

# CHECK LIST

Harlem Hospital Center-Generations+/Northern Manhattan Network  
November 13, 2009-----



Harlem Hospital Medical Personnel at NYC Marathon

**HARLEM HOSPITAL CENTER AND THE NEW YORK CITY MARATHON**  
On Marathon Sunday as thousands ran the 26-mile course of the NYC Marathon, the cheering crowd at the Mile 21 Marker was joined by the Harlem Hospital Center Medical Team, led by our very own Associate Chief of the Emergency Department, **Craig Braithwaite**, Certified Physician Assistant. The team included physicians, staff and students and cared for more than 400 runners who suffered from cramps, cuts and dehydration.

Thank you to the Harlem Medical Team for your excellent care and support for the runners of the NYC Marathon.

## EMPLOYEE OF THE MONTH NOVEMBER 2009



Mr. **Eugene Timms**, Service Aide, is recognized as Employee of the Month for his dedication to the In-patient Pediatric Service and to Harlem Hospital Center. Mr. Timms' work demonstrates his concern and compassion for patients, and a high level of professionalism, integrity, attention to detail, and pride. Mr. Timms is not a man prone to engaging in long conversation while working, and yet his work speaks volumes. Patients, parents, family members and staff alike enjoy the cleanliness of our hallways as well as the glistening shine left on the floors. Long after the end of Mr. Timms' shift, the floors give testimony that someone cares. We acknowledge Mr. Eugene Timms for his outstanding work.



Harlem and Renaissance Walkers



Harlem and Renaissance Walkers and families



Harlem and RHCN walkers



Rock star Brett Michael with Dr. John M. Palmer Cutting the Ribbon at the Diabetes Walk

## STEP OUT:

### WALK TO FIGHT DIABETES

Step Out: Walk to Fight Diabetes, took place on Sunday, October 25. Dr. John M. Palmer and 48 members of the Harlem Hospital Center and Renaissance Health Care Network Walk Team joined other teams, organizations and rock star Brett Michaels from the band Poison, in a unified effort to bring awareness to and help find a cure for Diabetes.

The 4.8 mile route began at the South Street Seaport Viaduct, traveled across the historic Brooklyn Bridge and back to the Seaport. The beautiful weather allowed participants to enjoy the morning walk, the Manhattan southern landscape and live entertainment under the bright rays of sunshine.

Fundraising efforts continue. If you would like to donate, contact Ms. Sherri Holman, Associate Director of Public Affairs at (212) 939-1372 or [sherri.holman@nychhc.org](mailto:sherri.holman@nychhc.org).

### SEASONAL SAVINGS FOR EVERYONE

Family time and family fun is "the reason for the season". On [TicketsAtWork.com](http://TicketsAtWork.com), find great discounts on shows the whole family will enjoy. Tickets can be ordered online or by calling 1-800-331-6483. Your company code is **HHCNYC**.



Ms. Joyce Manuel and staff from the Department of Infection Control

## INFECTION CONTROL WEEK

During October 18 through 24<sup>th</sup>, the Infection Prevention Department provided informative tips during Infection Prevention Week in an effort to educate employees, patients and visitors on ways to prevent the spread of germs, the flu and "bugs". The department followed the theme, *"The Power of One: Health is in Your Hands"* by demonstrating to staff the proper technique for hand washing with soap or alcohol-based soap. Over 141 individuals visited the many displays and exhibits.

Here are tips on **Cough Etiquette**:

- Cover your nose and mouth with a tissue or in the fold of your arm when you cough or sneeze.
- Throw tissue away after you use it.
- Wash hands often with soap and water, especially after you cough or sneeze.
- Stay away from people who are sick, when possible.
- Try not to touch your eyes, nose, or mouth. Germs often spread this way.

For more information, please contact Ms. Joyce Manuel, Director of Infection Control at (212) 939-2991.



Mr. Shahnawaz Khan and staff



Mr. Shahnawaz Khan conducting a demonstration

## PHARMACY WEEK

During October 18 through the 25<sup>th</sup>, Harlem Hospital Center celebrated our pharmacists and technicians during Pharmacy Week - recognizing them for the invaluable contributions to patient care and for providing safe and effective medications.

Pharmacy Week gave our registered pharmacists the opportunity to reach out to patients on issues regarding their medications including adverse drug reactions, and drug interactions. Educational material was distributed in the Martin Luther King Jr. Pavilion and Ronald H. Brown Pavilion Lobbies.



## **PASTORAL CARE WEEK**

On October 25 through the 30<sup>th</sup>, we celebrated "*Supportive Presence*". Pastoral Care Week provided patients, staff and visitors an opportunity to meet members of the Pastoral Care Department and to learn about the services available. Spiritual pamphlets, cds and books were provided in the Martin Luther King Jr. Pavilion Lobby.

## **HARLEM HOSPITAL CENTER AHEC COLLABORATION**

Harlem Hospital Center has collaborated with the Manhattan-Staten Island Area Health Education Center (AHEC) for the past three years, offering students medical internships at the hospital. The placements included assignments to Rehabilitation Medicine, OB/GYN, Dentistry, Medicine, Neurology, Emergency Department, Psychiatry, Nursing, Pediatrics, Social Work and Health Administration. Each year the hospital accepts 5 to 10 students and this year for the first time, students were assigned to our Diagnostic and Treatment Center Clinics.

Students met once a week and were required to complete health projects that consisted of a research paper,

Power Point and poster board presentation. The majority of the AHEC projects that were selected to be presented during the closing ceremony were from students interning right here at Harlem Hospital Center. The departments and staff who served as mentors to these students were presented with AHEC's first "Most Desirable Placement Site" Certificate of Recognition in 2009. This year the Supporter of the Year Award was presented to Dr. John M. Palmer, Executive Director of Harlem Hospital Center.

## **NATIONAL DAY OF SERVICE**

Every year volunteers from across the city commit to community service, making a great difference in our communities. This year Harlem Hospital Center is fortunate to have a wonderful and energetic group of young people from City Year Corps donate their creativity to the Pediatric and Rehabilitation Services Units. The volunteers will serve for one year within the Harlem community and have selected Harlem Hospital Center as their site to volunteer. The group was referred by the organization, Helping is Easy, Corp.

## **SOCIAL SERVICES**

Mr. **Mark White**, LCSW-R, Social Work Supervisor, Child Protection Coordinator was recipient of the Third Annual Emerging Social Work Leader Award of the National Association of Social Workers, New York City Chapter. Mr. White received this award for his dedication to the profession and to the improvement of

social and human conditions in the New York City area. Mr. White's leadership and commitment to the social work profession set him apart from over fifty nominations. We applaud him for his many contributions to Social Services and all of his achievements.

### **HISPANIC HERITAGE MONTH CONTEST WINNERS**

Special thanks to the Employee Recognition Committee for organizing another fabulous, successful Hispanic Heritage program. Employees gained knowledge of the Hispanic Culture through games and puzzles; winners included Mr. **Tommy O'Kelly** from the Carpentry Shop (Word Finder), Mr. **Carlos Sanchez** from Quality Management (Crossword Puzzle), and Mr. **Hector Benitez** from the Department of Radiology (Who Am I). Congratulations to all the winners and participants.

### **OPEN ENROLLMENT AT HARLEM**

The Annual Open Enrollment Health Fair will be held on Thursday, November 19, 2009 from 10:00 AM to 5:00 PM at Harlem Hospital on the 2nd Floor, in front of the Art Gallery. All employees are invited to visit and compare the available plans.

### **FOOD DRIVE/ FOOD BANK NYC**

From Monday, November 9th through Tuesday, November 24th, Harlem Hospital Center is working with Food Bank For New York City to collect canned goods for hungry New Yorkers. Please join the rest of our staff by bringing in nonperishable food donations and putting them in the

white bins located in the MLKP Lobby. The top ten most needed items include canned beans, milk, fruit, vegetable, juice, meat, fish, soup, stew and peanut butter.

Over 3 million New Yorkers are at risk of hunger. The Food Bank distributes food to more than 1,000 emergency community and community food programs and helps to provide more than 250,000 free meals. To learn more about the Food Bank visit [www.foodbanknyc.org](http://www.foodbanknyc.org).

Help the Food Bank end hunger in New York City by donating your canned goods! Last year we raised almost 500 lbs. of food. Let's make this year's drive count even more.

### **INFORMATION TECHNOLOGY**

Last week we recognized all those who work in Information Technology, Telecommunications, Health Information Management and Medical Libraries. Through this work, patient care and safety is improved. It increases our ability to collect and manage health records, and to deliver timely, accurate data to care providers.

Today, 90% of our Network workforce uses electronic medical records while just 12% of the Nation's hospitals have a computerized physician order entry system. Electronic medical records promote efficiency in our screening and disease prevention efforts and decreases the time between testing, receipt of results, and follow up. Our facilities have state-of-the-art technology that is monitored daily by

high caliber individuals, and our telecommunication systems allow us to communicate effectively with patients and staff.

We applaud all of our health information and technology professionals for their contributions in equipping our staff with the tools needed to deliver quality care.

*Excerpted Message  
From Mr. Jose R. Sanchez*