

CHECK LIST

Harlem Hospital Center-Generations+/Northern Manhattan Network
June 8, 2012-----



Ambulatory Care Administrative Support

MAMMOGRAPHY AND WOMEN'S HEALTH CELEBRATIONS

On May 18, 2012, Ambulatory Care laid out the pink carpet offering a day filled with screenings, mammograms, as well as informational tables. There was something for everyone. The purpose was to bring awareness to women's health issues and to ensure that the community receives the best care we can provide.

Special thanks to the Mammography Steering Committee for making this celebration possible for our community.



Ophthalmology signing the Mammography Dedication wall



Community Outreach screening patients

STIRRING THE POT

On Saturday, May 19, 2012, The Endocrine Clinic of Harlem Hospital Center hosted a Chef Challenge Marathon featuring the renowned Chef Karl Wilder. The Chef Challenge was established to raise funds for the Hospital's "Stirring the Pot" Program.



(l-r) Chef Karl Wilder and Dr. Rhonda Trousdale, Chief, Endocrine Clinic



(l-r) Eugenia Graham, Amparo Abel-Bey, MPH, Chef Karl Wilder, Dr. Culpepper-Morgan and David Weaver, Harlem CAB

The event, which took place at the Old PS 139, allowed the community to experience tasty and nutritional meals prepared by Chef Wilder. All food was purchased on a Food Stamp Budget! Chef Wilder wanted to show the community that eating healthy can be accomplished on a low income budget.

The challenge allowed community members to bring their favorite ingredient or spice and see what Chef Wilder could do with it in 30 minutes or less. Needless to say, with his culinary skills, each meal proved to be better than the last.

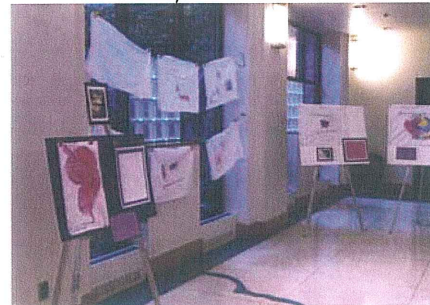
Special thanks to Drs. Culpepper-Morgan and Dr. Trousdale for spearheading the event. We look forward to more initiatives such as this.

PILLOWCASE PROJECT

The Department of Pediatrics' Child Life Program collaborated with the St. Hope Leadership Academy's Art Department to host their Pillowcase Project Showcase on Tuesday, May 29, 2012.



Pillowcases made by the children of Harlem Hospital Center



The event was held at the Schomburg Center for Research in Black Culture. The children of Harlem Hospital Center were asked the question, "If you were a doctor or ran the hospital, what would you do?" They gave their responses in the most creative way possible, on

pillowcases. Those pillowcases were displayed for all to see.

PEDIATRIC CLINIC WAITING AREA



(L-r) Edina Bektesevic, Kacie Wilson and Areta Gjiralia, Project Sunshine Volunteers facilitating Arts and Crafts with pediatric patients

On May 21, 2012, The Child Life Program, in partnership with JP Morgan Chase and Starlight, added new furniture, supplies, art, play and literary activities to the waiting area. As a result, when children come for their visits they're entertained with educational materials to pass the time. Volunteers from Project Sunshine assist the children with activities within the waiting area.



Ms. Emily Johnson, Child Life Program Coordinator helps pediatric patients build healthcare facilities.

Special thanks to Ms. Emily Johnson, Coordinator, Child Life Program for facilitating this project!

ART HEALTH EXPRESS



Students from the Art Health Express and Ms. Carlotta Klien, Coordinating Manager

On Wednesday May 16, 2012, the Art Express Health Program hosted a student art exhibition in the MLK Rehab Day Room 3101. This program is a collaboration of Community Outreach's Pediatric Resource Project, the Department of Patient Safety and P.S. 197. Their mission is to further educate youth about healthy living through artistic expression. The program offered 14 students from the 4th and 5th grades, an opportunity to learn about nutrition, oral hygiene and staying fit. Each topic presented was correlated with an art project. The exhibition came to a close with an award ceremony for the young artists. Carlotta Klien (*pictured above with her students*) from Patient Safety, developed and instructed the program with the assistance of Orville Anderson, Horizon Art Studio, and Valerie Wright, Community Outreach.



NAMI WALK 2012



Left to Right, Nicholas Ramos, son of Sandra Beckford and dog Milo Oreo Beckford, Keith J. Williams, Yolanda Quiles and daughters Jasmine and Jennifer Medina, Team Captain Dr. Louise I. Hodge and son Jacob Hodge-Hasselmann.

Saturday, May 12, 2012 proved to be a perfect day for the 2012 NAMI Walk. Weather was favorable and many walked in unity to support the National Alliance for Mental Illness. Team Harlem/Renaissance, led by Dr. Louise Hodge, raised \$571.00.

The team walked from the South Street Seaport to the Brooklyn Bridge and back. Thanks to everyone who contributed to this very worthy cause.

QUILT DONATION TO VOLUNTEERS SERVICES

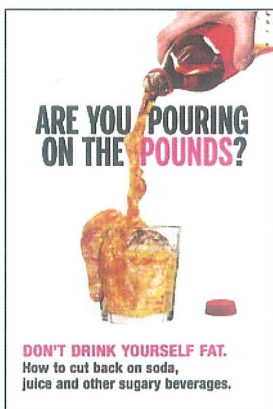


(l-r) Stephanie Harewood, Director, Volunteer Services, Pearlle Hudson and Geraldine Johnson

Two community volunteers, Ms. Pearlle Hudson and Geraldine Johnson donated hand-made baby items and lap blankets to our Volunteer Services Department.

These ladies are very active in the community and have been donating their beautiful creations for over 10 years. The crocheted baby items and lap blankets were distributed to patients in the Pediatrics Inpatient Unit, Newborn Nursery and Rehabilitation Medicine.

Harlem Hospital Center thanks Ms. Hudson and Ms. Johnson for taking the time to hand craft these beautiful pieces. Both are considered jewels and we treasure their generosity.



POURING ON THE POUNDS

Have you noticed the screen saver on your computer? The purpose is to increase awareness of the effects of sugary drinks, as it relates to heart disease and diabetes.

Harlem Hospital Center's Walk it Out program has made substantial efforts to post reminders about the health effects of sugar sweetened beverage consumption. The newly developed Food Initiative by the City's Health Department also supports the promotion of healthy eating, in an effort to prevent chronic diseases such as Type-2 diabetes.

The New York State Department of Health suggests drinking water, seltzer, or low-fat milk, in replace of sugary drinks, or look for drinks with fewer than 25 calories in every 8oz. serving. Coffee and tea are naturally low in calories, even when you add small amounts of milk and sugar. If you crave a sweet drink, choose a small size and make it an occasional treat - or choose a sugar-free variety.

To learn more about Walk It Out! or about cutting back on sugar-sweetened

beverages, please contact Amparo Abel-Bey at (x1894) or Monique Hedmann at (x4239), and visit:

www.nyc.gov/health/drinkingfat



RETIREMENT

After 33 years of service, Jacquelyn Brinney, RN will say good bye to Harlem Hospital Center and Health and Hospitals Corporation on June 30, 2012. Ms. Brinney began her tenure here in Pediatric in-patient unit as a LPN in 1979.

Ms. Brinney remained in Pediatrics until 1989 when she accepted a position within HIV Services in their Pediatric Clinic. Ms. Brinney was instrumental with developing new initiatives and strong relationships with patients and their families.

The Department of HIV Services would like to thank Ms. Brinney for her contributions and for making a difference in the lives of the patients she served. Harlem Hospital Center wishes her the very best in future endeavors.



COMPLIANCE WEEK

Thank you to everyone for participating and making Compliance Week 2012 a great success. Remember you can always reach us at the Compliance HelpLine at 1-866-HELP-HHC (435-7442) or call Gail Rosenblatt at 718-579-4643 or Iva Perlman at 718-579-5940.



BIG APPLE CIRCUS DISCOUNTS

Last Chance! Two more weeks to purchase your discounted tickets to experience the Big Apple Circus! The Circus will be at Cunningham Park in Queens now until June 17. Discounted tickets are available for Harlem Hospital Center Employees.

To receive your discount, simply use code: **COMMUNITY 12**. Tickets may be used during any day of the week. For more information contact (888) 541-3750 or E-mail: www.bigapplecircus.org.

DATES TO REMEMBER

Flag Day - Thursday, 6/14/12
 Father's Day - Sunday, 6/17/12
 Juneteenth - Tuesday, 6/19/12
 First Day of Summer - Wednesday, 6/20/12

UPCOMING WALKS

Percy Sutton 5K Run Family Walk - Saturday, 8/25/12
 Step Out (Diabetes) - Sunday, 9/16/12
 Brides March (Domestic Violence) - Wednesday, 9/26/12
 Happy Feet Dance - Friday, 10/12/12
 Kidney Awareness Walk - Sunday, 10/14/12
 Making Strides (Breast Cancer) - Sunday, 10/21/12
 Alzheimer Memory Walk - Sunday, 10/21/12