

# NYC Family Bike Tours (1-2 Miles)



**NYC DOT**  
**Guided Ride Details**

**NYC**  
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Every day. Everywhere.

NEW YORK CITY  
**DOT**  
Ydanis Rodriguez  
Commissioner

**my bike,  
my city.**



## About Family Rides

Take an all-ages ride on one or all five of these short routes – one for each borough, each under 2 miles. Make a day of it and visit nearby family-friendly destinations! Suggested age range: 1-4 in a trailer or bike seat; 4+ riding solo with a parent or guardian nearby.

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**Bronx (1.3 miles)** Take the Highbridge, riding Highbridge Park to Highbridge Play Center (in the warm months, cool off at the pool!).

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**Brooklyn (1.3 miles)** Try out a protected on-street path (Parkside Ave) before riding through Prospect Park, past the Carousel (worth a stop, March-Nov!) to the Prospect Park Zoo.

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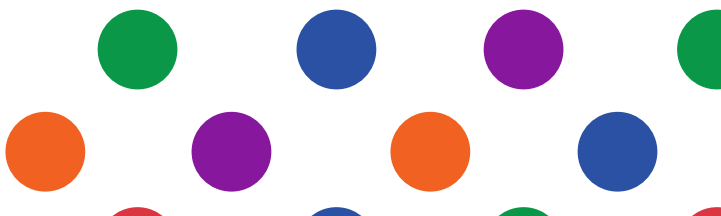
**Manhattan (1.9 miles)** Ride the Hudson River Greenway and Battery Esplanade from Pier 25 Playground to the SeaGlass Carousel (along the way: Rockefeller and Teardrop Parks; Battery Playscape).

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**Queens (1.2 miles)** Explore Flushing Meadows Corona Park and its beloved cultural landmarks, from the New York Hall of Science to the Unisphere (not to mention Playground for All Children and Fantasy Forest Carousel Park).

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**Staten Island (1 mile)** Ride around and through the South Shore's Bloomingdale Park, starting at the playground and wrapping at the basketball courts.







## Resources

### NYC Kids on Bikes: Rules of the Road

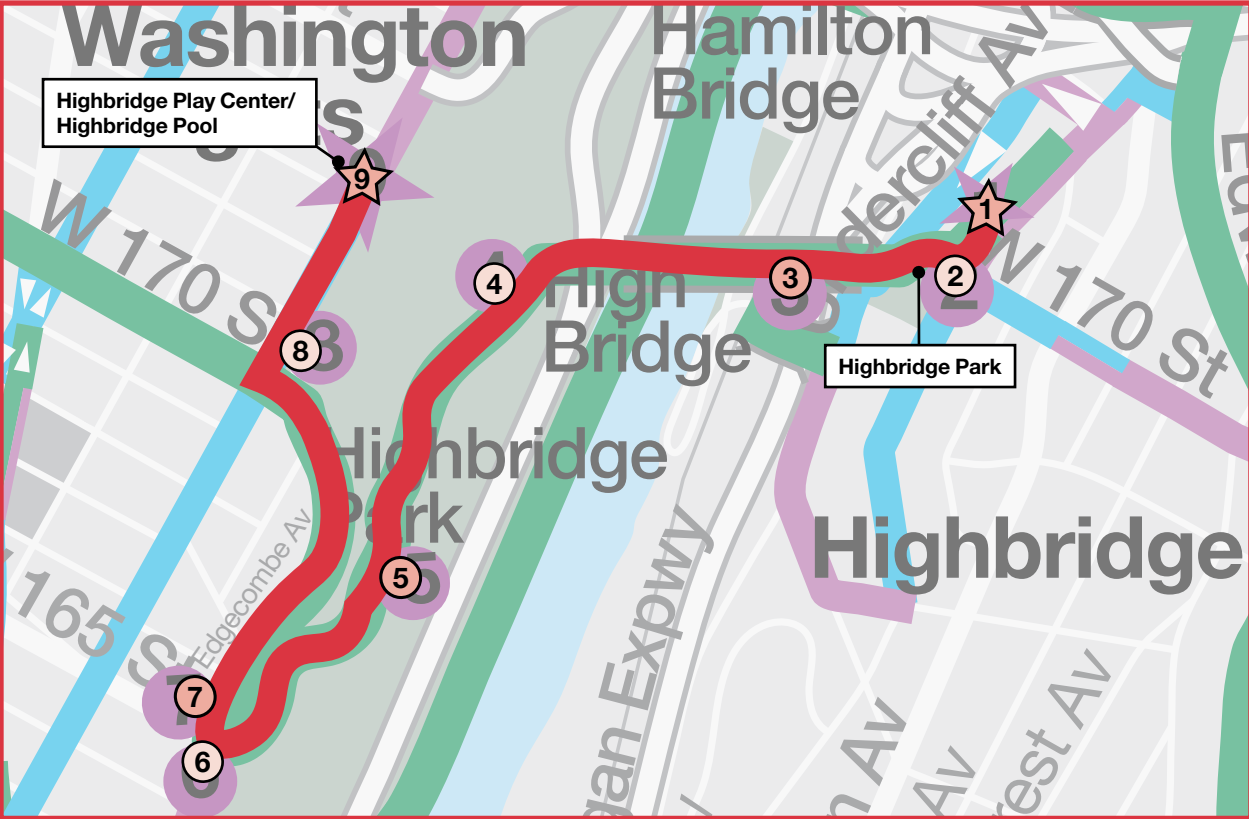
- Children under the age of 1 cannot be carried on a bicycle.
- Children must be carried in a properly affixed child carrier.
- Cyclists 13 or younger must wear an approved helmet.
- Children 12 or younger can ride on the sidewalk, while adults must ride on the street.

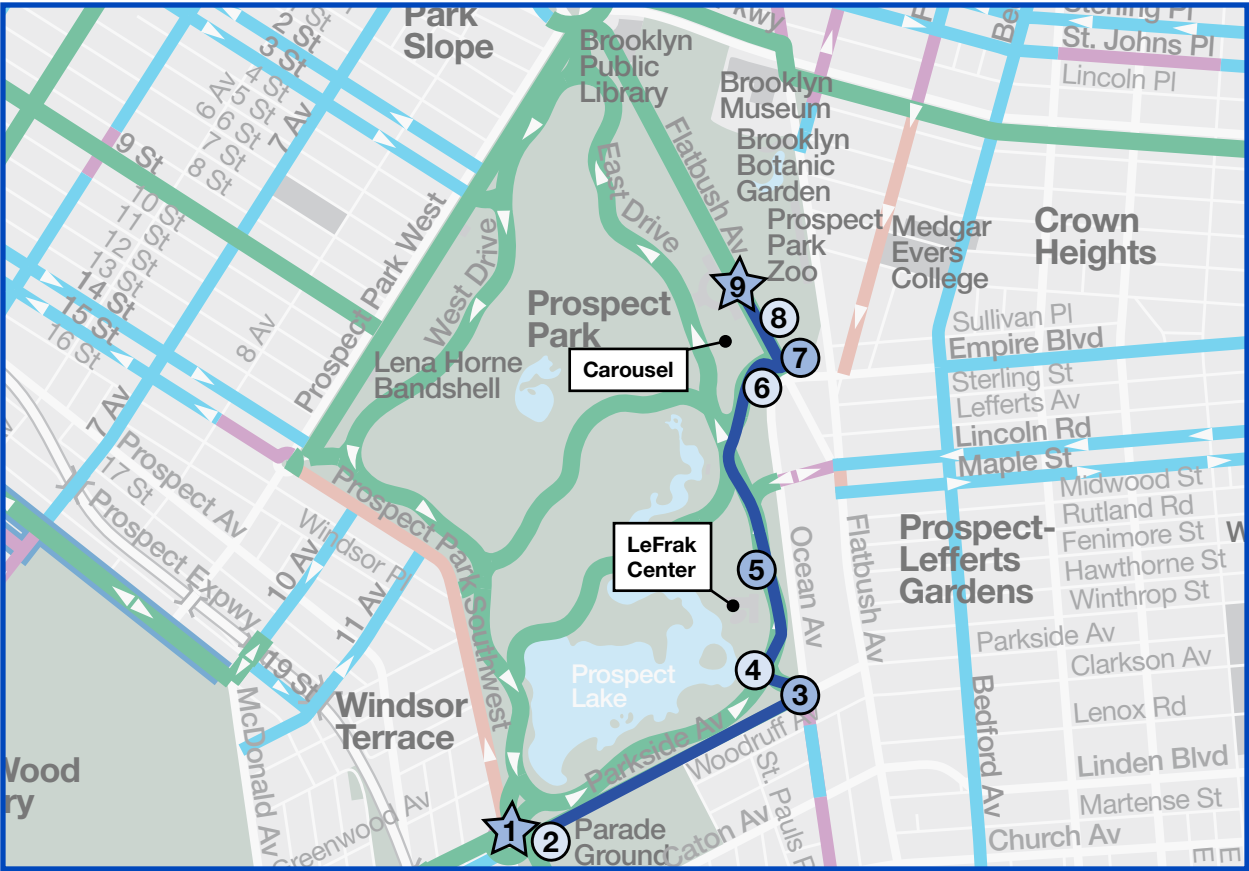
### my bike, my city.

NYC DOT's *My Bike, My City.* campaign promotes cycling for all—particularly women, girls, transgender, gender nonconforming individuals, and families—to embrace the mode as a fun, healthy way to get around. The campaign aims to support riders of all ages and abilities. Whether you're riding with a child in tow or planning your first family bike outing, visit [nyc.gov/mybikemycity](https://nyc.gov/mybikemycity) for tips, family friendly events, and safe cycling routes across the five boroughs.

Bronx Route

STEP	TURN	NOTES	MILEAGE
1	START	Highbridge Park Entrance, University Ave north of W 170 St	0
2	LEFT	Into Highbridge Park, follow path to High Bridge	0.1
3	RIGHT	Continue onto High Bridge	0.3
4	LEFT	Into Highbridge Park (Manhattan side)	0
5	CONTINUE	Follow path south	0.5
6	CONTINUE	Follow path west/uphill to Edgecombe Ave	0.5
7	RIGHT	On Edgecombe Ave at W 165 St	0
8	CONTINUE	Onto Amsterdam Ave at W 170 St; 12 or younger can ride sidewalk	0.3
9	FINISH	Highbridge Play Center/Highbridge Pool	0.1
TOTAL: 1.3 MILES			





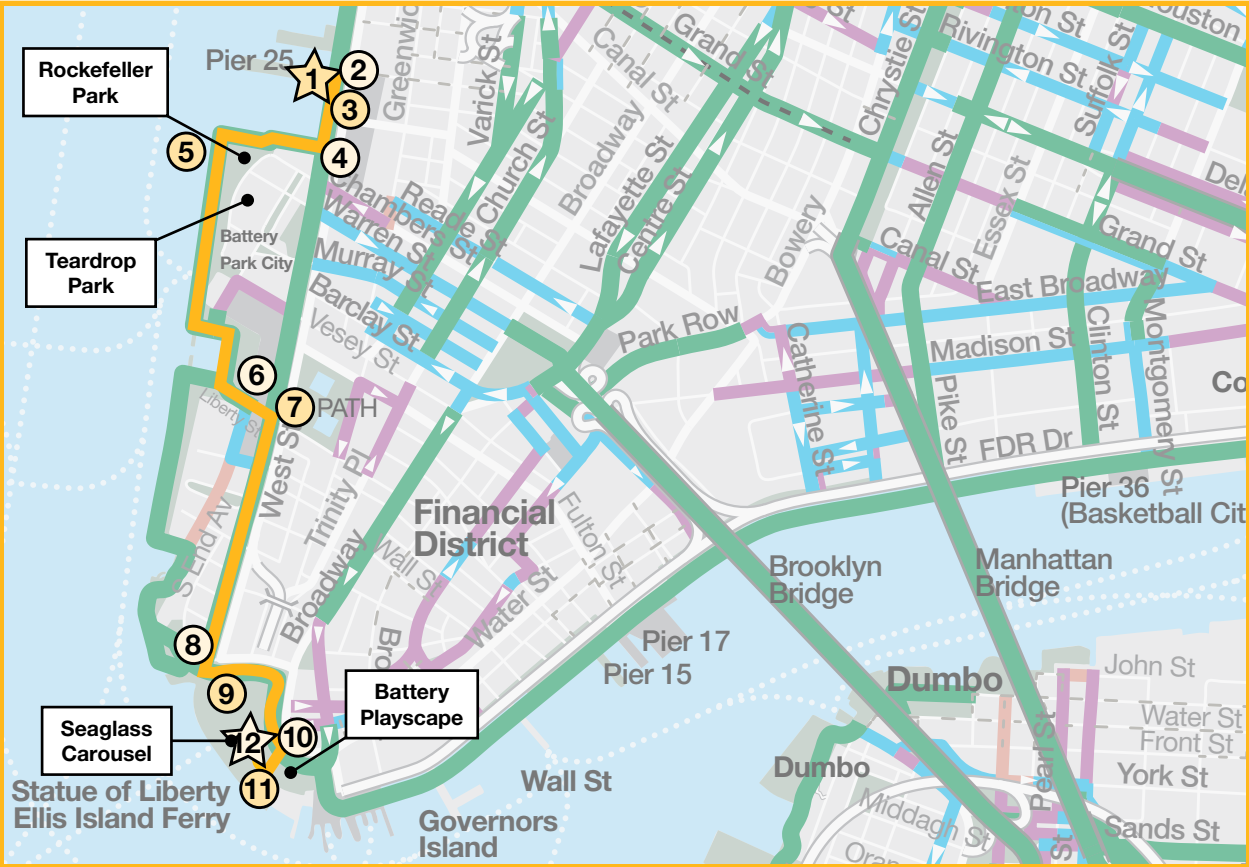
**Brooklyn Route**

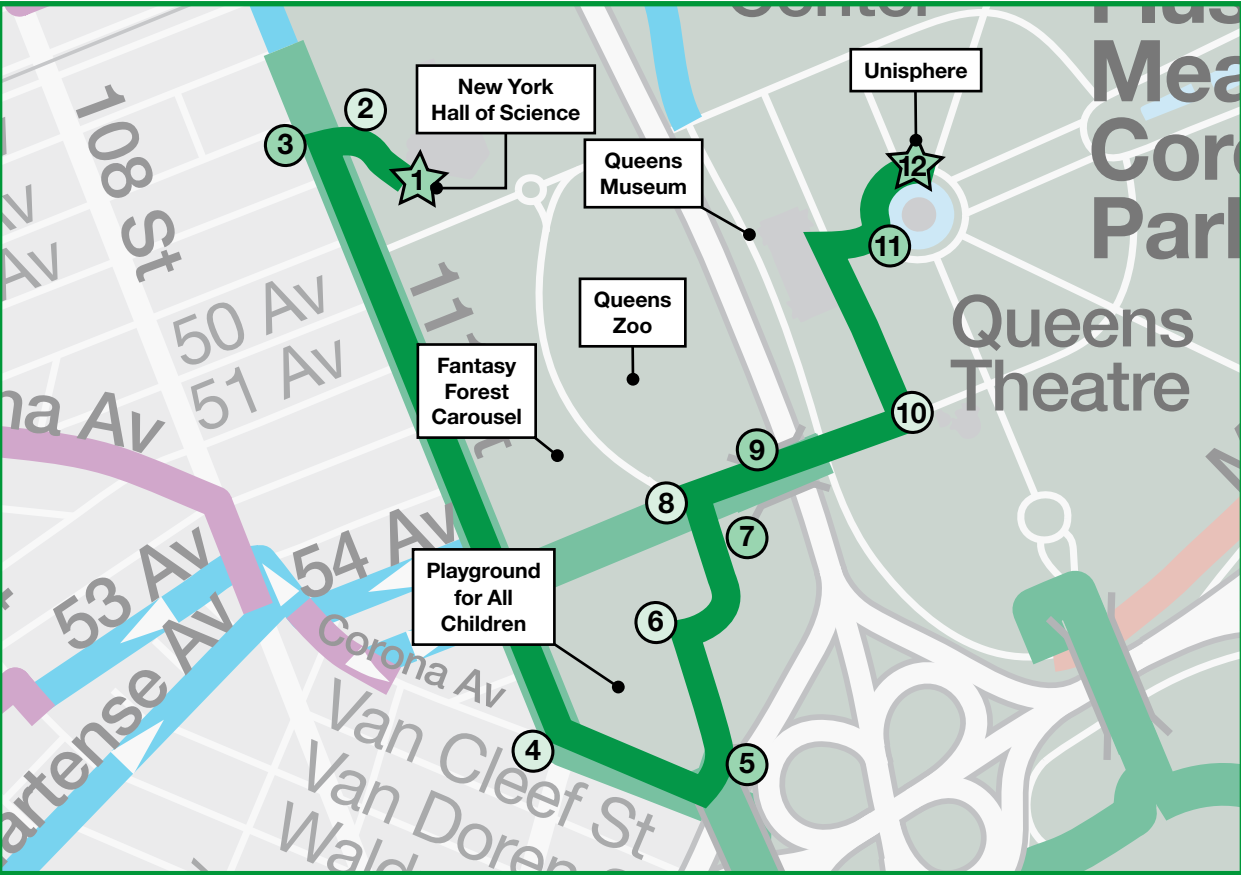
STEP	TURN	NOTES	MILEAGE
1	START	Parkside Ave & East Dr (outside Park)	0
2	RIGHT	Parkside Ave 2-way bike path	0.6
3	LEFT	Into Park - Parkside/Ocean Ave entrance (busy intersection - use caution or walk bike)	0.1
4	RIGHT	East Drive	0
5	CONTINUE	Past LeFrak Center and Harry's Wall (on left)	0.4
6	RIGHT	First turn after traffic light at Lincoln Rd	0.1
7	LEFT	Hard left off paved road (before Park exit)	0
8	CONTINUE	Continue along path (if busy, walk bikes); pass Lefferts Historic House on right	0.1
9	FINISH	Prospect Park Zoo	
			TOTAL: 1.3 MILES



Manhattan Route

STEP	TURN	NOTES	MILEAGE
1	START	Pier 25 Playground	0.0
2	RIGHT	Enter Greenway at N Moore Sr	0.0
3	RIGHT	Hudson River Greenway	0.2
4	RIGHT	Battery Park City Esplanade	0.2
5	CONTINUE	Until Liberty St	0.7
6	LEFT	Liberty St - walk bicycle; under 12 may ride sidewalk	0.1
7	RIGHT	Hudson River Greenway	0.4
8	CONTINUE	Cross Battery PI (toward park)	0.0
9	LEFT	Follow Battery path	0.3
10	RIGHT	Where path ends (walk bike); Battery Playscape will be on your left	0.0
11	RIGHT	To Carousel (walk bike)	0.0
12	FINISH	SeaGlass Carousel	
TOTAL: 1.9 MILES			





Queens Route

STEP	TURN	NOTES	MILEAGE
1	START	NY Hall of Science (facing west)	0.0
2	RIGHT	Ave of Science	0.1
3	LEFT	111 Street	0.5
4	CONTINUE	Corona Ave, where path curves	0.1
5	LEFT	Park entrance at end of block	0.1
6	RIGHT	Carousel Loop, passing restroom on the right	0.1
7	RIGHT	Around bottom of fountain/roundabout	0.0
8	RIGHT	First turn off of fountain	0.1
9	CONTINUE	Zoo Bridge (parkway overpass)	0.1
10	LEFT	Avenue of the States (away from Observation Towers)	0.1
11	RIGHT	At Unisphere	0.0
12	FINISH	At Unisphere	0.0
			Total: 1.2 miles

Staten Island Route

STEP	TURN	NOTES	MILEAGE
1	START	Bloomingdale Park Playground (facing south)	0.0
2	LEFT	Path toward Lenevar Ave	0.0
3	RIGHT	Past Public Restrooms	0.0
4	RIGHT	Lenevar Av (on sidewalk path)	0.3
5	RIGHT	Into Park at Drumgoole Rd W	0.0
6	CONTINUE	Along Park path, heading west	0.2
7	RIGHT	At fork, heading north	0.2
8	CONTINUE	North, passing baseball fields and soccer fields on right	0.1
9	LEFT	At soccer fields, toward Maguire Ave	0.0
10	RIGHT	Maguire Ave (on sidewalk path)	0.1
11	RIGHT	Ramona Ave (on sidewalk path)	0.1
12	RIGHT	Into Park at midblock entrance (Minturn Ave)	0.0
13	RIGHT	At fork	0.0
14	FINISH	At Basketball Courts	--
TOTAL: 1.0 MILES			

