# CHECK LIST

Harlem Hospital Center-Generations+/Northern Manhattan Network September 4, 2009-----



Voza Rivers, Greater Harlem Chambers of Commerce, Mayor Michael Bloomberg

#### HARLEM DAY 2009

On Sunday, August 16, Harlem Hospital Center participated in the New York Health Village "Our Village within the Village" at Harlem Day. It was a fun filled day with entertainment, exhibitors and health screenings. Representatives from the Harlem and Renaissance Community Advisory Boards and Auxiliaries, as well as, the Friends of Harlem Hospital Center attended and provided healthcare literature to the public and other Harlem Day attendees. *More photos page 4* 



Senator Bill Perkins, Ms. Mary Pegues, Council Member Robert Jackson, Dr. John M. Palmer

NYC FAMILY HEALTH WALK-A-THON & THE FIRST ANNUAL PERCY SUTTON HARLEM 5K RUN On Saturday, August 22, Harlem Hospital Center and RHCN Walk & Run Teams participated in the New York City Family Health Walk-A-Thon and the First Annual Percy Sutton Harlem 5K Run that started at St. Nicholas Park at 135<sup>th</sup> Street. The 2 mile walk was to promote a healthier lifestyle for the Harlem community.



Dr. John M. Palmer

### MAKING STRIDES AGAINST BREAST CANCER 2009 WALK

Join the Harlem Hospital Center and the Renaissance Health Care Network Walk Teams in the 3.1 mile American Cancer Society Making Strides Against Breast Cancer 2009 Walk on Sunday, October 18, 2009 at Central Park -72nd Street Bandshell. Registration and Rolling Start from 9:00-11:00AM.

Walking together we bring awareness and education about ways to reduce risk, and we empower communities to join the fight against breast cancer. Monies raised through Making Strides are used to find cures, help people get and stay well, and encourage fight back. Together, we can save lives.

To join the team or make a donation contact Ms. Stacey Bennett at <u>stacey.bennett@nychhc.org</u> or (212) 939-8035.

# 2009 STEP OUT: WALK TO FIGHT DIABETES

Gather your friends, family and colleagues and walk 4.8 miles with the Harlem Hospital Center/Renaissance Health Care Network Walk Team in the American Diabetes Association Step Out: Walk to Fight Diabetes on Sunday, October 25, 2009 at the South Street Seaport. Registration begins at 8:30 AM and the Walk starts at 10:00 AM.

Every step we take and every dollar we raise helps the American Diabetes Association provide educational programs in our communities, protect the rights of people with diabetes and fund critical research for a cure. By participating in Step Out: Walk to Fight Diabetes, you can get fit, reduce your risk for type 2 diabetes and support the American Diabetes Association.

To join the team or make a donation, contact Ms. June Bobcombe by Email at <u>june.bobcombe@nychhc.org</u> or call (212) 939-8519.

# MANDATORY: ALL EMPLOYEES FOR FLU VACCINATION

HHC is one of four main agencies involved in preparing New Yorkers for the flu season by giving them information and helping them to access vaccinations and medical treatment. The Flu season is just around the corner and immunization protects patients, staff and visitors from transmitting the virus. With the varieties expected this year, it is most important (and mandatory) for health care workers to be prepared. For facts about influenza, please call 311 or visit <u>www.nyc.gov/flu</u>.

## BLOOD DRIVE

The next Blood Drive is scheduled to take place on Wednesday, September 23, 2009.

#### NATIONAL HOLIDAY

As a reminder, Monday, September 7 is Labor Day! Have a safe Holiday.

#### NEW CHAIR FOR THE FRIENDS OF HARLEM



Mr. Corwin J. Breeden, Chair & President of The Board of Directors, Friends of Harlem Hospital Center

The Friends of Harlem Hospital Center (FOHH) have elected Mr. Corwin J. Breeden as the Chair and President of the Board of Directors. Mr. Breeden is a resident of Harlem and has been involved in politics and community activities for over 19 years. He is the Chairman of Teams for Housing Development Fund Inc., the President of Strivers Row 139<sup>th</sup> Street Association, Co-owner of Wings and WaffleS, CEO of Net Black Biz, member of Monroe College Advisory Board, and a board member of the Pelham Fritz Basketball League.

Under the leadership of Dr. R. Linsy Farris, who served as the Interim Chair and President of the Friends of Harlem Hospital Center in 2008 – 2009, the FOHH donated **\$224,146** to various hospital departments and programs. In 2006, they donated \$100,000 to the Harlem Hospital Center's Capital Campaign Modernization Project. The Friends of Harlem Hospital Center are committed to assist hospital initiatives that are

#### not funded by the New York City Health and Hospitals Corporation.



Members of Friends of Harlem Hospital Center Left to right: Mr. Len Burnett, Jr., Co-CEO of VIBE and UPTOWN Magazines, Mr. Brett Wright, Co-CEO of VIBE and UPTOWN Magazines, John M. Palmer, Ph.D., and Mr. Corwin Breeden, Chair and President.

## BENEFIT HARLEM HOSPITAL CENTER

#### Wild Women



Maxine Brown, Beverly Crosby and Ella "Peaches" Garrett

Sunday, October 18, 2009 at 3:00 p.m. Herbert G. Cave Auditorium \$25.00

This concert featuring the Blues, R & B and Gospel music with Maxine Brown, Beverly Crosby, and Ella "Peaches" Garrett has been well received by audiences everywhere.

Need More Information? Contact Ms. Randreta Ward-Evans Extension 1390.

#### PERCY SUTTON HARLEM 5K RUN

Cont'd from page 1



Council Member Robert Jackson



Ms. Jackie Rowe-Adams, Renaissance CAB Member, Voza Rivers, Greater Harlem Chamber of Commerce & Council Member Ms. Inez Dickens.



Ms. Lorraine Edgefield, Dr. Victoria Pinderhughes, Senator Bill Perkins, Ms. Louvnia Greene, Ms. Jeanette French, Ms. Mary Pegues, Council Member Robert Jackson, Ms. Shermean Bellinger, Ms. Barbara Howard and Ms. Ida Brown-Outlaw

#### HARLEM DAY PHOTOS from page 1



Ms. Naomi Griffin and staff



Robert McCullough, Harlem CAB, Rob & Amy Castaneda, Co-Directors, *Beyond the Ball*, Dr. John M. Palmer



Dr. Olajide Williams and Hip Hop Stroke Clinic staff



The Honorable Charles Rangel





Members of Friends of Harlem Hospital Center Annette M. Brown, MD, Board Member R. Linsy Farris, MD, Interim Chair and President, (Vice President as of Aug 18) Carole D. Smith, Treasurer, Chair of Grants Committee