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**METROPOLITAN HOSPITAL CENTER HOSTS “THE POWER OF AGING WELL”  
ANNUAL HEALTH FESTIVAL FOR SENIORS**

New York, NY — (June 23, 2011) Metropolitan Hospital Center hosted its annual “The Power of Aging Well” senior health festival on Thursday, June 23, 2011 in Thomas Jefferson Park. Over 600 senior citizens participated in the annual health fair, which included entertainment, art exhibits, exercise programs and health screenings.

Nurses, hospital staff, and representatives from over 50 local and community based organizations provided free screenings for blood pressure, glucose, stroke, glaucoma, HIV, body mass index (BMI), along with health education and information on services available for seniors.

Performers from local senior centers entertained festival attendees, performing modern jazz, ethnic, and folk dancing, and aerobics for seniors.

The annual event was produced in collaboration with New York City Council Speak Christine C. Quinn, New York City Council Member Melissa Mark-Viverito and the NYC Department for the Aging.

The senior health festival was sponsored by Metropolitan Hospital Center, the New York City Health and Hospitals Corporation, the New York City Department for the Aging, the New York City Department of Parks and Recreation, and MetroPlus Medicare.

Metropolitan Hospital Center (MHC) is the community hospital of choice for residents of East Harlem, northern Manhattan and neighboring communities. Metropolitan provides culturally-sensitive care in a welcoming and hospitable setting, emphasizing primary care medicine and utilizing the latest advances in medical science. Metropolitan Hospital Center is part of the New York City Health and Hospitals Corporation (HHC), the largest municipal hospital and health care system in the country.

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