

BOROUGH OF STATEN ISLAND COMMUNITY BOARD #3

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Health & Human Services Committee Public Hearing Report

DATE: October 7, 2025

TIME: 6:30 PM

Committee Members Present

Diane Peruggia, Chairman of the Board Dennis McKeon, Chair Jessica Francese Robert Sainovski Paul Sanders Naeem Sheikh

Board Members Present

Claire Atalla Vincent Bonomi

Staff

Stacey Wertheim, District Manager

Guests

Meghan_Sinback, Executive Director, YMCA
Jacqueline Filis, Executive Director of Counseling Services, YMCA

Public Contact - None

Agenda

Jacqueline Filis and Meghan Sinback from **The South Shore YMCA** spoke about the services offered, including building healthy communities through a wide range of programs that support youth development, healthy living, and social responsibility. In addition, the YMCA's Counseling Service specializes in substance use prevention and treatment services for individuals and families affected by addiction. Together, they provide a comprehensive set of services to empower the Staten Island community. The first counseling service branch was opened in 1980. Today, there are 2 locations: Vanderbilt Avenue and Richmond and Amboy.

- **Prevention** 1- Community and Youth-based universal prevention.
- **Treatment** Individual, group, family therapy. Medical staff to provide addiction medications. P/t Psychiatrists for addiction and mental health needs.
- Recovery Open to individuals in recovery who are seeking continuing care to sustain and continue to achieve their recovery goals.

Most insurances accepted. If there is no insurance, insurance navigators can assist. YMCA is city, state, and privately funded, as well as by OASAS (NYS Office of Addiction and Substance Abuse Services).

For more information, visit ymcanyc.org/counseling

South Shore YMCA

- Fitness center, gym, pool, senior classes, UPK and Pre-K programs,
 Off-site school-based program. Aquatics and swimming lessons, free lifeguard education.
- The YMCA is always looking for staff and volunteers.

Old Business

None

New Business

• Three prominent members of the community recently passed...

John Antoniello, educator, former Chair of the Richmond County Republican Party, and former Chair of Community Board 3.

Paul Casale – former President of the Richmond County Democratic Party **Ellen Mitchell** – active member of Community Theatre on Staten Island

• The Staten Island Shakespearean Theatre is roasting Dennis McKeon on November 6th. RSVP to 551-751-0301, www.sishakespeare.org, sistny@gmail.com by October 25th.

Respectfully submitted,

Dennis McKeon

Dennis McKeon, Chairperson