

*(Draft Minutes Pending Approval)*  
**Aging Committee**  
**Bronx Community Board 8**  
March 14, 2022

**Meeting Conducted Via Zoom Video / Audio Conference**

**Committee Members Present:**

Dan Padernacht, Chair  
Sylvia Alexander  
Margaret Della  
Lisa Daub  
Margaret Donato

**Committee Members Absent:**

Rita Pochter Lowe  
Karen Pesce

**Guests:**

Julie Dalton (RSS), Sharon Asherman (Riverdale Y) Miryam Rabner MJHS

Committee Chair Dan Padernacht called the meeting to order at 4:00pm.

**1. Announcement of Committee Members and Guests:**

Chair Padernacht took a roll-call of Committee members and introduced guests.

**2. Racial Equity Issues as they Pertain to Older Adults**

The Committee discussed racial equity issues as they pertain to older adults within Bronx Community Board 8.

- i. It was raised that we still have food insecurity issues for older adults. Healthy food should be purchased by City. We need a sustainable network for future food delivery. We need more information on individuals who are not getting involved with DFTA network for emergency food. We need to develop processes and activities to get older folks where they gather.
- ii. Housing subsidies. We need to make sure funding is in place to keep older adults in their homes.

- iii. Medical services for older adults.
- iv. Transportation for older adult and cost of transportation.
- v. Cost of living adjustments for increased wages for human service workers and bilingual workers.
- vi. Folks with long term covid. What are the statistics? Are people aware of this issue? Family members can be paid as home health aids for family members who are Medicaid eligible.

### 3. Updates from senior service providers in Community Board 8

Update: Julie Dalton: Back to congregate lunch this week. At 25% capacity. Social model adult day back to in person April 4<sup>th</sup>. Caregivers anxious to get loved ones back to program. Transportation halted because catalytic converters stolen. Geriatric mental health program is going strong - deliverable completed through year. Plant based eating kickstart program through metro NY is going well. New section on website: RSS wellness corner. Eating and exercise resources and nutrition info. Looking for a bilingual community nurse two days a week and a kitchen worker.

Update: Miryam Rabner: Offering education to community and health care about advanced directives offered in multiple languages. Miryam also told the committee about Silver Bills, an organization with DFTA that helps pay bills.

Update: Sharon Asherman: Riverdale Y is open for lunch. Delivering to 40 homebound individuals. Grab and go lunches happening still. Onsite programming still occurring. Received a grant to do a Broadway musical. Show will be on back deck of Riverdale Y. Cast to be selected and performances will be in June. NORC is coming along and staffing is coming along. Biggest issue is transportation as they need drivers.

### 4. Approval of Minutes

The committee approved the minutes for February 14, 2022.

In favor: Sylvia Alexander, Margaret Della, Lisa Daub, Margaret Donato

Opposed:

Abstain: