

The NYC Human Rights Law Protects You!

You have the right to:

- ▶ Speak your language!
- ▶ Express your gender identity free from harassment or bullying!
- ▶ An education free from discrimination!
- ▶ Use public spaces or services just like anyone else!
- ▶ Be free from sexual harassment at work and at school!
- ▶ Request accommodations at work for your disability or to practice your religion!
- ▶ Report discrimination without punishment!
- ▶ Commute, shop, and hang out in New York City without being stopped because of your race or color!
- ▶ Visit restaurants and businesses like movie theaters and shopping malls regardless of your national origin or immigration status!

Visit [NYC.gov/HumanRights](https://nyc.gov/HumanRights) to learn more about how the New York City Human Rights Law protects you. If you have faced discrimination or harassment at work, in housing, and in all public places — including in school — report it to the Commission by calling 212-416-0197.



“I learned so much about so many different communities during the human rights workshops. Knowing my human rights as a young person in NYC gives me the power to protect and advocate for myself and others.”

AWESTAA Z., 17 YEARS OLD
WE SPEAK: YOUNG WOMEN RISING



Contact Us

- ▶ Call 212-416-0197
- ▶ Visit us at [NYC.gov/HumanRights](https://nyc.gov/HumanRights)

NYC Commission on Human Rights



@NYCCHR

Youth for Equity and Solidarity: Human Rights and Young People



NYC Commission on Human Rights

About the Commission

The New York City Commission on Human Rights enforces the NYC Human Rights Law, educates the public about the law, and fosters understanding among diverse communities.

About the Youth for Equity and Solidarity Programs

The Commission is committed to investing in the leadership of young people who are at the forefront of positive change. Through our Youth for Equity and Solidarity (YES) programs, the Commission collaborates with young people, teachers, administrators, and local leaders to educate communities about social justice issues and partners with young people to address human rights issues facing their schools and communities.

Benefits of Our Program

The Commission's youth initiatives are designed to be collaborative programs with schools and youth-focused organizations. Through these programs, young people:

- ▶ Develop their leadership, organizing, and communications skills.
- ▶ Learn to think critically about human rights issues.
- ▶ Use restorative practices to address conflict.
- ▶ Create and implement action plans to address human rights issues.
- ▶ Become human rights leaders in their communities.

Youth for Equity and Solidarity Council

Each fall, the Commission welcomes a new cohort of young leaders throughout New York City who advise the Commission on how to support youth on human rights issues. The Council develops programming, informs the Commission of issues facing young people, and organizes youth-related events. Through this Council, members connect with like-minded young leaders and build their communications, advocacy, and organizing skills. Visit our website to learn more and to apply to join the next cohort.



“Young people should be there for each other. The ultimate goal is to fight discrimination and make our schools and communities safer. Through the program, what we learn isn't only for the classroom but positive values for living as a member of society.”

NAHKETTA K., 17 YEARS OLD
STUDENTS FOR HUMAN RIGHTS

Workshops & Trainings

The Commission offers workshops and trainings for young people of all ages that address a range of social justice issues facing women, young people, people of color, diverse faith communities, and LGBTQI people. The trainings seek to empower young people by fostering conversation and problem-solving to address these challenges. The Commission's youth workshops and trainings include:

- ▶ Peer Mediation
- ▶ We Speak: Young Women Rising
- ▶ Be Loud, Be Proud: Gender, Gender Identity, and Sexual Orientation
- ▶ No Hate, No Fear: Understanding Muslim Experiences and Combating Anti-Muslim Bias
- ▶ Human Rights Law 101
- ▶ Resisting Oppression and Racism (R.O.A.R.)
- ▶ Students for Human Rights

Visit our website to learn more about these workshops and to request a workshop in your school or community group.

Stories for All: A Human Rights Reading List

Young people must see themselves and their communities reflected back at them in the literature they read. The Commission curated Stories for All, a reading list highlighting authors, characters, and stories that tackle the issues and experiences facing diverse communities. This reading list is a reference guide for parents and educators for young people pre-K through 12th grade. Visit our website to download the complete reading list.