

Veterans Crisis Line provides crisis support to veterans and their supporters. If you or your loved one is in crisis or having thoughts of suicide, please contact the Veterans Crisis Line. Caring, qualified VA responders are standing by to help 24 hours a day, 7 days a week. Connect with a responder by doing one of the following:

Call:1-800-273-8255 and Press 1

Text: 838255

Chat Online: veteranscrisisline.net/get-

help/chat

Learn more at veteranscrisisline.net.

Veterans Crisis Line





The <u>NYC Department of Veterans'</u>
<u>Services (DVS)</u> connects veterans to services that can help them manage mental and behavioral health challenges. Connect to mental and behavioral health services by filling out the form at VetConnectNYC.org and selecting "Mental/Behavioral Health" as your preferred service.

Please review this pamphlet for a list of free peer support services for NYC veterans, their families, and caregivers:



nyc.gov/vets (212) 416–5250 connect@veterans.nyc.gov Follow us on social media: @nycveterans



PEER SUPPORT

<u>Vets4Warriors</u> provides veterans, family members, and caregivers with 24/7 help from a confidential peer support network. Receive immediate, free, and long-term peer support through private chats, emails, phone, and text conversations:

Phone: 1-855-838-8255 Website: vets4warriors.com

<u>Objective Zero</u> app gives veterans access to mental health resources and a peer support network:

Website: objectivezero.org

RallyPoint is a social network for and about service members and veterans. The website also provides peer counseling:

Website: rallypoint.com

<u>Together We Served</u> is an online platform for veterans to reconnect with old service friends and share service stories:

Website: togetherweserved.com

American Red Cross Military Veteran Caregiver Network connects military

caregivers to peers and support groups:

Phone: 877-272-7337

Website: redcross.org/get-help/military-families/services-for-veterans/military-veteran-

caregiver-network.html

Elizabeth Dole Foundation's Hidden Heroes

<u>Community (HHCC)</u> is an online support group that offers a positive place for military caregivers of all eras to connect with one

another:

Phone: 202-249-7170 Website: hiddenheroes.org

<u>Tragedy Assistance Program for Survivors</u>

(TAPS) connects veteran family survivors to a national peer support network and grief resources:

Phone: 800-959-TAPS (8277)

Website: taps.org

<u>Veteran Wellness Alliance</u> connects veterans to peer networks that provide support and social connection:

Phone: 630-522-4904

Email: checkin@veteranwellnessalliance.org Website: bushcenter.org/veteran-wellness

Mission: VetCheck connects veterans to their fellow New Yorkers. Volunteers make supportive check-in calls to NYC veterans. Mission: VetCheck volunteers call veterans to provide information on essential public services, COVID-19 testing and vaccine information, and online mental health resources. Veterans can volunteer with the program or request a check-in call for themselves or a veteran they know: Website: nyc.gov/missionvetcheck

VA Vet Centers provide a range of social and psychological services, including group readjustment counseling to allow veterans and active duty service members to receive support alongside their peers. Vet Center services are also provided to family members of veterans and service members for military-related issues when they aid in the readjustment of those who have served. Vet Center services are free and do not require someone to be enrolled in VA health care or have received care for conditions caused by military service. Services are also provided regardless of the nature of the veteran's discharge status. Find a Vet Center near you and learn if you are eligible to receive counseling services at vetcenter.va.gov.

Please note: VA Vet Centers may have limited in-person service or may currently conduct all appointments virtually due to COVID-19. Contact the VA Vet Center near you to learn about potential service changes.

VA Vet Center Locations in NYC

Manhattan Vet Center:

32 Broadway, Suite 200 New York, NY 10004-1637

Hours: Mon-Fri | 8:00 am - 4:30 pm

Phone: 212-951-6866 Website: va.gov/findlocations/facility/vc_0106V

Brooklyn Vet Center:

25 Chapel Street, Suite 604 Brooklyn, NY 11201–1954

Hours: Mon-Wed, Fri | 8:00 am - 4:30 pm

Thurs | 8:00 am - 5:00 pm Phone: 718-630-2830 Website: va.gov/findlocations/facility/vc 0105V

Harlem Vet Center:

Phone: 646-273-8139 Website: va.gov/findlocations/facility/vc 0133V

Queens Vet Center:

75-10B 91 Avenue Woodhaven, NY 11421-2824 Hours: Mon - Fri | 8:00 am - 4:30 pm Phone: 718-296-2871 Website: va.gov/queens-vet-center

Staten Island Vet Center:

60 Bay Street Staten Island, NY 10301 Hours: Mon – Fri | 9:00 am – 5:30 pm Phone: 718–816–4499 Website: va.gov/find– locations/facility/vc_0132V

Bronx Vet Center:

Bronx Vet Center: 2471 Morris Avenue, Suite 1A Bronx, NY 10468–5450 Hours: Mon – Fri | 8:00 am – 4:30 pm Phone: 718–367–3500 Website: va.gov/find– locations/facility/vc_0110V

For emergency mental health care, you can also go directly to your local VA medical center. Find a VA medical center near you at va.gov/find-locations.