

Course Required for: **Worker Training**

Purpose: This course is a requirement for an individual – who is not a licensed rigger or a designated foreman of a licensed rigger – to maintain his/her designation to supervise the hoisting or lowering of articles on the outside of a building with hoisting equipment. In lieu of completing this course, an individual may instead possess a department approved national rigging certification.

Duration: 16 Hours of instructional time, excluding breaks & meals

Class Size: 1 – 30 Trainees

NYC Requirement: To continue to supervise the hoisting or lowering of articles on the outside of a building with hoisting equipment – and a licensed rigger or designated rigging foreman is not required for such work – an individual must either (i) complete this refresher training course every four years following the completion of the 32-Hour Rigging Supervisor course and every four years thereafter, or (ii) possess a Department-approved national rigging certification.

Delivery Requirements: Hybrid training is permissible for courses that contain both Classroom Lecture and Hands-On as the Instruction Delivery Methods.

Where the Instruction Delivery Method indicates:

- **Hands-On:** the instruction must be delivered onsite and in person. The students must physically handle the items. The procedure being instructed must be demonstrated and explained to the students first.
- **Demonstration:** the demonstration may be delivered either by a person or a video. Video Demonstrations may be delivered by virtual live classroom however, self-study modules are not permissible.
- **Classroom Lecture/Discussion w A/V:** the instruction may be delivered by virtual live classroom; however, self-study modules are not permissible.

Facility Requirements: The Training Facility used by the Course Provider must:

- Have sufficient room to accommodate all expected attendees and the equipment needed to perform hands-on exercises where required as part of the course.
- Make provisions for the presentation of training material in all media types (computer, projector, video/DVD player, etc.); and
- Comply with all applicable laws, rules and regulations relating to occupancy, zoning, egress, fire detection, fire suppression, light, ventilation, cleanliness, sanitary facilities, emergency notification and evacuation procedures.

Training may be held at construction sites, provided the above requirements are met.

Instructor Requirements: To deliver this course the instructor(s) must:

- demonstrate that he or she is credentialed or trained in instructional methods and learning processes. The instructor(s) must also successfully demonstrate his or her ability to solve or resolve problems relating to the subject matter by possession of a recognized degree, certificate, licensure, or professional standing, or by extensive knowledge, training, and experience, in the subject matter being taught. To the extent that the course instructor(s) holds, or has held, a trade license issued by the Department, it must be in good standing and not be surrendered to, suspended by, or revoked by the Department, and
- comply with all applicable Federal, State, and local laws, rules and regulations, and the Department's Industry Code of Conduct.

Course Requirements: All **topics** listed under **Course Content Requirements** must be covered using the listed **Instructional Delivery Method**. The time dedicated to each outline topic should be appropriate for the course content and can vary depending on the trade or job performed by the licensee. The **Instructional Delivery Materials** used in this course must contain all current applicable NYC Construction Code references, current rules, policies and bulletins.

All statistics referenced should reflect the latest publicly available statistics. The selection of Case Studies should prioritize incidents in NYC since the prior renewal period and contain relevant and illustrative photos where available.

Refresher or Renewal Courses should focus on the updates since the prior renewal period.

Course Content Requirements

Instruction Delivery Method

<p>1. Introduction to Cranes & Derricks</p> <ul style="list-style-type: none"> • Include instruction on inspection • Maintenance • Repair • Use • Installation • Hazards associated with the relevant sections of the Building Code • Industry practice with regards to Rigging 	<p>Classroom Lecture/Discussion w A/V</p>
<p>2. Crane & Rigging Accidents</p> <ul style="list-style-type: none"> • Common causes of accidents with cranes and rigging • Historical crane and rigging accidents in NYC and other major cities • Overview of rigging incident statistics for the most current 24-month period: <ul style="list-style-type: none"> - Failure - Injury - Death • Close review of two failure scenarios with emphasis on what went wrong and how the incident could have been prevented 	<p>Classroom Lecture/Discussion w A/V</p>
<p>3. CFR 29 OSHA 1926 Overview</p> <ul style="list-style-type: none"> • Subpart CC (Cranes and Derricks in Construction) 	<p>Classroom Lecture/Discussion w A/V</p>
<p>4. NYC Code Review: Cover all applicable</p> <ul style="list-style-type: none"> • Codes • Rules • Related Department policy statements • Regulatory Notices • Bulletins and Memos <ul style="list-style-type: none"> - Including: 2022 Building Code <ul style="list-style-type: none"> ▪ Chapter 33, <ul style="list-style-type: none"> ○ 1 RCNY 3316-01 ○ 1 RCNY 3319-01, ○ 1 RCNY 3319-02 	<p>Classroom Lecture/Discussion w A/V</p>
<p>5. NYC Department of Buildings Overview: Cover all applicable</p> <ul style="list-style-type: none"> • Administrative standard operating procedures • Permits/Department notifications • Forms • Filing and site documents • Plans • Inspection checklists/logs, wind & weather advisories 	<p>Classroom Lecture/Discussion w A/V</p>
<p>6. NYC Department of Transportation Overview: Cover all applicable Code required by the New York City Department of Transportation to operate a crane</p> <ul style="list-style-type: none"> • Rules • Regulations • Operating procedures • Policy Procedures • Permits/Notifications • Forms • Filing and Site Documents • Plans, etc. 	<p>Classroom Lecture/Discussion w A/V</p>
<p>7. NYC Transit Authority Overview - Cover all applicable Code required by the NYCTA to operate a crane</p> <ul style="list-style-type: none"> • Rules • Regulations • Operating Procedures • Policy Procedures • Permits/Notifications • Forms • Filing and Site Documents • Plans, etc. 	<p>Classroom Lecture/Discussion w A/V</p>

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| <p>8. Basic Building Structure</p> <ul style="list-style-type: none"> • Structural framing • Floor framing • Roof framing • Exterior envelope • Roof parapet • Masonry walls columns • Concrete slabs • Walls and columns • Special emphasis on building structures traditionally used to support rigging equipment <ul style="list-style-type: none"> - floors - exterior walls, bearing and non-bearing - parapets - roof dunnage - structural steel beams and columns) | <p>Classroom Lecture/Discussion w A/V</p> |
| <p>9. Inspection of Cranes & Ropes</p> <ul style="list-style-type: none"> • Periodic/annual inspection performed by owner, the Department of Buildings & documentation to be maintained • Frequent inspection, who can perform and documentation to be maintained How to perform a frequent inspection • Components inspected during a frequent inspection and how to identify hazards Steps to take if hazard discovered inspection process, and safety checklists; including • What to inspect, how to inspect, how frequently to inspect, including rigging systems & anchorage, individual components, slings, hoists mortars, etc. • Identification of wear, defects, failure signs in all rigging equipment • Handling, maintenance, repair/replacement of rigging equipment, rope, hardware, etc. rope (wire and fiber) and hardware used in rigging, type, strength, application, manufacturers' specifications and limitations, handling • Connection & termination of wire/fiber rope (fasteners, knots, hitches, hooks, shackles, thimbles, eyes, tackle blocks, etc.) including connection to suspended work platforms, (i.e., scaffold platforms); hoist loads (materials, equipment). | <p>Classroom Lecture/Discussion w A/V</p> |
| <p>10. Maintenance and Repair of Cranes and Ropes</p> <ul style="list-style-type: none"> • Types of maintenance required • Who can maintain cranes • Who can repair a crane • Safeguards to take before beginning maintenance or repairs | <p>Classroom Lecture/Discussion w A/V</p> |
| <p>11. Crane Setup</p> <ul style="list-style-type: none"> • Ground conditions • Deviation from plans not permitted • Founding of crane, outrigger placement and cribbing • Danger to underground infrastructure, excavations, foundations, etc. | <p>Classroom Lecture/Discussion w A/V</p> |
| <p>12. Reading Plans</p> | <p>Classroom Lecture/Discussion w A/V</p> |
| <p>13. Site Precautions</p> <ul style="list-style-type: none"> • Hazards of operating in a dense urban environment • High wind hazards • Operating near power lines • Prohibition against hoisting over pedestrians, traffic and adjoining buildings • Requirements for shutting down and securing the crane • Communication between workers and supervisors while rigging, radios; hand signals; flags; etc. | <p>Classroom Lecture/Discussion w A/V</p> |

<p>14. Reading Load Charts</p> <ul style="list-style-type: none"> • NYC-approved load charts 	<p>Classroom Lecture/Discussion w A/V</p>
<p>15. Lifting & Lowering Loads</p> <ul style="list-style-type: none"> • Weights and materials; Center of gravity; Rigging requirements; Critical Picks • Logs & record keeping, including maintenance records for equipment, pre-task and safety meetings; hoisting and hoist equipment (manual, electric, etc.), pulley, block/tackle, sheaves, drums, slings (all types), chains, electric hoist motors, capacity, rigging of motors, mechanical/electrical safety devices and their operation, critical picks. construction and use • Suspended working platforms, manufacturer's specifications, limitations, max spans, guardrails, planking, debris netting, stirrups, maneuvering, drifting, securing of platform during & end of shift; suspension methods, slings, c-hooks, outrigger beams, clamps, counterweights, shoring scaffolds (outrigger supports), masonry and concrete anchors (expansion, adhesive, screw) • Pull testing of anchorage devices. Off-the-shelf hardware, as well as site-built hardware systems must be included. 	
<p>16. Operational Aids and Safety Devices</p> <ul style="list-style-type: none"> • Types of aids, safety devices, functions, how to use, steps to take if operational aid/safety device not working. Acceptable means to substitute for a malfunctioning aid/safety device Personal fall-arrest systems, use, storage, maintenance, installation & anchorage. 	<p>Classroom Lecture/Discussion w A/V</p>
<p>17. PPE</p> <ul style="list-style-type: none"> • Personal fall arrest systems use, storage, maintenance, installation, and anchorage. • Other types of personal protection (hard hats, respirators, gloves, shoes, eye protection, clothing) 	<p>Classroom Lecture/Discussion w A/V</p>
<p>18. Crane & Derrick Safety Protocols & Emergency Procedures</p> <ul style="list-style-type: none"> • Electrical safety during rigging installation and use, including work performed from suspended working decks (welding, use of electrical equipment, etc.). • Overhead protection/safety exclusion zones during rigging, hoisting & use of scaffolding: • Sidewalk sheds; barriers; flag persons; hazard signage. 	<p>Classroom Lecture/Discussion w A/V</p>
<p>19. Crane Assembly, Jumping & Disassembly</p>	<p>Classroom Lecture/Discussion w A/V</p>
<p>20. Rigging Requirements</p> <ul style="list-style-type: none"> • The definition of Rigging such as the traditional uses for rigging in the construction & industrial environment, including industrial rope access (IRA). • The mathematics of Rigging, measurement, symbols, geometry, calculations, leverage, friction, fulcrum, center of gravity, uniform and concentrated loading. • The wind effects on netting & other components. • Calculation of weight, loads, sling loads, drifting loads, balance and tipping points of objects, center of gravity, non-symmetrical center of gravity and buoyancy (lifting in water). 	<p>Classroom Lecture/Discussion w A/V</p>
<p>21. General Construction Site Hazards</p>	<p>Classroom Lecture/Discussion w A/V</p>
<p>22. Handouts</p> <ul style="list-style-type: none"> • NYC Buildings Unsafe Condition (311) Notification Procedure • NYC/DOI Buildings Integrity Training Contact Information Sheet 	<p>Provide Copy to Trainee & Discuss</p>
<p>23. Review all Training Topics</p>	<p>Discussion with Q&A</p>
<p>24. Written Assessment (<i>multiple choice</i>)</p>	<p>Classroom</p>