

Navy SEALs Take the Plunge: Hudson River Swim for Charity





What would it take for a New Yorker to take a dip in the Hudson River on a Saturday morning? If you ask the folks who participated in last week's [Navy SEAL Foundation's New York City SEAL Swim](#) the answer is simple—to help Active Duty, Veterans and families of the Naval Special Warfare community.

The Navy SEAL Foundation's New York City SEAL Swim is a multi-sport open-water swimming event held in the Big Apple, bringing together Former SEALs, Veterans, Police Officers, Fire Fighters, and First Responders from across the country.

The event started at the Empty Sky Memorial in Liberty State Park, New Jersey and ended at the World Trade Center in Manhattan. Swimmers entered the Hudson in New Jersey, and swam to the Statue of Liberty, where they did 100 honor pushups and 22 pull-ups to honor our nation's freedoms and civil liberties. Participants then swam from the Statue of Liberty to Ellis Island, where they did another 100 honor pushups and 22 pull-ups to honor our nation's diversity and all those who came to our nation seeking a better life. They then dove back into the Hudson River to arrive at Battery Park, and ran to the World Trade Center in Manhattan—'Old Glory' in hand. Lastly, at the World Trade Center, they knocked out another 100 honor pushups and 22 pull-ups to honor all those who lost their lives on 9/11, [Extortion 17](#), and all Americans who put their lives on the line for our nation.

In total, that's a 3.5+ mile swim, 300 pushups, 66 pullups, coupled with an opening and closing run. Clearly physical prowess is why they are called the Navy's Premier Special Operations Force!

Participation required sponsorship and proceeds went to 30 different Navy SEAL Foundation programs, all in support of the Veteran community. Maybe next year we'll see you take the plunge?



ABC's Good Morning America covers the Navy SEAL Foundation's big swim challenge

West Point to open nearly 200-year-old time capsule found at Kosciusko monument

The U.S. Military Academy plans to open it on Aug. 28.



TASK & PURPOSE

BY [NICHOLAS SLAYTON](#) | AUG 20, 2023

What did soldiers in the 1820s care about enough to preserve for future generations? That might get answered soon. Historians at the U.S. Military Academy in West Point, New York plan on opening a recently discovered, nearly 200-year-old time capsule next week.

The U.S. Military Academy will be opening the capsule and displaying what's inside of it on August 28 at 10:30 a.m. Eastern Time on Monday, Aug. 28 in Robinson Auditorium at Thayer Hall. And West Point plans to livestream the entire event.

"This time capsule is truly a unique discovery, and we are excited to open it and see what the cadets left us nearly two centuries ago," U.S. Military Academy Superintendent Lt. Gen. Steve Gilland said in a statement. "The capsule's contents will certainly add to the West Point story and is another example of past generations of cadets gripping hands with present and future generations. [\[READ MORE\]](#)

West Point Time Capsule Ceremony Livestream

The Wall That Heals | *In Memory* Program
Application Deadline August 28th

WAS YOUR VIETNAM VETERAN'S LIFE CUT SHORT AFTER THEY RETURNED HOME?

HONOR THEIR SACRIFICE THROUGH THE **IN MEMORY** PROGRAM

Since the Vietnam War ended, thousands of Vietnam veterans have suffered each year due to Agent Orange exposure, PTSD/ suicide, cancer and other causes related to their service. The Vietnam Veterans Memorial Fund's *In Memory* program honors those who returned home from Vietnam and later died.

**The Wall That Heals will be on display in
New York City, NY from September 28th -
October 1st.**

Apply to honor your veteran, through In Memory, by August 28th and their photo will be included as part of the mobile Education Center display when The Wall That Heals is on display in New York City.

To apply online , visit www.VVMF.org/In-Memory-Program



The VVMF's *IN MEMORY* program invites families and communities to remember those Vietnam Veterans whose lives were cut short by their service.

Honorees submitted before August 28, 2023, will be remembered on a special video display at The Wall That Heals during its visit to New York City from Sept 28 - Oct 1.

These veterans will also be included in a ceremony at the Vietnam Veterans Memorial in Washington, D.C. on June 15, 2024, and will be celebrated in a number of other ways by the VVMF. You can sign up or learn more at vvmf.org/InMemory

Thank you in advance for your help in honoring our Vietnam Veterans!

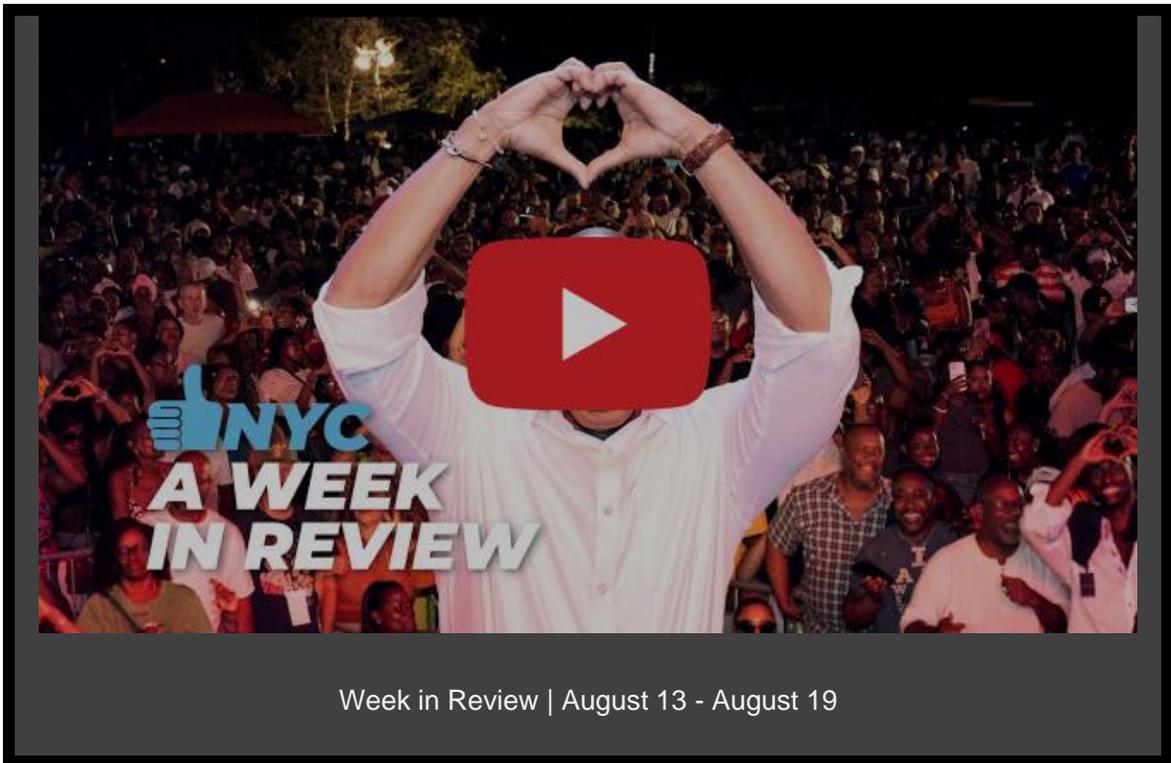
[Submit Your Loved Ones to the In Memory Project Here](#)

[Read More About The Wall That Heals](#)

[Volunteer Registration Form for The Wall That Heals](#)

A Message From Mayor Adams:

Each week DVS shares a brief update about how our administration is getting stuff done for New Yorkers.



The Adams administration is dedicated to cutting through the noise and delivering information directly to you and all New Yorkers.

Sign up to "Hear From Eric" and get direct messages from City Hall, tailored to your interests and neighborhood, sent directly to your inbox – at [nyc.gov/hearfromeric!](https://nyc.gov/hearfromeric)

[Mayor Adams Announces City Hall, Other City Buildings to be lit Yellow Tonight in Honor of International Day for the Remembrance of the Slave Trade and its Abolition](#)

[Mayor Adams Leads Broad Coalition of Local Governments in Joining Legal Fight to Protect Domestic Violence Survivors](#)

[Mayor Adams Posthumously Awards Key to the City of New York to Legendary Entertainer, Civil Rights Activist, "King of Calypso" Harry Belafonte](#)

VETERAN NEWS

MVP -- Lifestyle changes for improved health



We are proud to support VA's [Million Veteran Program \(MVP\)](https://www.mvp.va.gov), the largest research effort to improve health care for Veterans. At MVP, researchers are learning about how everyday lifestyle changes can improve Veteran health. In addition to nutrition, important discoveries are being made in areas such as PTSD, major depression, heart disease, wellness, and more. Over 970,000 Veterans have joined MVP. To be a part of this groundbreaking effort, visit www.mvp.va.gov or call (866) 441-6075.

July 26, 2023

By Rachel Merle-Smith

Communications Consultant, VA's Million Veteran Program

If you're trying to make smarter choices when it comes to your health and wellness, it can be difficult to know where to start. "Diet and exercise" can seem vague, but did you know that practicing better nutrition can help prevent several diseases?

At the Million Veteran Program (MVP), researchers are studying how diet and nutrition influence Veteran health with the hopes of recommending effective

ways you can become the healthiest version of yourself. Below are some everyday healthy choices that can have a big impact on your health. [\[READ MORE...\]](#)

More Veteran-related Headlines

CBS News: [Judge sides with disabled veterans in New York marijuana dispensary lawsuit](#)

WAR ON [THE] ROCKS: [EMBRACE THE NERD: DUNGEONS & DRAGONS AND MILITARY INTELLIGENCE](#)

NBC News: [‘Atomic veterans’ overwhelmingly denied benefits for illnesses related to radiation exposure during service](#)

Military.com: [At Least 6 Soldiers Attacked by Coyotes, Treated for Injuries While Training at Fort Johnson](#)

NYT: [A Novel Therapy, Using Writing, Shows Promise for PTSD](#)

NYC Emergency Management Veterans Hiring Event

VETERANS:

We're hiring!



OPEN POSITIONS:

Community
Engagement

Government
Relations

Procurement

JOB SECURITY. GREAT BENEFITS. A REWARDING MISSION.



Join our Zoom meeting:



contact:

Veronica Geager,
Deputy Director of
People & Culture
vgeager@oem.nyc.gov

 @nycemergencymgmt

 @nycemergencymgt

 @nycemergencymanagement

 NYC Emergency Management



If you require a reasonable accommodation to attend this webinar, please contact Veronica Geager at vgeager@oem.nyc.gov

Are you a veteran interested in a career opportunity helping New Yorkers before, during, and after emergencies? Do you want to be part of a team that includes the best and brightest emergency management professionals in the world? Well, look no further! NYC Emergency Management (NYCEM) is hiring for various positions including community engagement, government relations, and procurement. Join DVS and NYCEM to learn about these job opportunities, the City's hiring process, and to hear from current NYCEM employees about their experiences on the job.

📅 Wednesday, August 30, 2023

🕒 5:30 p.m. to 7:00 p.m.

🔗 Zoom Meeting

For more information, please contact: Veronica Geager, Deputy Director, People and Culture at vgeager@OEM.NYC.GOV

[NYCEM Registration Link](#)



We are looking to highlight Veterans in the arts community! Whether it's an upcoming free exhibition, performance, or piece/installation you've created, we want to showcase your

work and help spread the word. Submissions will be reviewed on a rolling basis and promoted at our discretion. We want this to be a space for Veteran artists to express themselves in an authentic way.

Please email submissions to connect@veterans.nyc.gov with a brief bio, an artist statement, art medium, and your affiliation to the Veteran community.

Join Our Team! Be Part of the Mission!



Current DVS Job Openings

Being part of our team is a great way to continue to serve.

[Visit NYC.gov/jobs](https://www.nyc.gov/jobs) and select “Veterans’ Services” from the agency menu to learn more about and apply to the job below.

College Aide - IT Operations - DVS seeks a College Aide hire to play a key role in the agency’s Information Technology team, while gaining IT experience during their college experience.

College Aide - HR Specialist - DVS seeks a College Aide hire to play a key role in the agency's HR team, while gaining HR experience during their college experience.

Community Outreach Assistant - The Community Outreach Assistant will help the

Department of Veteran Services engage the roughly 210,000 Veterans and their families who reside throughout the five boroughs of New York City. This position will help the Assistant Commissioner of Outreach engage and educate the Veteran community about information and resources, develop and manage outreach programs, represent the agency at outreach events, and plan public events.

Network Engineer - The Network Engineer will play a key role for DVS Information Technology (IT) Team and report directly to the Chief Information Officer. This position will support and develop the agency's core business applications while providing secured network connectivity, asset management, and technical support for a highly mobile team.

Senior Veterans Benefits Advisor - DVS seeks a highly qualified candidate to join the Client Services team as a Senior Veterans Benefits Advisor. The Senior Veterans Benefits Advisor will be responsible for managing the day-to-day operations of a team responsible for processing Veteran's claims with the VA. This role will be a subject matter expert in processing VA claims for Veteran benefits and train up staff as well as provide guidance and advice in this area. VA accreditation to process claims will be provided by New York State Department of Veterans Services.

Special Assistant - The Special Assistant will exercise full responsibility over the management and execution of administrative tasks as they relate to supporting the Executive Team, specifically, the Commissioner, Deputy Commissioner, and Chief of Staff. In collaboration with senior leadership, the Special Assistant will also coordinate project workstreams and track deliverables as assigned. The Special Assistant will be expected to work independently and take initiative, as needed, under the leadership and supervision of the Commissioner and Chief of Staff.

VA Work Study Positions at DVS

The NYC Department of Veterans' Services (DVS) supports VA Work-Study Positions! Here is a current list of available VA Work-Study openings:

- [Administrative Intern](#)
- [Benefit Intern](#)
- [Care Coordination Intern](#)

- [Data Analyst Intern](#)
- [Information Technology Intern](#)
- [IT Support Intern](#)
- [Legal Intern](#)
- [Outreach Coordinator Intern](#)
- [Veteran Business Promotion Intern](#)

If you are interested in applying for a DVS-specific Work-Study position and meet eligibility requirements, please submit the following to VAWorkStudy@veterans.nyc.gov:

- Resume
- Job Specific Cover Letter
- Supporting Documents found in the Job Description

[Check Here for VA Work-Study Postings](#)

NYC Civil Service Job Openings and Exams



Open Competitive Exams

Police Officer - Police Officers perform general police duties and related work in the New York City Police Department including connecting and building relationships with the community. To read more, visit the posting [here!](#)

To view more job listings, visit the exam board [here!](#)

To receive monthly updates on upcoming civil service exams click the button below to be directed to the Subscribe to the DCAS Newsletter page. On the registration form, select "City Jobs and Civil Service Announcements".

[Subscribe to the DCAS Newsletter Here](#)

Programs and Initiatives

Affordable Housing For Veterans



The [NYC Department of Veterans' Services \(DVS\)](#) maintains a list of federal, state, and city programs that offers a limited, but selective list of affordable housing options for veterans seeking financial relief for their housing arrangements. Visit our [Affordable Housing for Veterans](#) page to learn more.

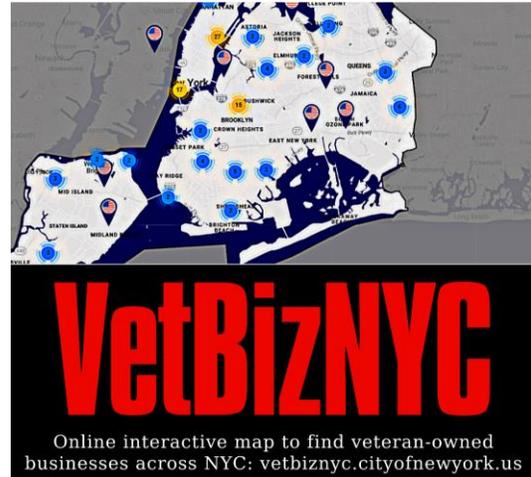
Empowering Veteran Business Owners



The primary mission of the [VBLA](#) is to serve Veterans seeking support and assistance with running a business and in their pursuit of New York City Government contracting opportunities. Our leadership association engages with the private sector, government, advisory board, and local partners to build a consortium that facilitates the growth and development of Veteran Businesses.

VetBizNYC: Supporting Veteran Entrepreneurship

DVS has launched [VetBizNYC](#), an interactive map that identifies Veteran-owned businesses across the five boroughs. New Yorkers can use our interactive map to find and support Veteran-owned businesses in their community.



Are You Getting the Benefits You Deserve?

The [NYC Department of Veterans' Services \(DVS\)](#) represents NYC Veterans in claims for benefits from the [U.S. Department of Veteran Affairs](#). Our team is also qualified to assist with PACT Act related claims. If you had a toxic exposure during your service, time is crucial for you to get the benefits you deserve. To file a claim, fill out the [VetConnectNYC.org](#) form and select **Benefits Navigation** as your preferred service.



VetConnectPro: A First-in-the-Nation Employment Tool



[VetConnectPro](#), is a new employment tool designed to help Veterans find employment within NYC government. The platform features a military skills translator that can match your service experience and Military Occupational Specialty (MOS) to City jobs and civil service exams. Upload your resume and get started today: nyc.gov/vetconnectpro.

Newsletter Sign-up

If you received this newsletter by way of a friend or colleague and have yet to sign-up on your own, click [here](#), and stay up-to-date with the latest news impacting the community, updates on city services, info on DVS programs, Veteran-specific resources & more.

Contact Us

- Complete a service request form at vetconnectnyc.org
- [Message the Commissioner](#)
- [Partner with DVS](#)
- [Press Inquiries](#)
- [Event Request Form](#)

Stay tuned on our website www.nyc.gov/vets and social media platforms [@nycveterans](#), or via email at connect@veterans.nyc.gov.