



**FOR IMMEDIATE RELEASE**

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contact:

Atiya Butler, Assistant Director, External Affairs

718.334.1259

[atiya.butler@nychhc.org](mailto:atiya.butler@nychhc.org)

**Elmhurst Hospital Center Receives Award From American Heart Association**

*“Get With the Guidelines” Gold Plus Performance Achievement Award demonstrates EHC’s commitment to quality care for stroke patients*

*(Elmhurst, NY- May 28, 2010)*: Elmhurst Hospital Center (EHC) has received the American Heart Association/American Stroke Association’s Get With The Guidelines® Stroke Gold Plus Performance Achievement Award. The award recognizes EHC’s commitment and success in implementing excellent care for stroke patients, according to evidence-based guidelines.

To receive the award, Elmhurst Hospital Center achieved of 85 percent or higher adherence to all Get With The Guidelines-Stroke Performance Achievement indicators for two or more consecutive 12-month intervals and achieved 75 percent or higher compliance with six of 10 Get With The Guidelines-Stroke Quality Measures, which are reporting initiatives to measure quality of care. These measures include aggressive use of medications, such as tPA, antithrombotics, anticoagulation therapy, DVT prophylaxis, cholesterol reducing drugs and smoking cessation, all aimed at reducing death and disability and improving the lives of stroke patients.

“With a stroke, time lost is brain lost, and the Get With The Guidelines–Stroke Gold Plus Performance Achievement Award demonstrates Elmhurst Hospital Center’s commitment to being one of the top hospitals in the country for providing aggressive, proven stroke care,” said Chris Constantino, EHC’s Executive Director. “We will continue with our focus on providing care that has been shown in the scientific literature to quickly and efficiently treat stroke patients with evidence-based protocols.”

“Elmhurst Hospital Center is to be commended for its commitment to implementing standards of care and protocols for treating stroke patients,” said Lee H. Schwamm, M.D., chair of the Get With The Guidelines National Steering Committee and director of the TeleStroke and Acute Stroke Services at Massachusetts General Hospital in Boston. “The full implementation of acute care and secondary prevention recommendations and guidelines is a critical step in saving the lives and improving outcomes of stroke patients.”

Get With The Guidelines–Stroke uses the “teachable moment,” the time soon after a patient has had a stroke, when they are most likely to listen to and follow their healthcare professionals’ guidance. Studies demonstrate that patients who are taught how to manage their risk factors while still in the hospital reduce their risk of a second heart attack or stroke.

Through Get With The Guidelines–Stroke, customized patient education materials are made available at the point of discharge, based on patients’ individual risk profiles. The take-away materials are written in an easy-to-understand format and are available in English and Spanish. In addition, the Get With The Guidelines Patient Management Tool gives healthcare providers access to up-to-date cardiovascular and stroke science at the point of care.

According to the American Heart Association/American Stroke Association, stroke is the third leading cause of death in the United States and a leading cause of serious, long-term disability. On average, someone suffers a stroke every 45 seconds; someone dies of a stroke every three minutes; and 795,000 people suffer a new or recurrent stroke each year.

For more information on Get With The Guidelines, visit [www.americanheart.org/getwiththeguidelines](http://www.americanheart.org/getwiththeguidelines).

## **About Elmhurst Hospital**

Elmhurst Hospital Center (EHC) is the major tertiary care provider in the borough of Queens. The hospital is comprised of 545 beds and is a Level I Trauma Center, an Emergency Heart Care Station and a 911 Receiving Hospital. It is the premiere health care organization for key areas such as Surgery, Cardiology, Women's Health, Pediatrics, Rehabilitation Medicine, Renal and Mental Health Services.

Elmhurst Hospital Center serves an area of approximately one million people. This community is recognized as the most ethnically diverse in the world. Last year, EHC received 693,600 ambulatory care visits as well as receiving 130,042 Emergency Room visits making it one of the busiest ERs in New York City. Over 4,200 babies were delivered at Elmhurst last year alone-the most in this region. Ensuring accessible health care is our priority.