## Last Chance to Register for Tomorrow's Big Apple TAP with the New York Mets! Indoors (Rain or Shine)



It's finally here! We're so excited to see you all at Citi Field! Tomorrow's going to be a phenomenal day with amazing panelists, presenters, and staff looking to provide you with the latest and greatest information, tips \& tricks, and resources to make your life in New York City the best!

If you haven't registered yet, be sure to do so by clicking the button below!

New York Mets Military Transition Summit
囲 Saturday | June 24, 2023
\& CitiField | 41 Seaver Way, Queens, NY 11368
(0) 9:30 AM - 2:30 PM

Theme: "Tools \& Resources for Hacking Your Transition"
The session will feature breakout rooms and discussion panels on the following topics:

- Navigating NYC
- NYC Community and Resources
- Financial Security
- Career and Education Networking
- Entrepreneurship
- Resources for Women Veterans
- Job Preparation
- Housing
- Health and Emotional Wellness

Lunch \& refreshments will be provided, along with a chance to meet Mr. \& Mrs. Met, a tour of Citi field, giveaways, and more.

Space is limited! RSVP to secure your spot! Admission will be granted on a first-come, first-served basis!

## About the NYC DVS Big Apple TAP Initiative

The New York City Department of Veterans' Services now offers a Transition Assistance Program for recently separated service members and any Veteran interested in calling the Big Apple their home. This information session will serve as an introduction to our agency and highlight how we can serve as a resource for you and your loved ones during your transition and beyond. The information you receive during this session will help you take advantage of the benefits you earned while in uniform as well as get you acclimated to life in New York City.

This is not your "run-of-the-mill" Transition Assistance Program-this is Big Apple TAP—designed for the select few who are interested in settling down in New York City. At your last duty station, you were told about a suite of programs and services at the federal and state level as a part of your out-processing, but what about at the city level? Lucky for you, New York City has an agency dedicated to providing you and your family with information about the many programs and services unique to the Big Apple. Whether you plan to stay for a few years or a lifetime, we can help ease your landing!

To learn more about NYC DVS's Transition Assistance Program and to stay up-todate with future sessions, CLICK HERE.

Register for the New York Mets Military Transition Summit

## New VetConnectPRO Feature: Turn Your Resume into a QR Code!



# Now your resume and full profile are accessible anyhwere, anytime! <br> <br> BENEFITS 

 <br> <br> BENEFITS}

- Have hiring managers scan and download your resume at job fairs.
- QR Code shares full profile, which includes your veteran needs that you can share with service providers.
- Changes you make to your profile will automatically update your resume for HR reps who previously downloaded your profile.


VetConnect PRO

Check Out VetConnectPRO Now!

## AmeriCorps/NYC VISTA Program



## What is AmeriCorps?

AmeriCorps is the federal agency for national service and volunteerism. AmeriCorps provides opportunities for Americans of all backgrounds to serve their country, address the nation's most pressing challenges, and improve lives and communities.

## What is AmeriCorps Vista?

VISTA members serve at New York City government agencies (known as host sites) fulltime from July 31, 2023 to August 2, 2024 to address critical city issues related to poverty by engaging in capacity-building work. Capacity building refers to tasks and activities that create, expand or strengthen the systems and processes that help an organization carry out its anti-poverty work. These tasks and activities include the transfer of knowledge/skills, products, and relationships.

For more info about AmeriCorps VISTA, visit here!

## DVS VISTA Job Opening:

The NYC Veterans Support VISTA Member will manage the DVS/NYC Cares Mission:
VetCheck program. The program connects Veterans to fellow New Yorkers through supportive check in calls. The VISTA Member will manage a robust volunteer effort where trained volunteers provide information on essential public services and other resources to Veterans.

For more info on DVS's job, visit our posting here!

Who is eligible?

- Must be a U.S. Citizen, U.S. National, or Lawful Permanent Resident of the United States
- Have successfully obtained a High School diploma or its equivalent prior to the start of the program
- Agree to and pass a criminal background check
- Ability to serve full time for the program term (generally M-F 9AM - 5PM)

How to apply:
To apply, create an AmeriCorps account and select apply now on our job listing.
To learn more about NYC Service, visit their website here.
To learn more about benefits of working for AmeriCorps visit their website here.

## 2023 Step Up for PTSD Awareness Virtual Walk



June is PTSD Awareness Month! Join the National Center for PTSD as they virtually step up to raise awareness for PTSD.

Complete 27 minutes of exercise at any time during the month of June in recognition of PTSD Awareness Day on June 27th.

Click the button below to register and then show your support with these easy steps:

1. You will receive an email with a printable Step Up for PTSD Awareness Virtual Walk bib
2. Pin on your bib and get moving
3. Take a photo of yourself doing a physical activity, such as walking, running, biking, rolling or swimming
4. Post your photo on social media and tag the National Center for PTSD (Facebook: @VAPTSD) (Twitter: @VA_PTSD_Info)

For more information on PTSD, visit the NCPTSD website.


## VETERAN NEWS

## Long Island Veterans gather for a day of self-care and relaxation



## By Desiree D'lorio

Published: Jun. 13, 2023
FAIRFIELD, CT. (WSHU) -
Hundreds of military service members, veterans and their families gathered in Center Moriches over the weekend for a day of self-care, relaxation and peer-topeer support.

The annual event brings military families together for food, a comedy show and holistic therapies like kayaking and massages.

Marcelle Leis of the Suffolk County Veterans Service Agency said the event's activities let service members connect with each other through equine therapy, music and art.
"These are all things that really help support veterans before they fall," Leis said.
"That's what we want to do - we want to catch them before they fall and that's why we come out and we let them try different complements." [READ MORE]

## More Veteran-related Headlines

CBS News: New figures reveal scope of military discrimination against LGBTQ troops, with over 29,000 denied honorable discharges

Military Times: New Online VA Travel Reimbursement Program Is Failing Veterans, Inspector General Finds

Fox News: On this day in history, June 22, 1944, FDR signs GI Bill, with far-reaching impact on American veterans

Washington Post: America exiled this veteran for 11 years. Now he's a citizen.

VA News: Holoportation technology is revolutionizing Veteran Care

Military.com: Lawmakers Advance Bill to Let Disabled Vets Collect Full Benefits, But Hurdles to Passage Remain

## Guided iRest ${ }^{\text {TM }}$ Yoga Nidra Meditation Phone-based Class from Home



## For All Veterans

WRIISC guided meditation classes are available to all Veterans

Meditation can be practiced seated, lying down, or standing. For safety, Veterans must not drive or operate machinery during class.

Questions?
DC WRIISC Yoga Staff
202-550-4248
rebecca.mccullers@va.gov
CA WRIISC Yoga Staff
650-815-9463
louise.mahoney2@va.gov

For more info on VA's War
Related Injury \& Illness
Study Center
www.warrelatedillness.va.gov


Integrative Restoration ${ }^{\text {TM }}$ is an evidencebased, mind-body approach that offers tools to help you relax deeply, release stress, increase resiliency, improve your interpersonal relationships and empower you to practice self-regulation and self-care to support your health \& wellness. For more info, go to Military | Integrative Restoration (iRest)

Coast to Coast offerings-- call in to join us each week-- no class limit!

Tuesdays: 5pm Eastern Standard Time 1-404-397-1596 USA or Toll Free 1-833-558-0712 Access code: 43379455

Thursdays: 8pm Eastern Standard Time 1-404-397-1596 USA or Toll Free 1-833-558-0712 Access code: 1997316363

* Note: Class observes daylight savings time. Start times may vary according to your local time zone.*


# VFW Patriot's Pen Essay Competition: 2023-2024 Theme "How are you inspired by America?" 



2023-2024 Theme
"How are you inspired by America?"
Student Entry Deadline: October 31, 2023
Patriotic Written Essay Competition Grand Prize: \$5,000 Award

## What is the Patriot's Pen Program?

Conducted nationwide, this VFW-sponsored youth essay competition gives students an opportunity to write essays expressing their views on an annual patriotic theme. We invite you to join the more than 73,000 students who participated last year in this contest.

## Why Should I Enter?

Prizes and scholarships can be awarded at the Post, District, State and national level. Department (State) winners receive a portion of $\$ 55,000$ in national awards. National Winners will receive at least $\$ 500$. The first-place national award is currently $\$ 5,000$.

The Internal Revenue Service requires a recipient awarded more than $\$ 599$ be given Form 1099 identifying the proceeds as taxable income. This may require the winner to provide their social security number.

## How Does the Contest Work?

All entries begin at the VFW Post level. The only exception is where schools/classes/youth groups have large numbers of students and wish to conduct their own competition, submitting one winner for each 15 students to the VFW Post. Individual students may submit their entry directly to the Post.

The contest consists of four levels. The first level (entry) is sponsored by VFW Posts. Post winners advance, one for every 15 entries, to the VFW District (regional) level where the one first-place winner is advanced to the VFW Department (state) level. The first-place winner at the Department level is then advanced into the VFW national competition.

## Who Can Enter?

Patriot's Pen is open to 6th, 7th and 8th-grade students enrolled by the Oct. 31 deadline in public, private or parochial schools in the U.S., its territories or its possessions; or dependents of U.S. military or civilian personnel in overseas schools. Home-schooled students also are eligible. Although U.S. citizenship is not required, students must be lawful U.S. permanent residents or have applied for permanent residence (the application which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law. (Foreign exchange students or former winners that placed in the National contest are ineligible.)

## How Do I Get Started?

- Ask a teacher or youth group/club adult leader to supervise the Patriot's Pen writing contest.
- Contact a participating VFW Post and indicate your interest in participating.
- Establish a contact person who is a member of that VFW Post or its VFW Auxiliary.
- Make sure that your essay is submitted to the VFW Post before the contest deadline of October 31,2023. You can submit your essay and entry form by email upon the Post's approval. Entries sent to the VFW National Headquarters directly will be returned.

How Am I Judged?
Knowledge of the theme is worth 30 points:
You must show a thorough knowledge of the theme in your work. Demonstrate you have researched the issue extensively.
Theme development is worth 35 points:
Answer all relevant facts about the theme such as the who, what, where, when and why. Relate the theme to your own experiences.
Clarity of ideas is worth 35 points:
Write your essay in an easy-to-understand format. Leave your reader with a clear understanding of your explanation of the theme.

What Is the Theme?
VFW's Commander-in-Chief annually chooses the year's theme. The 2023-2024 theme is:
"How are you inspired by America?"

## Deadline Information.

To qualify, all entries must be submitted to a sponsoring VFW Post by midnight October 31, 2023.

## Note:

If you need help finding a participating VFW Post, follow these instructions:
First, visit vfw.org/FindaPost to "Find a VFW Post."
If you don't have success in finding a Post, or if you have trouble contacting them, you can contact your VFW Department (state) headquarters office to see if they can offer any information or assistance. You can visit vfw.org/contactus to look for "Find a State Contact" to get your VFW state office's phone number and email.

For assistance contact
the VFW National Headquarters
at 816.968.1155
Email: youthscholarships@vfw.org

VFW Patriot's Pen Official Entry Form


We are looking to highlight Veterans in the arts community! Whether it's an upcoming free exhibition, performance, or piece/installation you've created, we want to showcase your work and help spread the word. Submissions will be reviewed on a rolling basis and promoted at our discretion. We want this to be a space for Veteran artists to express themselves in an authentic way.

Please email submissions to connect@veterans.nyc.gov with a brief bio, an artist statement, art medium, and your affiliation to the Veteran community.

## A Message From Mayor Adams:

Each week DVS will share a short update about how our administration is getting stuff done for New Yorkers.


The Adams administration is dedicated to cutting through the noise and delivering information directly to you and all New Yorkers.
Sign up to "Hear From Eric" and get direct messages from City Hall, tailored to your interests and neighborhood, sent directly to your inbox - at nyc.gov/hearfromeric!

## Join Our Team! Be Part of the Mission!



## Current DVS Job Openings

Being part of our team is a great way to continue to serve.

Visit NYC.gov/jobs and select "Veterans' Services" from the agency menu to learn more about and apply to the job below.

Client Services Manager - DVS seeks a highly qualified candidate to join Community Services as a Manager. The Manager will be responsible for managing the day-to-day operations of a team responsible for performing intakes and sending referrals within the VetConnectNYC system, a multi-provider network of participating organizations, government agencies, and other partners that provide direct services to Veterans. The Manager will also be a subject matter expert in claiming VA benefits through accreditation by New York State Department of Veterans Services.

## VA Work Study Positions at DVS

The NYC Department of Veterans' Services (DVS) supports VA Work-Study Positions! Here is a current list of available VA Work-Study openings:

- Administrative Intern
- Benefit Intern
- Care Coordination Intern
- Data Analyst Intern
- Information Technology Intern
- IT Support Intern
- Legal Intern
- Outreach Coordinator Intern
- Veteran Business Promotion Intern

If you are interested in applying for a DVS-specific Work-Study position and meet eligibility requirements, please submit the following
to VAWorkStudy@veterans.nyc.gov:

- Resume
- Job Specific Cover Letter
- Supporting Documents found in the Job Description

Check Here for VA Work-Study Postings

## NYC Civil Service Job Openings and Exams



## Open Competitive Exams

New York City Bridge Exam Program - This examination is open to all candidates who wish to apply for and meet the requirements for any one or more of the titles indicated: Bookkeeper, Clerical Associate, Clerical Associate (PRO), Clerical Associate (NYC H+H), Clerical Associate (NYC H+H)(PRO), Computer Service Technician, Maintenance Worker (CUNY), Maintenance Worker (NYC H+H), Secretary, Staff Analyst Trainee.

Gasoline Roller Engineer - Gasoline Roller Engineers operate a diesel-powered roller and an automatic asphalt paving machine in connection with the laying and maintaining of
sheet asphalt and macadam walks and roads. They operate all types of asphalt recycling plants; operate all types of milling machines to remove old asphalt layer in preparation for re-paving; secure diesel-powered rollers and other machines for night layover; maintain, inspect and make emergency and minor repairs to such rollers and machines; may operate other heavy duty equipment for snow removal or other immediate purpose of an emergency nature; keep records and make reports concerning equipment and production.

Housing Exterminator - Housing Exterminators perform and/or supervise work in the prevention, control and elimination of insects, vermin and other pests from buildings and surrounding areas, including parks; inspect areas of infestation; use the most effective insecticides, rodenticides, baits, traps, and related chemicals/ equipment for exterminating pests as required; select and prepare poisonous insecticides, rodenticides, and related chemicals used in exterminating; clean and repair exterminating equipment; keep records and make reports of exterminating operations performed; and may drive a motor vehicle.

To receive monthly updates on upcoming civil service exams click the button below to be directed to the Subscribe to the DCAS Newsletter page. On the registration form, select "City Jobs and Civil Service Announcements".

Subscribe to the DCAS Newsletter Here

## Programs and Initiatives

## Affordable Housing For Veterans



The NYC Department of Veterans'
Services (DVS) maintains a list of federal, state, and city programs that offers a limited, but selective list of affordable housing options for veterans seeking financial relief for their housing arrangements. Visit our Affordable Housing for Veterans page to learn more.

## Empowering Veteran Business Owners



The primary mission of the VBLA is to serve Veterans seeking support and assistance with running a business and in their pursuit of New York City Government contracting opportunities. Our leadership association engages with the private sector, government, advisory board, and local partners to build a consortium that facilitates the growth and development of Veteran Businesses.

DVS has launched VetBizNYC, an interactive map that identifies Veteranowned businesses across the five boroughs. New Yorkers can use our interactive map to find and support Veteran-owned businesses in their community.


## Are You Getting the Benefits You Deserve?

The NYC Department of Veterans' Services (DVS) represents NYC Veterans in claims for benefits from the U.S. Department of Veteran Affairs. Our team is also qualified to assist with PACT Act related claims. If you had a toxic exposure during your service, time is crucial for you to get the benefits you deserve. To file a claim, fill out the VetConnectNYC.org form and select Benefits Navigation as your
 preferred service.


VetConnectPro, is a new employment tool designed to help Veterans find employment within NYC government. The platform features a military skills translator that can match your service experience and Military Occupational Specialty (MOS) to City jobs and civil service exams. Upload your resume and get started today: nyc.gov/vetconnectpro.

## Newsletter Sign-up

If you received this newsletter by way of a friend or colleague and have yet to sign-up on your own, click here, and stay up-to-date with the latest news impacting the community, updates on city services, info on DVS programs, Veteran-specific resources \& more.

## Contact Us

- Complete a service request form at vetconnectnyc.org
- Message the Commissioner
- Partner with DVS
- Press Inquiries
- Event Request Form

Stay tuned on our website www.nyc.gov/vets and social media platforms @nycveterans, or via email at connect@veterans.nyc.gov.

