program, in the Division of Substance Abuse at Einstein (2000-2003); Founder and Director of Project GROW – HIV prevention for women with substance use disorders (2003-2012) and Director of the Primary Care/Social Internal Medicine Residency Program at Montefiore Medical Center/Albert Einstein College of Medicine (2007-2012). She has been a Principal or Co-Investigator of multiple foundation and federal grants including buprenorphine treatment in primary care (HRSA), naloxone distribution (NIDA), opioid strategies and surveillance (CDC), disparities in substance use service utilization (NIDA), and medical education/training to promote quality care for vulnerable populations (HRSA).

Dr. Kunins received her MD and MPH from Columbia University, completed her internal medicine residency at Albert Einstein/Montefiore Medical Center and her MS in Clinical Research from Albert Einstein College of Medicine. Dr. Kunins is a Clinical Professor of Medicine, Psychiatry & Behavioral Sciences and Family & Social Medicine at Albert Einstein College of Medicine, Fellow of American College of Physicians, and Fellow of American Society of Addiction Medicine.

How to Partner with Communities: Tools for Community Led Action

To ensure the best possible health outcomes, all care — in all health settings — must engage local communities in a meaningful and comprehensive way. This workshop will showcase strategies on community-led action mental health solutions.



Workshop Facilitator: Tyler Norris

Tyler Norris, M.Div., is chief executive, Well Being Trust, an impact philanthropy with a mission to advance the mental, social and spiritual health of the nation. Over the past three decades, Tyler has shaped health and development initiatives in hundreds of communities in the US and around the world. He has an extensive background as a social entrepreneur, animateur, and trusted advisor to philanthropies, health systems, government agencies and collaborative partnerships working to improve the health of people and places.

Prior to becoming the first chief executive of Well Being Trust, Tyler served as vice president, Total Health at Kaiser Permanente, where he led "anchor institution" work, applying all organizational assets to impact the economic, social and environmental determinants of health. He previously served as the founding president and CEO of a leading health consultancy, Community Initiatives, and as founding board chair of IP3, the social enterprise that gave birth to the Community Commons, a GIS data mapping platform. In recent years, Tyler also served as a board member and/or advisor to the Convergence Partnership; Enterprise Community Partners; Active Living by Design; Samueli Institute; the Public Health Institute and the YMCA of the USA. Previously, he helped open the Abraham Path through the heart of the Middle East, and led the Kuhiston Foundation that helped establish the national park system in Tajikistan.

He is a graduate of Harvard Business School's Executive Program, earned a Master of Divinity degree from Naropa University, and has a bachelor's degree in World Political Economy from Colorado College.

Our School Systems as Resources for Prevention

Children spend more time in school than in any other formal institutional structure. Mental health services embedded within school systems can create a continuum of preventative and integrative care that improves both mental health and educational attainment for young people. This workshop will focus on how to utilize our local school systems as tools of prevention in providing mental health resources to the next generation.



Workshop Facilitator: Daniel Stephens

Daniel H. Stephens, MD is the Deputy Commissioner of the Division of Family and Child Health (DFCH) at the DOHMH. The mission of the Division is to promote health, prevent disease and advance health equity among New York City's families and Children.

He most recently served at Children's Aid in New York City as the Vice President of the Health and Wellness division. There he oversaw all of the clinical services and programs supporting youth and families both in the community and in foster care. Prior to that, Dr. Stephens was the director of Adolescent Medicine at Union Community Health Center (UCHC) in the Bronx. In addition to clinical services, he was responsible for community outreach and program support. Additionally, he has been faculty at Columbia University working at Harlem Hospital as an attending physician in the Pediatric Emergency Room.

He brings a broad set of experiences beyond medicine. He was a public school classroom teacher and coach in Compton, California and an account manager in customer business development for Procter & Gamble.

Originally from Oakland, California, he earned a bachelors from Harvard University and a doctor of medicine from Columbia University. He completed his residency training in Pediatrics at Morgan Stanley Children's Hospital of New York, Columbia University.

A Public Health Approach to Criminal Justice Reform

In a mental health crisis, people are more likely to encounter police than get medical help. This workshop will review case studies and develop a local framework on how to take an alternative approach to dealing with behavioral health in criminal justice settings.



Workshop Facilitator: Ayesha Delany-Brumsey

Ayesha Delany-Brumsey is the Director of the Behavioral Health Division at the Council of State Governments Justice Center. There she oversees a portfolio focused on reducing justice system contact, and improving outcomes for people with mental health and substance use conditions. Previously she served as the Behavioral Health Research and Programming Director at the New York City Mayor's Office of Criminal Justice and as the Director of the Substance Use and Mental Health program at the Vera Institute of Justice. She received her PhD in clinical psychology from University of California, Los Angeles.

Panel Sessions

CHANGE THE CULTURE PANEL

Too often, stigma and lack of knowledge about mental illness prevent people from seeking care. Local governments can help change this by inspiring open, supportive conversations about mental health and empowering residents to care for one another. This panel will focus on ways to dismantle stigma and promote wellness through education, storytelling and public awareness campaigns.

Program Presentations:

New York, New York: Geriatric Mental Health Initiative

Background: The Geriatric Mental Health initiative is funded by ThriveNYC and embeds mental health services onsite in 25 of the Department for the Aging's (DFTA) largest senior centers. DFTA contracts with four mental health provider agencies, with each covering one of the five New York City (NYC) boroughs. Individuals do not need to be a member of a senior center, but must be age 60 or older to receive mental health services in these locations. Each provider agency is responsible for hiring and supervising the on-site licensed clinical staff. To de-stigmatize mental health among this population, clinicians conduct structured engagement (formal presentations and activities) and unstructured activities (informal conversations) in each of the Centers. Clinicians conduct mental health assessments, provide support to Center staff, and on-going individual, group, family, and couples psychotherapy to older adults (age 60+) and their families. Mental health services are provided by bilingual and in most cases bicultural social workers (in English, Cantonese, Italian, Mandarin, Polish, Russian, and Spanish) to meet the needs of diverse older adults residing within NYC. Clinicians also participate in a learning collaborative, providing opportunities for collaboration and sharing of strategies. Clinicians work with both internal and external support services to make referrals to social services and other mental health services (i.e., inpatient services) as needed.

Ventura County, California: Bartenders as Gatekeepers

Background: The Bartenders as Gatekeepers Program aims to reduce the number of suicide attempts and completions in Ventura County of middle age men. It utilizes a selective prevention program that consists of targeted advertisements and partnerships with local businesses serving alcohol to train gatekeepers on the signs and symptoms of mental health issues, specifically suicide, and how to refer individuals to mental health services and supports.

Mental Health Services Act Innovation Dollars are being used to create this three year project that began in 2018 to determine if such a targeted campaign can reduce the number of middle-aged men attempting suicide. Suicide disproportionately affects men in the middle years and older. Although they represent 19 percent of the population of the United States, they account for 40 percent of the suicides in the United States. Research has shown that reaching men can be a challenge while warning signs may be missed, or misinterpreted. Because more than one-third of suicide victims used alcohol just prior to death, bartenders are in a unique position that is well suited to serve in a gatekeeper role to provide referrals and limited crisis intervention.

London, United Kingdom: Problem Solving Booths

Background: The Problem Solving Booth brings members of the community together to have conversations that they might not usually have, by helping each other with their problems. One chair is for the "Helper", the person listening to the problems, and the other for the "Helped", the person describing their concerns. The aim of the booth is to enable conversations that would not usually happen. These might be between community members or between a professional and a community member, where the professional is asking for help. Both of these help to turn help seeking on its head. They offer an alternative to the more traditional idea of going to a professional for help. It

normalizes the idea of talking to others about our problems, and helps us to move away from the idea that we need to be going through a crisis before we ask for help.

Panelists:

Moderator: Torian Easterling

Biography: Dr. Torian Easterling serves as the Deputy Commissioner of the Center for Health Equity and Community Wellness at the NYC Department of Health and Mental Hygiene (NYC DOHMH). Prior to serving as the Deputy Commissioner, Dr. Easterling served as the Assistant Commissioner of the Center for Health Equity's Brooklyn Neighborhood Health Center at the NYC DOHMH. Dr. Easterling is a community physician committed to addressing social injustices both locally and globally. Prior to the Health Department, Dr. Easterling served as an Assistant Professor for the Department of Family Medicine at Rutgers-New Jersey Medical School (NJMS) where he oversaw the training of medical students in family and community medicine. Dr. Easterling also organized and led medical missions through West Africa and Haiti. Dr. Easterling holds a Bachelor of Science from Morehouse College (Atlanta, GA), a Doctor of Medicine (M.D.) from Rutgers-New Jersey Medical School, and a Masters of Public Health (M.P.H) from Icahn School of Medicine at Sinai in New York. He completed his residency in Family Medicine at Jamaica Hospital Medical Center in Queens, NY and a General Preventive Medicine residency at Icahn School of Medicine at Sinai in New York.

New York, New York: Tobi Abramson

Biography: Tobi Abramson, PhD, a licensed psychologist, who has worked to improve the mental health of older adults and their families for over 30 years. She is currently the Director of Geriatric Mental Health for the New York City Department for the Aging. Dr. Abramson has trained professionals and the lay public on a variety of mental health and aging topics. She has been certified as a Mental Health First Aid instructor in both the Adult and Older Adult modules. Dr. Abramson is a Fellow of The New York Academy of Medicine and the Gerontological Society of America. Previously she worked at New York Institute of Technology where she spent many years educating undergraduate and graduate students about psychology, gerontology, health topics; consulted in the medical school on a geriatric family medicine grant; developed interprofessional educational programs, and is past Director of the Center for Gerontology and Geriatrics. Dr. Abramson is past President of the Board of Directors of the National Center for Creative Aging, Elders Share the Arts, the New York State Psychological Association's Division of Adult Development and Aging, and The State Society on Aging of New York. She co-Chaired Nassau County's Geriatric Mental Health Alliance, and was a member of the Long-Term Care Council of Nassau County. Her long involvement in the American Society on Aging (ASA) includes serving as a member of the Board of Directors for several terms, past chair of ASA's Awards Committee, MHAN's Leadership Council and Editorial Board, co-chaired ASA's NYC regional group, and served on the Governance and Strategic Planning Committees. She consults, conducts trainings, presents, and writes about various aspects of geriatric mental health, including topics around social isolation, loneliness, mentoring, environmental gerontology, aging in community, caregiving, creativity, and clinical practices for cultivating happiness and well-being.

Ventura County, California: Sevet Johnson

Biography: Dr. Sevet Johnson is a licensed Clinical Psychologist, and the appointed Director for the Ventura County Behavioral Health Department. She is passionate about serving unserved and underserved populations and ensuring that the voice of the consumer is heard and valued. She is a former professor for California Lutheran University and the University of Phoenix teaching several courses ranging from Abnormal Psychology, Developmental Psychology and Psychological Assessment. Sevet has been given the opportunity to speak at several venues regarding the work

being done in Ventura County as well as to promote suicide awareness, and provide education on the many different faces on mental illness as they present in communities of color. In the Behavioral Health Department for Ventura County she has worked as a Senior Psychologist providing assessments, individual and group therapy including psychological batteries to children, adolescents, transitional age youth and the adult populations. As a Clinic Administrator she has run specialty clinics and overseen regions for underserved and unserved populations. As a Behavioral Health Manager, she developed programs, managed several contracts, managed outreach, assisted in the creation of policies and procedures and ensured all outpatient clinic and regulatory operations were met while overseeing staff in the Adults Division of Ventura County Behavioral Health as the Senior Behavioral Health Manager. As an undergraduate, she obtained her bachelor's degree from the University of Boston majoring in English with a Minor in Africana Studies in 2001. She continued and earned a Masters' in Marriage and Family Therapy from Pepperdine Graduate School of Education and Psychology in 2004 and then went on to earn a terminal Masters' in Psychology in 2007 and a Doctorate in Clinical Psychology with an Emphasis in Community Psychology from the California School of Professional Psychology at Alliant International University.

London, United Kingdom: Dan Barrett

Biography: Dan Barrett is the Director of Thrive LDN – a citywide movement to ensure all Londoners have an equal opportunity to achieve good mental health, supported by the Mayor of London and London Health Board partners. Thrive LDN is focused on public mental health and has taken a participation and partnerships approach to develop and deliver numerous citywide and targeted activities across London. Dan has a background in activism and campaigning, and running National Health Service mental health transformation projects and programs.

ACT EARLY PANEL

The evidence is clear: early intervention and prevention strategies help ensure healthy brain development and contribute to long-term mental and emotional wellness. This panel will showcase how local governments can act early to prevent and treat mental illness, and help all children build a healthy, resilient foundation for the future.

Program Presentations:

New York, New York: Resilient Kids, Safer Schools Initiative

Background: In June of 2019, the New York City (NYC) Department of Education (DOE) announced a system-wide and comprehensive approach to making social emotional learning and skills part of the fabric of the NYC students' PreK-12 experience. SEL builds positive school culture by supporting students to develop a strong emotional IQ from Day 1—learning the tools they need to understand themselves and the relationships around them. Now, through the City's partnership with Sanford Harmony, NYC is providing every elementary school with universal access to explicit SEL instruction—training teachers and developing the skills they need to deepen students' self-awareness, social awareness, and responsible decision-making. In middle and high school, students will further develop and refine their SEL skills through Restorative Justice. Restorative Justice Practices are an effective, sustainable, and equitable alternative to punitive disciplinary methods, giving students more time in school and allowing schools greater time to develop character through SEL. With a restorative approach to school culture, SEL skills are embedded in the day-to-day structures of the school. Together, these changes in policies and practices will help keep students in the classroom, learning the content and skills they need to thrive.

Boston, Massachusetts: Comprehensive Behavioral Health Screening Model (CBHM)

Background: CBHM promotes positive school climate and social and academic success for all students. CBHM is a comprehensive behavioral health model that integrates tiered supports and services within a school according to student needs, and recognizes family and community partnerships as an integral part of a school's success. It was developed in partnership with Boston Public Schools, Boston Children's Hospital and UMASS Boston. CBHM is currently operating in 78 schools serving over 24,000 Boston students.

Martinsburg, West Virginia: The Martinsburg Initiative

Background: The Martinsburg Initiative (TMI) is an innovative, multidimensional partnership and model solution to the crises of Opioid and Substance Use Disorders. Spearheaded by the Martinsburg Police Department, Berkeley County Schools, Shepherd University, Washington/Baltimore HIDTA, Centers for Disease Control, and the Berkeley County Health Department; the partnership embraces a wide array of community, faith-based, health, education, and law enforcement leaders and organizations. Through a strategic focus targeting at-risk children and troubled families, TMI assesses, identifies, and eliminates many of the basic causes of drug abuse. Grounded in science and a family-based, school-centered, and community-building approach, The Martinsburg Initiative is strengthening families, empowering communities, and providing the long-term solution to the devastating impacts of Opioid and other Substance Use Disorders.

Panelists:

Moderator: Brandon Cadet-Hernandez

Biography: Brandon is a life-long educator, committed to strengthening public education and creating high-quality, rigorous, safe and affirming schools for students and families. Currently, Brandon is the Senior Education Policy Advisor in the NYC Mayor's Office. He acts as the day-to-day liaison between City Hall and the Department of Education, and is responsible for drafting, vetting and implementing new and existing policy initiatives, including the Mayor's signature Equity and Excellence agenda. Brandon began his career as a community organizer working with organizations like The Gay, Lesbian, Straight Education Network (GLSEN) where he led trainings for highschool student organizers and developed resources for national campaigns. In addition to organizing on youth-led movements, Brandon served as a college and career counselor at the Hetrick-Martin Institute, home of Harvey Milk High School, where he worked directly with students and families on career and post-secondary planning. As a NYC special education teacher, Brandon taught high school English and history and led teacher teams in student-focused inquiry and case conferencing. Brandon went on to work at NYC's Department of Education as the Director of Strategic Initiatives. His work focused on targeted education reform, devising and implementing guiding strategies for some of the city's most struggling schools. Brandon was also the principal of the Urban Assembly Bronx Academy of Letters, a South Bronx public school serving young people in grades 6-12. Brandon led the school through necessary school improvement work, helped align curriculum in a culturally responsive way and brought the graduation rate from 55% to 85%. He also introduced Social Emotional Learning across grades 6-12, developing a Restorative Justice Center, peer mediation program, and multiple programmatic initiatives aimed at elevating student voices and deepening community ties in service of increased academic achievement.

New York, New York: LaShawn Robinson

Biography: LaShawn Robinson, Deputy Chancellor for the Division of School Climate and Wellness (DSCW), is responsible for several essential offices in the largest public school system in America, the New York City Department of Education (NYC DOE). DSCW works to strengthen the integration of social and emotional learning, advance

equity and provide mental health and total wellbeing for over 1.1 million students throughout New York City. As Deputy Chancellor, LaShawn has mobilized the Division of School Climate and Wellness to establish a sustainable national model for educating the whole child, while creating supportive learning environments that lead to equity and excellence for all students. LaShawn brings over 20 years of experience to the New York City school system. She served as a transfer high school principal for many years and then as NYC DOE's citywide Transfer High School Superintendent. In that role, she established innovative practices that focused on the social-emotional learning needs of students as the foundation for academic success in 54 high schools across the city. As a former Executive Superintendent for the Office of Equity and Access, LaShawn led work streams that provided all families with necessary access to the full landscape of high-quality education and early college awareness programming. She also led the Mayoral Initiative, Advanced Placement (AP) for All, where she implemented 370 new AP courses in 152 high schools and increased the number of Black and Latinx students taking and passing AP classes. LaShawn has an unyielding commitment to ensuring that all NYC DOE systems, structures, policies, and practices are effectively serving all students and their families.

Boston, Massachusetts: Andria Amador

Biography: Andria Amador, CAGS, NCSP, is the Senior Director of Behavioral Health Services for the Boston Public Schools (BPS). Andria has dedicated her career to urban school psychology and began her career as a school psychologist before becoming an administrator. Andria, along with her staff and partners, have developed the Comprehensive Behavioral Health Model (CBHM). CBHM is a multi-tiered system of supports designed to support the behavioral health needs of students across a continuum of prevention, early-intervention and intensive services. Andria has the pleasure of serving as the Past President of the Massachusetts School Psychology Association. She is also the coordinator of the NASP Supervision Interest Group and the Chair of the NASP Practice Model Committee.

Martinsburg, West Virginia: Maury Richards

Biography: Maury Richards Ed.D, was named Chief of the Martinsburg Police Department in October 2015. Before coming to West Virginia, he served as a Lieutenant and 24-year veteran with the Chicago Police Department (CPD). As a leader in community policing, Richards pioneered inventive and effective community-based and regional enforcement approaches to the problems of gang violence. A modern-policing innovator, Maury created CPD's first district-wide bike patrol and was co-founder and Field Coordinator of the Illiana Regional Gang Task Force—a cutting-edge multi-jurisdictional and bi-state partnership of 30 police departments and law enforcement agencies. As Chief, Richards has brought his community policing vision and philosophy to Martinsburg, dramatically increasing police-community partnerships. During the past 3 ½ years, the Martinsburg Police Department achieved dramatic crime reduction. Richards designed Martinsburg's innovative "Drug House Ordinance" which has been utilized to shut down 58 drug houses in the city and adopted by eight other West Virginia municipalities. Maury originated The Martinsburg Initiative, the revolutionary police-school-community partnership grounded in the science of Adverse Childhood Experiences (ACEs) and national model for preventing substance use disorder, building strong families, and empowering communities. Prior to his career in policing, Maury was a steelworker for 18 years, completing apprenticeships for Boilermaker and General Mechanic at Republic Steel Corporation's Chicago mill. As the twice elected President of the 3,000-member bargaining unit of Local 1033 USWA, he served on the negotiating committee that created the employee-owned company Republic Engineered Steels. Richards secured \$1 million in Trade Readjustment Act retraining funding for steelworkers displaced by unfair foreign competition—a first in the American steel industry. Maury achieved his Doctorate in Education from Northern Illinois University, has Master's Degrees in Criminal Justice and Public Administration, and is a graduate of the Senior Management Institute for Police.

PARTNER WITH COMMUNITIES PANEL

There are no better ambassadors for mental health than community leaders, clergy members, teachers, and frontline responders. Community-based leaders and organizations are essential partners in the movement to end stigma, promote wellness, and improve access to care. This panel will explore how local governments can work with neighborhood and community organizations to reach people where they are with behavioral health services.

Program Presentations:

New York, New York: Crime Victim Assistance Program (CVAP)

Background: The cornerstone of the NYPD's efforts to improve its response to victims of crime is the Crime Victim Assistance Program (CVAP). This is a groundbreaking initiative, developed by the NYPD and staffed by Safe Horizon, the nation's largest and most comprehensive victim services provider. CVAP places victim advocates in NYPD precincts: one specializing in working with victims of domestic violence, and the other serving victims of all other crimes. Building on two programs serving victims of domestic violence in a handful of precincts and in the Police Service Areas (PSAs) serving public housing, the NYPD for the first time is providing advocates to victims of any kind of crime, Citywide. CVAP is groundbreaking in its scale, depth, and collaborative framework.

St. Paul, Minnesota: Community Outreach and Stabilization Unit (C.O.A.S.T)

Background: The Saint Paul Police Department's Community Outreach and Stabilization Unit (COAST Unit) is a collaborative approach to create a changed response to police crisis related calls for service. The community collaboration members formed the Mental Health Resource Team (MHRT) concentrating efforts on two national best practices, case management and co-response. A Licensed Clinical Social Worker partners with specially trained Mental Health Officers to engage in follow up and aftercare activities, as well as respond to in-progress crisis related calls for service. C.O.A.S.T includes the Recovery Access Program (RAP), which monitors real time overdose activities and law enforcement interactions with individuals experiencing a chemical dependency. Through outreach, follow up and community notifications, the goal is to connect individuals with recovery services. The program also includes the Police Homeless Outreach Program (PHOP), which partner's law enforcement and community based outreach workers to meet with individuals experiencing homelessness and un-sheltered living conditions. Through engagement activities, the goal is to build trust within the community and offer support.

Toronto, Canada: Community Crisis Response Program (CCRP)

Background: The CCRP is a part of the Community Safety & Wellbeing Unit, which better positions the City of Toronto to mobilize inter-sectoral approaches to interventions, prevention, preparation and capacity building that will enhance the development of Community Safety and Wellbeing Planning for Torontonians. The unit contains the Community Crisis Response Program (CCRP) which responds to violent traumatic incidents and facilitates healing with residents and community partners; Furthering Our Community by Uniting Services (FOCUS) which 150 community agencies and city services mobilize inter-sectoral interventions aimed at reducing elevated risk; Youth Violence Prevention which aims to reduce youth violence; Specialized Program for Interdivisional Enhanced Responsiveness (SPIDER) which responds to unresolved health and safety risks to people property and their neighbors; and the Inter-sectoral Data Working Group, which utilizes inter-sectoral data to respond to emerging need. The City is currently developing an updated Community Safety and Wellbeing Plan legislated by the provincial government.

Panelists:

Moderator: Susan Herman

Biography: In February 2019, Susan Herman was named Senior Advisor to the Mayor and Director of the Office of ThriveNYC to lead the newly created Mayor's Office of ThriveNYC. ThriveNYC is an unprecedented citywide commitment to tackle critical gaps in the mental health system to ensure mental health for all New Yorkers. In her current role, Director Herman oversees citywide work to effectively implement ThriveNYC's programs, maximize their impact, and ensure their sustainability. Prior to joining the Mayor's office, from January 2014 to February 2019, Director Herman served as Deputy Commissioner, Collaborative Policing in the New York City Police Department. Her role was to foster shared responsibility for public safety through productive partnerships with individuals, government agencies, and community-based organizations. The Office of Collaborative Policing concentrated on developing more non-enforcement options for police officers, designing creative and focused enforcement strategies, and improving access to police services. A member of the NYPD from 1985 to 1990, Director Herman served as the Special Counsel to the Police Commissioner to three consecutive Police Commissioners. Previously, Director Herman was an Associate Professor in the Department of Criminal Justice at Pace University. She also served as the Executive Director of the National Center for Victims of Crime, Director of Community Services at The Enterprise Foundation, Director of the Domestic Violence Division at Victim Services (now Safe Horizon), Director of Mediation Services at the Institute for Mediation and Conflict Resolution, and an instructor at NYU School of Law and NYU's Wagner School of Public Service. She holds a Bachelor of Arts degree in Political Science from Bryn Mawr College and a Juris Doctorate from the Antioch School of Law.

New York, New York: Terri Tobin

Biography: Assistant Chief Terri Tobin was born New York City, and she, along with her three brothers and brotherin-law, followed their father, a 28-year veteran of the NYPD, into law enforcement careers. Joining the NYPD in 1983, Assistant Chief Tobin began her career on patrol in South Jamaica, Queens. She was promoted through the ranks to her current title of Assistant Chief. Currently the Commanding Officer of the Office of Collaborative Policing, Assistant Chief Tobin has also commanded the Personnel Bureau's Staff Services Section, and has served as the Executive Officer of the 1, 10 and 13 Precincts. Assistant Chief Tobin earned a Ph.D. and Master of Arts degree in Criminal Justice from the State University of New York at Albany; a Master of Social Work from Fordham University; and a Bachelor of Science degree in Sociology/Social Work from Marist College. She has been a New York State Certified Social Worker since 1985. Assistant Chief Tobin is also a 1997 graduate of the FBI Academy at Quantico, Virginia; a 2006 graduate of the Police Management Institute at Columbia University's Graduate School of Business; and, Harvard University's John F. Kennedy School of Government's Senior Executives in State and Local Government Program. Assistant Chief Tobin has served as the NYPD's representative on the New York City Mayor's Commission on Women's Issues and currently is the vice chair of the International Association of Chiefs of Police's Private Sector Liaison Section. For the past twenty years, Assistant Chief Tobin has taught as an adjunct assistant professor on the undergraduate and graduate level, both at Molloy College and Marist College. She is a past President of the American Academy for Professional Law Enforcement (AAPLE) and volunteers for POPPA, an organization which provides peer assistance for police officers. During her career, Assistant Chief Tobin has received numerous honors and medals including and the NYPD's Medal of Valor and a Special Congressional Recognition in honor of her heroism, bravery and sacrifice during the tumultuous events of September 11, 2001.

St. Paul, Minnesota: Jamie Sipes

Biography: Sergeant Jamie Sipes is a 24-year veteran of law enforcement. He began his career as a police officer with the Ames, Iowa Police Department. During his five years with the Ames Police Department he served as a trainer and hostage negotiator. In 2000, Sergeant Sipes became a police officer with the Saint Paul, Minnesota Police Department. He has served in the Patrol Division, GRID (targeting problem properties and street level crimes), Traffic Unit, Motors Unit, and the Forensic Services Unit. While in the Traffic Unit, Sergeant Sipes was assigned to a DWI targeted enforcement tour. Sergeant Sipes became the department's first Certified Crime Scene Analyst (CCSA) through the International Association for Identification (IAI). He has testified as an expert in the areas of crime scene reconstruction and bloodstain pattern analysis. He is a member of the Crisis Negotiation Team and co-lead instructor of the department's Crisis Intervention Team (CIT) training program. Through his training and experience he designed an Enhanced CIT (ECIT) program to advance knowledge and understanding of mental health, wellness and illness. In 2017, Sergeant Sipes became a co-founder of the Department's Mental Health Workgroup. After research of national best practices, Sergeant Sipes led a Mental Health Liaison pilot project. This project led to the implementation of the Mental Health Unit March of 2018. In 2019, the Mental Health Unit expanded the program model to include homeless outreach and a recovery access program. Sergeant Sipes has led Department wide training in a number of areas and is currently presenting a course titled "Trauma and Resilience, Overcoming the Stressors of Trauma in Law Enforcement."

Toronto, Canada: Scott McKean

Biography: Scott McKean is currently leading the development of the City of Toronto's Community Safety and Wellbeing Plan. At the City of Toronto, Scott works to enhance community safety and reduce vulnerability for people, families, and places in Toronto's neighborhoods. While at the City of Toronto, Scott has led the development and implementation of many inter-sectoral strategies and initiatives including the Community Crisis Response Program, Toronto Strong Neighborhood Strategy and FOCUS Toronto. Prior to joining the City of Toronto, Scott worked in the community sector where he developed programs and services for vulnerable, high-risk, gang involved young people as well as developed the support model for the Out of the Cold emergency shelter program.

CLOSE TREATMENT GAPS PANEL

For many Americans, finding adequate mental health care is a challenge made even more difficult by language, cost, and cultural barriers. Some people simply do not know about the resources that are available to them. Local leaders can change this. This panel will spotlight opportunities for local governments to close gaps in service delivery and create a mental health system that reaches everyone.

Program Presentations:

New York, New York: NYC Well

Background: NYC Well serves as a touchpoint for New Yorkers to enter the behavioral health system. This phone, text and online chat service operates 24/7, 365 days a year and is staffed with English, Spanish, Cantonese and Mandarin speakers, with additional interpretation services available in more than 200 languages. NYC Well can refer callers to behavioral health service providers and other community-based organizations with the cultural and linguistic competence to meet their needs. NYC Well is a confidential service staffed with clinicians and peers with lived mental health experience. This serves as a crisis line, in addition to information and referral resources, and peer support.

NYC Well refers those in need to mobile crisis teams throughout NYC. NYC Well is promoted in 14 languages via newspaper ads, brochures and posters, as well as television promotions in English, Spanish, Cantonese and Mandarin.

Los Angeles County, California: Help@Hand Project

Background: The Help@Hand project is a multi-county/city, University of California, multi-partner collaborative that brings technology-based mental health solutions to the public mental health system through a highly innovative "suite" of digital solutions with the goal of increasing access to care. The project aims to leverage digital applications to provide education, simplify mental health needs assessments, detect mental health symptoms early, expand access to mental health services, minimize isolation, reduce stigma associated with mental illness, and promote overall wellbeing. With technology becoming an integral part of everyday life, the Help@Hand project will rely upon easy to use applications on everyday devices such as smartphones, tablets, or computers as tools to engage, support and increase access to helpful resources, including virtual treatment. Although not a substitute for face-to-face interventions, employing new technologies can serve to complement and improve care quality and efficacy. A core focus of Help@Hand is the involvement of individuals with lived experience in all aspects of the project from testing and selection of digital solutions to outreach and engagement to implementation and evaluation.

Bernalillo County, New Mexico: Behavioral Health Initiative

Background: As a chronically under-resourced State, with some of the highest incidences of mortality and injury associated with behavioral health issues, New Mexico has worked persistently to maximize all resources in order to improve the lives of its communities and citizens. Recent studies suggest that nearly 50 percent of Bernalillo County residents needing mental health or addiction treatment services are not getting the help they need because of gaps in New Mexico's behavioral health care. Untreated behavioral health conditions have led to increased and sometimes tragic interactions with law enforcement, over incarceration, overuse of hospital emergency and inpatient services, and unnecessary suffering on the part of patients and their families. Given the need, widespread support and call for action on this issue, the Board of Bernalillo County Commissioners, on February 26th, 2015, imposed a one-eighth percent gross receipts tax to improve access to mental and behavioral health care services in the county. The tax generates approximately \$20 million annually. The goal of the Bernalillo County Behavioral Health Initiative is to develop a comprehensive, well networked, and accessible continuum of care for children, youth, and adults in need of behavioral health services--from prevention through education and early intervention, to crisis response and long term stabilization.

Panelists:

Moderator: Rebecca Linn-Walton

Biography: Dr. Rebecca Linn-Walton, PhD, LCSW is an Assistant Vice President, Behavioral Health for NYC Health + Hospitals. Since 2018 Dr. Linn-Walton has overseen NYC H+H efforts in response to the opioid epidemic, substance use, behavioral health strategy, and mayoral initiatives including HealingNYC and ThriveNYC. Prior to that she was a Research Director at the Mayor's Office of Criminal Justice. Dr. Linn-Walton received her MSW in Clinical Social Work from Columbia and her PhD from Fordham. She has worked as a child, family, and adult therapist specializing in trauma, substance use, criminal justice, and intimate partner and family violence. She has served on the adjunct faculty at Fordham's Graduate School of Social Service, and was previously the director of Planning, Research, and Evaluation at the Center for Alternative Sentencing and Employment Services (CASES). Dr. Linn-Walton is committed to patient care, supporting frontline staff, and innovating, implementing, and evaluating on-the-ground,

real world efforts to treat complex patients and their families. Her work has spanned the areas of: mental health and trauma; substance use; justice involvement; domestic violence; and workforce development. She works to reduce barriers to care for those most in need, regardless of their background of the complexity of their needs, working hand-in-hand with a variety of government agency partners, including City Hall, Health and Mental Hygiene, Homeless Services, the Office to End Gender Based Violence, and the State offices for Substance Use and Mental Health, OASAS and OMH.

New York, New York: Myla Harrison

Biography: Myla Harrison, MD, MPH is Assistant Commissioner of the Bureau of Mental Health in the Division of Mental Hygiene at the New York City Department of Health and Mental Hygiene (DOHMH). She is responsible for over \$300 Million of mental health services ranging from supportive housing to intensive treatment, care monitoring and rehabilitative programs. Much of her 25-year career has been devoted in one way or another to helping people from falling through the cracks of the mental health services system, initially as an academic child and adolescent psychiatrist (with training and expertise in adult psychiatry and pediatrics) and subsequently in various positions in public mental health services administration. Her career in the last decade and a half has been within the Department of Health and Mental Hygiene (DOHMH). Before leading the Mental Health Bureau, she had years of experience working within the children's mental health services system within DOHMH as Assistant Commissioner of the Children's Bureau and in various directorial and teaching roles at the Mt. Sinai Hospital Medical Center. In addition to her experience in public health administration and medical education, she has expertise teaching at the graduate school level. As an Instructor, she taught a Mental Health Policy course at the Columbia University Mailman School of Public Health for 4 years. Dr. Harrison completed her residency training at the Mt. Sinai Hospital in 1994. She received her MD degree from Downstate Medical Center in Brooklyn in 1989 (Alpha Omega Alpha Medical Honor Society) and her BS degree, Cum Laude (Phi Beta Kappa Honor Society) from the State University of New York at Albany in 1985. She received her Master in Public Health degree in Healthcare Management from Columbia University's Mailman School of Public Health in 2007.

Los Angeles County, California: Jonathan Sherin

Biography: Dr. Jonathan Sherin is a longtime wellbeing advocate who has worked tirelessly throughout his career on behalf of vulnerable populations. In his current role as Director of the Los Angeles County Department of Mental Health (LAC-DMH), he oversees the largest public mental health system in the United States with an annual budget approaching \$3 billion. Prior to joining LAC-DMH, Dr. Sherin served for over a decade at the Department of Veterans Affairs (VA) where he held a variety of posts, most recently as chief of mental health for the Miami VA Healthcare System. He has also held a variety of academic posts, formerly as vice-chairman for the Department of Psychiatry and Behavioral Sciences at University of Miami, and currently as volunteer clinical professor at both UCLA and USC. In addition to his leadership in the health and human services sector, Dr. Sherin has made significant contributions to the field of neuroscience, which include seminal sleep research studies, published in Science magazine, and a conceptual model of the psychotic process for which he received the prestigious Kempf Award from the American Psychiatric Association. Dr. Sherin completed his undergraduate work at Brown University, his graduate studies at the University of Chicago and Harvard Medical School, and his residency in psychiatry at UCLA.

Bernalillo County, New Mexico: Margarita Chavez-Sanchez

Biography: Margarita Chavez-Sanchez currently serves as the Interim Director of the Department of Behavioral Health Services. She began her employment with Bernalillo County four years ago as a Projects Coordinator and later promoted to Deputy Director of Department of Behavioral Health Services where she has been pivotal in the

coordination and implementation of the Behavioral Health Initiative. Other career highlights include: Graduate Health Fellow for the Congressional Hispanic Caucus Institute in Washington, D.C., Bernalillo County Health and Wellness Coordinator, Faculty Health Education Instructor at the University of New Mexico, and 10 years in a clinical health setting working in local emergency rooms and out in the field.

STRENGTHENING GOVERNMENT'S ABILITY TO LEAD PANEL

Local governments are in a unique position to be at the forefront of mental health reform. Even with limited financial resources, they have the convening power and policy-making ability to make real, lasting change for their communities. This panel will highlight the role government leadership plays in bringing communities together to tackle pressing challenges and implement evidence-based solutions.

Program Presentations:

New York, New York: Weekend of Faith for Mental Health

Background: In May 2016, ThriveNYC organized the first ever citywide Weekend of Faith for Mental Health. This was a completely new and unprecedented engagement with communities of faith at the intersection of mental health and spirituality, to equip the leaders who people already turn to for help and support. Throughout the weekend, participating faith communities hold open conversations about mental health and educate their congregations about available support and resources. The Weekend helps spark important community conversations about mental health to help reduce stigma and build systems of support. The inaugural Weekend engaged 1,000 local houses of worship with a toolkit that included talking points to help frame messaging to the faith community, along with tips and resources to connect individuals to help and care. Since 2016, the Weekend of Faith for Mental Health has grown in size and impact, with over 2,500 houses of worship, in New York City and across the county, participating in 2019.

Larimer County, Colorado: Behavioral Health Policy Council

Background: In November 2018, the voters of Larimer County approved a dedicated sales tax (0.25%) to address critical gaps in Larimer County's behavioral healthcare system. The County created three funding pathways to ensure equitable delivery of behavioral health services throughout the eight municipalities and rural areas of Larimer County focused on Distributed Services Funding, Bridge Funds, and a new 64 bed Crises Services Facility. To help coordinate this funding, a 14 member Behavioral Health Policy Council (BHPC) was created to oversee the Distributed Services Fund. The Council works with elected officials from each of the eight municipalities in Larimer County to ensure the County is providing access to appropriate and affordable behavioral healthcare to all residents of Larimer County. The Council's goal is to expand and enhance early identification and intervention to slow the need for more expensive services such as crises, criminal justice or emergency rooms. The BHPC truly shows how a community can bring local government and the private sector together to collaboratively solve tough challenges. It is breaking down silos, building stronger systems, having uncommon conversations and building bridges within the community.

Philadelphia, Pennsylvania: Prioritizing to Address our Changing Environment (P.A.C.E) Strategic Framework

Background: In the fall of 2018, Commissioner David Jones launched a Strategic Framework for the Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS) titled P.A.C.E., or Prioritizing to Address our Changing Environment. This road map integrates strategies and tactics that connect with the goals

established by The Office of the Deputy Managing Director of Health and Human Services, the Mayor's Office, and the State of Pennsylvania. It is organized into five priority areas: Prevention and Early Intervention; Treatment and Services; Health Economics; Infrastructure and Intelligence; and Innovation.

Panelists:

Moderator: Jennifer Paez

Biography: Jennifer Paez currently serves as the Deputy Chief of Staff for the Mayor's Community Affairs Unit (CAU) where she works to ensure government prioritizes community needs throughout the five boroughs. Prior to serving at CAU, Jennifer oversaw community engagement operations for ThriveNYC where she helped coordinate how to provide mental health services across the City. For 15 years, Jennifer served in the labor movement coordinating political and electoral campaigns across the country. Jennifer is a graduate of Arizona State University where she earned her Bachelors and Graduate Degrees concentrating on Political Science and Secondary Education.

New York, New York: Gagan Kaur

Biography: Gagan Kaur is a community organizer, justice activist, and health equity enthusiast. She currently serves as the Director of Community Development at ThriveNYC, at the New York City' Mayor's Office. Gagan studied Gender, Sexuality, and Woman's Studies, and Religious Studies at Virginia Commonwealth University. She has been working at the juncture of health equity, reproductive justice, and community organizing for the past five years at Planned Parenthood, Sikh Human Rights Group, and Amnesty International. Gagan is deeply inspired by the radical post-colonial histories of communities of color and the power of a community when equipped with tools and language. She wants to create spaces at the intersection of spirituality, art, and radical imagination—spaces that honor lived experiences and heal community trauma.

Larimer County, Colorado: Laurie Stolen

Biography: Laurie Stolen is currently the Behavioral Health Director for Larimer County. She has been with Larimer County for over 21 years. She has been involved in losing and winning local issue campaigns. She has been a returning guest lecturer at Colorado State University, a member of several non-profit Boards, published in professional journals, and trained in organizational development. From 2010-2018, she was the Director of the Alternative Sentencing Department with Larimer County Criminal Justice Services. She also worked for the Larimer County Sheriff's office, Jail Division, for 12 years prior to that. Laurie holds a Bachelor's degree from Colorado State University and her Master's degree from University of Northern Colorado. She has been extensively involved in contract administration, program development, and re-entry initiatives and is an advocate for improving behavioral health across the region.

Philadelphia, Pennsylvania: David Jones

Biography: David T. Jones was named Commissioner of the Department of Behavioral Health and Intellectual disAbility Services (DBHIDS) in July 2017. He is responsible for overseeing the \$1 billion healthcare agency, comprised of six unique divisions: Administration and Finance; Planning and Innovation; Community Behavioral Health; Intellectual disAbility Services; Behavioral Health; and the Office of the Chief Medical Officer. He implemented a new Strategic Framework for DBHIDS in the fall of 2018 and is dedicated to approaching the work at hand with vision, innovation, and energy. From 2013 to 2017, Jones served as Deputy Commissioner of DBHIDS. In that role, he provided oversight to the department's fiscal and administrative operations. Prior to his time in Philadelphia, Jones was Chief of Behavioral Health and Crisis Services for the Montgomery County (Maryland) Department of Health and Human Services. There, he administered a wide-range of diverse programs addressing

child and adult mental health, substance use disorder, crisis centers, victims assistance and consumer services. As a behavioral health administrator with more than 25 years of progressive management experience, Jones has produced measurable results to improve the lives of children, adults and families with behavioral health needs. He possesses in-depth knowledge of state and federal regulations inclusive of Medicaid managed care and mental health rehabilitation standards and has excelled in managing both urban and suburban public behavioral health systems that achieved outcomes inclusive of increasing access to care and expanding the range of services available to residents with behavioral health care needs. Additionally, he has national experience developing multi-disciplinary coalitions to affect sustainable community-level change. Jones holds a Master of Science in Community School/Clinical Child Psychology from Southern Illinois University-Edwardsville.

USE DATA BETTER PANEL

All major public health victories have relied on the smart use of data. By using data better, we can more accurately understand the mental health challenges in our communities and deploy solutions with precision. This panel will showcase how local governments can use data to address key inequities, treatment gaps, workforce needs, and opportunities for prevention.

Program Presentations:

New York, New York: Connections to Care (C2C)

Background: Connections to Care (C2C) is an innovative strategy that integrates mental health support into community-based organizations (CBOs) serving low-income and at-risk individuals who may struggle with mental health needs. In C2C, CBOs contract with mental health providers to train and support CBO staff in four core mental health interventions and skills, and potentially more. An initiative of ThriveNYC and collaboration among the Mayor's Office for Economic Opportunity, the Mayor's Fund to Advance New York City and the NYC Department of Health and Mental Hygiene, C2C is a unique example of using task-shifting for mental health in social service settings.

Tempe, Arizona: Opioid Wastewater Dashboard

Background: The Tempe Fire Medical Rescue Department (TFMR) is an "all hazards" department that responds to all types of calls for service. In 2017, TFMR responded to 18,252 emergency medical services (EMS) calls. This accounts for 81% of the total emergency calls for service and of those EMS calls, 3.74% were for suspected opioid abuse or overdose. Tempe is the first city in Arizona to create a public dashboard showing opioid abuse demographics, locations of probable opioid abuse calls for service, and the times they are happening. This dashboard is leading to discoveries that could help many people by allowing Tempe to better allocate public safety resources and determine which tools are most effective. In 2018, through Tempe's Innovation Fund and in partnership with the Arizona State University's Bioscience Institute, a wastewater data analytics program was developed to implement strategies for improving community health. Over 300 cities, both nationally and internationally, receive data about their cities' wastewater from ASU. Through this program, Tempe is the first city to incorporate wastewater data with other strategies to drive decisions that achieve community health outcomes. This program has gained additional funding from the National Institutes of Health and is scalable based on collection frequency and the number of collection points. Working with ASU scientists, a composite measure is collected from Tempe's wastewater to identify biomarkers like opioids. The anonymous, non-identifying data, is analyzed in almost real-time to provide insights for program effectiveness, decision-making, and forecasts for resource alignment.

Polk County, Iowa: Data Driven Justice Initiative

Background: When Polk County joined the Data-Driven Justice (DDJ) initiative in 2016, they wanted to build on the county's mission statement committed to service excellence, fiscal responsibility and enhancing residents' quality of life. Through the county's Management Information System (MIS), for over 20 years, social determinants of health indicators are tracked for all individuals that receive long-term services and supports. These indicators demonstrate that connecting individuals to community-based services that focus on housing, employment, education and community involvement decreases the use of psychiatric hospital stays, days in jail, use of emergency rooms and days homeless. Using the information gained through social determinants of health indicators, Polk County is working to divert high utilizers of emergency services to treatment providers and support programs that can address the root cause of individuals' recurring use of calls for service. Many of the individuals who are encountering first responders are not connected to the mental health system. To identify high utilizers, Polk County is in the process of developing a DDJ platform that utilizes 911 data, jail booking data, and eventually will utilize EMS calls for service and homeless data. The platform provides the top utilizers of each data set or it can combine the data sets. Once individuals are identified, a release is obtained, care teams are set up and communication can take place in a secure system.

Panelists:

Moderator: Sarah Solon

Biography: Sarah Solon is the Deputy Director, Research and Strategic Engagement, at the new Mayor's Office of ThriveNYC. ThriveNYC is an unprecedented, citywide commitment to tackle critical gaps in the mental healthcare system to ensure mental health for all New Yorkers. In her current role, Solon oversees the research, community and government engagement, strategic partnerships and communications teams. Prior to joining ThriveNYC, Solon was the Deputy Executive Director of the Correctional Association of New York, which conducts independent oversight of New York's prison system. Solon has also served as the Deputy Director for Justice Initiatives at the NYC Mayor's Office of Criminal Justice, in which she oversaw the team responsible for reducing unnecessary incarceration in New York City and was a leading author of the City's strategic plan to close the Rikers Island jails. Solon has also served as a Senior Communications Strategist for the American Civil Liberties Union. She holds a JD from Georgetown University and a Master's in Public Affairs from Princeton University's Woodrow Wilson School.

New York, New York: Sinead Keegan

Biography: Sinead Keegan serves as the Director of the Social Innovation Fund in the Mayor's Office for Economic Opportunity. In this role, she oversees Connections to Care (C2C), an innovative strategy that integrates mental health support into community-based organizations (CBOs) serving low-income and at-risk individuals who may struggle with mental health needs. In C2C, CBOs contract with mental health providers to train and support CBO staff in four core mental health interventions and skills, and potentially more. An initiative of ThriveNYC and collaboration among the Mayor's Office for Economic Opportunity, the Mayor's Fund to Advance New York City and the NYC Department of Health and Mental Hygiene, C2C is a unique example of using task-shifting for mental health in social service settings. Sinead holds a Master's in Public Policy from Georgetown University and a BA from the University of Notre Dame.

Tempe, Arizona: Joel Navarro

Biography: Joel Navarro has served on the Tempe City Council for more than 10 years. His leadership and strong commitment to public safety, neighborhoods, parks and housing has won him re-election twice in Arizona's second most-visited city. Joel serves on the National League of Cities (NLC) Board of Directors and on the Board the

Hispanic Elected Local Officials (HELO). He's an active member of the NLC Public Safety & Crime Prevention Steering Committee and board member of the National Association of Latino Elected and Appointed Officials (NALEO). This past year he served on the NLC/NAco Opioid Task Force and has organized state-wide efforts to develop a data-driven opioid action plan for all of Arizona. Joel works full-time as a Battalion Chief with the Phoenix Fire Department. He has been a trained paramedic since 1995 and directed the state's largest emergency medical services division. His combined work and city council experience—give Joel first-hand knowledge in how city management and fire services can collaborate and strengthen their efforts. Joel is a graduate of New Mexico State University and Ottawa University with degrees in Advertising Design and Secondary Education. Joel, his wife Stephanie, and his three children—Jillian, Parker and Henley—live in Central Tempe and enjoy the wonderful quality of life Tempe has to offer.

Polk County, Iowa: Annie Uetz

Biography: Annie Uetz, MPA, has been a Program Planner for Polk County Health Services since 2001. She holds an undergraduate degree in social work from University of Northern Iowa and a Master of Public Administration from Drake University. Annie is responsible for overseeing the contracts and programs for community based case management, integrated health homes, service coordination, rapid re-housing for those experiencing homelessness, crisis/diversion services, and post-booking jail diversion. She works closely with the Polk County Criminal Justice Coordinating Council, Polk County Sheriff's Office, Polk County Jail, and Coordinated Intake for those experiencing homelessness. Annie participates in various committees which include Iowa Therapeutic Alternatives to Incarceration Coalition, the Trauma Informed Care Project and the Polk County Emergency Management Multi-Disciplinary Team. She is also the lead staff for the Stepping Up Initiative, the Safety and Justice Challenge and the Data Driven Justice Initiative. Annie is an adjunct instructor at Grand View University teaching in the psychology department and has presented both nationally and statewide on various topics.

www.nyc.gov/thrivenyc Cities Thrive: Mental Health Conference

41

THANK OUR SPONSOR

EmblemHealth

EmblemHealth is one of the nation's largest nonprofit health insurers, with 3.1 million members and an 80-year legacy of serving New York's communities. The company offers a full range of commercial and government-sponsored health plans to employers, individuals and families, as well as convenient community resources. As a market leader in value-based care, EmblemHealth partners with top doctors and hospitals to deliver quality, affordable care. For more information, visit emblemhealth.com.





