

## Metropolitan Hospital Center Learn With Us

## **Diabetes Lecture**

Jonna Mercado, MD, will provide an overview on Diabetes Mellitus, its diagnosis, symptoms, management and common complications.

Learn about blood glucose, HbA1c levels and how to live a healthy life with Diabetes.

Dr. Mercado will share information on nutrition, exercise, lifestyle factors and the importance of early detection.

Dr. Mercado is an Attending Physician at Metropolitan Hospital Center and Assistant Professor of Medicine at New York Medical College.





Thursday, April 25, 2013 12 noon — 1 PM

Metropolitan Hospital Center Conference Room 1B35

Light lunch will be served.

Free event. All are welcome.

Metropolitan Hospital Center hosts monthly informational sessions on important health topics impacting our community. Participants have the opportunity to meet doctors and clinical experts from various areas.