



December

COMMUNITY BOARD # 8 NEWSLETTER

DISTRICT OFFICE

197-15 Hillside Avenue Hollis, NY 11423-2126 Tel # (718) 264-7895 Fax # (718) 264-7910 E-Mail: qn08@cb.nyc.gov Website: www.nyc.gov/queenscb8

OFFICERS

CHAIRPERSON: Martha Taylor 1st VICE CHAIR: Michael Hannibal 2nd VICE CHAIR: Seymour Schwartz 3rd VICE CHAIR: Mary Maggio EXEC. SECRETARY: Bhitihara– Martha Fulton TREASURER: Harbachan Singh BUDGET DIRECTOR: Marc A. Haken

CITY COUNCIL MEMBERS

Honorable Linda Lee - 23rd District Honorable James Gennaro - 24th District

BOROUGH PRESIDENT

Honorable Donovan Richards

<u>STAFF</u> DISTRICT MANAGER: Marie Adam-Ovide Sandra Aikens-Williams, Community Assistant

Help Wanted! (See Page 10)

BOARD MEMBERS BY AREA

<u> Area 1 – Kew Gardens Hills</u>

Mitch Lisker – CHAIR, Heather Bennett-Idels, Susan D. Cleary, Jennifer Martin, Yaniv Meirov, Rabbi Shlomo Nisanov, Simon Pelman and Jacob Weinberg

<u> Area 2 – Briarwood</u>

Seymour Schwartz – CHAIR, Solomon Davydov, Allen Eisenstein, John Gebhard, Wendy Gennaro, Elke Maerz, Mohammad Rahman, Charlton Rhee and Douglas Sherman

<u> Area 3 – Hillcrest Estates & Jamaica Hills</u>

Kevin Forrestal – CHAIR, Dilafroz Ahmed, Bhitihara-Martha Fulton, Ahsan Habib, Mohammed "Delwar" Islam, Paul Lazauskas, Hersh Parekh and Frances Peterson

<u>Area 4 – Flushing Heights, Flushing Suburban, Hillcrest</u> **Dr. Penny M. Stern – CHAIR**, Kenneth Cohen II, Steven Konigsberg, and Dilip Nath

<u>Area 5 – Georgetown Mews, Pomonok, Electchester, Flushing</u> Mary Maggio – CHAIR, Neeta Jain, Deepti Sharma, Tamika Williams-Moore and Emanuel Yllescas.

<u>Area 6 – Utopia, Fresh Meadows, West Cunningham Park</u> Maria DeInnocentiis – CHAIR, James Gallagher, Tami Hirsch, Alan Ong, Tamara Osherov and Amy Tse.

<u> Area 7 – Jamaica Estates & Holliswood</u>

Howard Fried – CHAIR, Dr. Robert Block, Edward Chung, Marc A. Haken, Michael Hannibal, David Mordukhaev, Jesse Rosenbaum, Harbachan Singh, Martha Taylor and Mohammed Tohin.

' Happy Holidays! * Happy Holidays! * Happy Holidays! *

September Community Board Public Hearing/Meeting (recap) 183-02 Union Turnpike Fresh Meadows

- The Minutes of October 26, 2022, Board Meeting were unanimously approved by 26 members, with a correction.
- 1st Vice-Chair Michael Hannibal

Vice-Chair Hannibal announced that there was a change from the original 2023 Proposed Calendar. The first Wednesday in November 2023 will be All Saint's Day. In observance, the Executive Board meeting date was moved from November 1, 2023, to November 8, 2023. The full board meeting will be held on the third Wednesday, November 15, 2023.

The 2023 Board Meeting Calendar was unanimously approved by 26 members with an adjustment for observance of All Saint's Day.

Continued on Page 2)

Next Public Hearing/Meeting will be held on Wednesday, December 14, 2022 (See Page 8) Minutes of Board Meetings are available *usually* within two weeks.

A Word from the District Manager

Dear Resident,

To make our streets safer, the Department of Transportation (DOT) is reminding drivers and pedestrians that visibility decreases at dusk. Here are a few steps that you can take for a safer commute.

Slow Down: The speed limit is 25 miles per hour. At 25 MPH drivers are better able to avoid crashes.

Don't Cut Corners: The DOT also wanted to remind drivers that a safe turn is done at 5 MPH. Remember to pause and look for people in the crosswalk <u>every time</u>.

Do What You Can To Be Seen: Drivers' vision drops tenfold as night falls so you might not be visible.

Watch For Turning Vehicles: More pedestrians are hurt in crashes around sunset than at any other time.

Please share this information with your friends and neighbors. It takes more than City Hall to make New York City great, it takes us all!

Sincerely,

Marie Adam-Oside

P.S.: Once again, I am encouraging you to sign up to receive our Newsletter via email. This will help us save on the cost of postage.

MetroCard Bus

Thursday, December 29, 2022 10 a.m. to 3 p.m. Francis Lewis Blvd & Foothill Avenue



- Get help with a Reduced-Fare application
- Transfer MetroCard balances (Full fare and Reduced-Fare)
- Exchange a damaged Reduced-Fare MetroCard for a temporary replacement
- Report a lost/stolen Reduced-Fare MetroCard
- Ask our team about any MetroCard-related issues.

(Continued from Page 1)

Guest Speakers:

• Deputy Inspector Kevin Chan, 107th Precinct

A skimming device [a micro sized camera allowing criminals to video tape your finger as you enter your PIN number] was found at the 76th Avenue and Main Street branch of TD Bank. This type of crime increases during the holiday season. He recommended that everyone cover their fingers as they input their PIN at ATMs. Skimming devices are hidden and hard to detect, even by him. Car break-ins are on the rise as we near the holiday season.

<u>Honorable City Councilman James Gennaro:</u>

(Presentation of a drafted letter addressed to Honorable Governor Kathy Hochul.) In 49 states and the federal system dangerousness is a consideration for remand until trial. He is asking that the state statute allow judges to factor in type of crime and how many times a defendant has been convicted of the same type of crime, previously. Honorable Mayor Eric Adams refers to this as the syndrome of Catch, Release and Repeat. He asks that she makes this a priority as it goes through both houses of the state legislature. He asked that the CB8 board consider making this a resolution.

Committee Reports:

• <u>Parks Committee Report:</u> *Bhitihara Martha-Fulton, Parks Committee Chair* - The parks Committee met on October 2, 2022, with Administrator of Flushing Meadow-Corona Park Anthony Sama, and the Deputy Director of Engineering. The Department of Parks and Recreation staff presented details of mandatory upgrades needed for the electrical vaults at Flushing Meadows Corona Park. It is a fifty-two-million-dollar project. Fifty million dollars are from FEMA and two million dollars are from the Mayor's Office. The project is hazard mitigation due to flooding in the park. Last week the Executive Committee approved a letter of support for the project. The District Manager Marie Adam-Ovide composed and sent the letter.

• <u>Health Minute</u> with Dr. Penny Stern, Health Committee Chair:

November is National Diabetes month. Diabetes is defined as a metabolic disease characterized by high levels of glucose or sugar in the blood and urine. There are two types of Diabetes, Type 1, and Type 2. Type 1 is an autoimmune disease, formally known as Juvenile Diabetes. Type 2, formally known as, Adult-Onset Diabetes. Due to the growth in numbers of obese children, the number of children is increasing with this diagnosis.

- More than 30 million adults and children have diabetes.
- 1 in 11 Americans have diabetes.
- 84 to 85 million Americans have pre-diabetes.
- Every 21 seconds someone in America is diagnosed with diabetes.
- African Americans and Hispanics are most likely to be diagnosed with diabetes.
- Persons with diabetes are more likely to have a stroke, heart attack and/or suffer from a loss of limb (s).
- The economic cost in America is estimated at 320 billion dollars annually. This year diabetes has caused more deaths than breast cancer and AIDS combined. This is the one-hundredth-year anniversary of the discovery of insulin. In 1923, the first patient was treated with insulin.

Recommendations to avoid or live better with diabetes:

- Eat more plant-based food
- Be more physically active
- Lose weight
- Eat unsaturated fats and not saturated fats
- Avoid fad diets

Make healthier [food and beverage] choices.

QUEENS PUBLIC LIBRARY



CALLING ALL VENDORS HOLIDAY GIFT FAIR

Do you make premium hand-crafted goods such as jewelry, knit apparel, and candles? Are you a reseller of small items from toys to beauty aids?

You can sell them just in time for the holiday season and support your local library.

> SECURE YOUR VENDOR TABLE FOR \$100 SPACE IS LIMITED

CONTACT JERRIE GRANTHAM 646-775-7146 or jgrantham@queenslibrary.org

> Sunday, December 11th 1:00 – 3:00 PM Kew Gardens Hills Library 72-33 Vleigh Pl

🥩 betterhelp

Scan to start therapy!

Therapy is for Everyone

Our mission is to empower everyone to take care of their mental health. Queens Borough President Donovan Richards has partnered with BetterHelp the world's largest therapy platform - to give free therapy to you for one month.

 It's professional. All therapists are licensed board-certified •It's convenient. Wherever you are - via video, phone or text. Its safe and confidential.







LIVE VIDEO







Get started today, it's easy!

1. Scan the QR code or go to betterhelp.com/queensbp

LIVE CALLS

- 2. You'll then be prompted to answer questions about you, your preferences and your goals. This helps us match you to the right therapist.
- Then you can activate your BetterHelp account via email.
- 4. We ask that you submit a valid payment method, and you will not be charged if you cancel within one month.
- 5. And... all done! You'll get matched to your therapist within 24 hours!

What to expect:

Starting therapy for the first time is something to be proud of. But it can also feel daunting. Here are a few tips to calm those nerves:

- Your therapist isn't here to judge you. Be honest and be authentically you.
- It's ok to start therapy even if you feel like you don't have lots to talk about. Figuring out your goals can be part of the process.
- Your therapist cares about who you are and how you're doing. The relationship between you is where a lot of the work happens.
- Switching therapists is totally ok. You should feel empowered to switch as many times as you need to find the one that feels right.

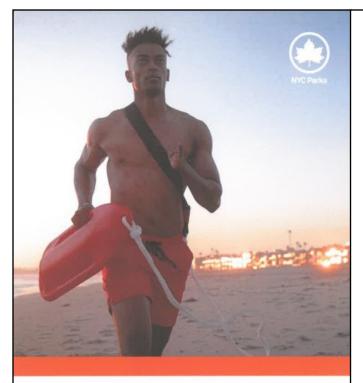
Need extra support? Email us at contact@betterhelp.com



SNAP, Inc (*Services Now for Adult Persons, Inc.*) is a community agency that provides many services for older adults aged 60 and above. We offer case management, Meals on Wheels, Caregiver support, transportation, senior center services such as congregate meals, classes, trips, activities (virtual and in person), and Friendly Visiting, which places volunteers with homebound older adults for one hour per week to help lessen their social isolation.

If you or someone you know, would like more information about SNAP programs or about volunteering in our Friendly Visiting Program, please reach out to Suzanne Windland, Volunteer Coordinator at 718 454-2100, Ext. 123 or via email to imasnapvolunteer@gmail.com

Please visit our website at www.snapqueens.org



Join the team! Become an NYC Parks lifeguard.

Spend your summer working outdoors at some of NYC's most iconic destinations you'll help keep New Yorkers safe, make new friends, and get paid to do it!

AS A LIFEGUARD, YOU'LL:

- Play a critical role in making summer safe and fun at beaches and pools citywide
- Develop valuable leadership and communication skills
- Earn your NYC Parks lifeguard certification and learn CPR, first aid, and rescue techniques
- Have access to all of our city's indoor pools to strengthen your swimming skills



HOW TO TRY OUT

All potential lifeguards must pass the Lifeguard Qualifying Test, which includes a vision and swim exam. Exams begin in December. To qualify, you must:

- Be at least 16 years of age by the start of employment.
- Have at least 20/30 vision in one eye and 20/40 in the other—without corrective lenses.
 Glasses and contact lenses may not be worn during the eye exam.
- Be able to swim 50 yards in at least 35 seconds, with proper form.



NYC Needs Emergency Snow Laborers!

Help to remove snow and ice from bus stops, step streets, and other locations throughout the city this winter.

Snow laborers will be paid \$17 per hour, and \$25.50 per hour after the first 40 hours worked in a week.

Interested? Schedule an appointment online to register as a snow laborer at one of these NYC DOT locations:

- Bronx Yard: Mosholu Avenue off Broadway (Van Cortlandt Park, across from Northwest Playground)
- Flatbush Yard: 2900 Flatbush Avenue, Brooklyn
- Lower Manhattan: 32 Robert Wagner Sr. Place, Manhattan
- Long Island City: 5-40 44th Drive, Queens
- Kew Loop Yard: 78-88 Park Drive East, Flushing, Queens
- Harper Street Yard: 32-11 Harper Street, Queens
- Long Island City: 42-00 Vernon Boulevard, Queens
- Rosedale: 139-09 Brookville Boulevard, Queens



Scan the QR code or visit nyc.gov/dot to schedule a registration appointment and get more information.









INFORMATIONAL HEARING

Hillcrest Jewish Center 183-02 Union Turnpike in Fresh Meadows 7:30 p.m.

Department of Transportation Car Share Program - One location has been selected in Community District 8 Q - 87th Road between 144th Street and 148th Street.

For speaking time, please contact our office at 718 264-7895 during normal business hours (Monday through Friday from 9 a.m. to 5 p.m.) and no later than 4 p.m. on the date of the hearing/meeting. For <u>up to three minutes</u> of speaking time. Do <u>specify if you wish to speak on which</u> public hearing item (s) and/or regular public participation which can be on any matter.



sanitation

NYC Department of Sanitation's "Winter Schedule" Begins for 2022-2023 Season

Schedule Change Allows for Round-the-Clock Storm Readiness; collection Times Could Vary.

The New York City Department of Sanitation announced today [*November 30, 2022*] that it has transitioned its operations to a winter schedule. Long known as "Night Plow," the Department schedules more employees to overnight hours during the winter to respond promptly and effectively to snow conditions around the clock. This winter shift is in addition to the unprecedented amount of nighttime trash and recycling collection already in place - all part of ongoing efforts to decrease the time that material sits on the streets and create a cleaner City with fewer rats.

When it is not snowing, Sanitation Workers scheduled for the night shift are frequently assigned to cleaning or collection duties, and as a result, residents may notice their trash, compost, and recycling collected at a slightly different time. The Department reminds residents: If you don't put your trash out at the right time, by midnight, you risk missing your pick-up.

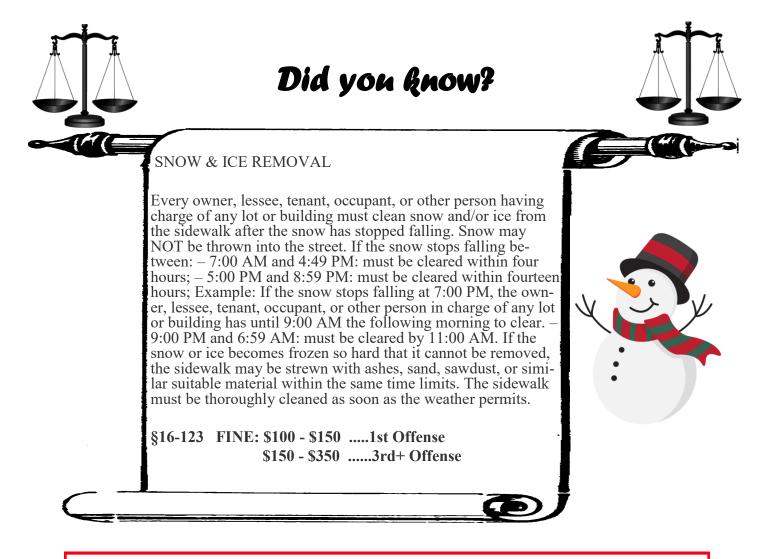
"There are more trucks running on the midnight shift than ever before," said Sanitation Commissioner Jessica Tisch. Regarding proper set-out times, she continued, "Our crews will be there; we need you to do your part and put the material out at the right time for us to collect."

The Department's focus on data and "on-the-ground" observations helps determine the start and stop of the winter operations. This year's announcement comes later in the year due to the earlier unseasonably warm temperatures. The winter schedule generally lasts at least through mid-April, but the Department will re-evaluate in the weeks and months to come.

The Department of Sanitation has a frontline defense of more than 700 salt spreaders dispatched at the first sign of frozen precipitation. Once two inches of snow has fallen on the City's streets and highways, the Department can deploy it's more than 2,000 plow-equipped trucks to clear snow and ice. The Department is responsible for more than 19,000 lane-miles of roadway in the City. Read our Snow Operations FAQs on Sanitation snow operations.

Help us spread the word by sharing the below text and photo on social media!

FYI: @nycsanitation kicked off its winter schedule; they're ready for snow around the clock. When it's not snowing, workers will collect more trash/recycling overnight, so be sure you put your items out by midnight of your collection day for pickup! More: https://www1.nyc.gov/ assets/dsny/site/resources/press-releases/nyc-department-of-sanitations-winter-schedulebegins-for-2022-2023-season



Join Our Team!

We are looking for another Full-Time Community Assistant to join our team. We are looking for a candidate with excellent computer, communication, organizational, and writing skills. Knowledge of City Government is a plus!

Salary range: \$32,520 - \$42,191 (including full NYC Benefits)

Please send resume and cover letter via certified mail return receipt to:

Community Board 8 Q 197-15 Hillside Avenue Hollis, NY 11423

<u>Attention</u>: District Manager Marie Adam-Ovide

Please go to our website for more information:

https://www.nyc.gov/assets/queenscb8/downloads/pdf/job-postings/CB8Q-Job-Posting-Community-Assistant-November-2022.pdf

Community Board 8Q and the City of New York are equal opportunity employers.

No telephone calls, please.

Community Assistant FT



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LIQUOR LICENSE NOTIFICATIONS

- Kissena Pizza, Inc. d/b/a Valentino's Pizza 71-47 Kissena Blvd. in Flushing Renewal - Wine, Beer and Cider License Application
- OGMA Pizza, Inc. d/b/a John's Pizza
 83-40 Parsons Blvd. in Jamaica
 Renewal Wine, Beer and Cider License Application
- Jaosub, Inc. d/b/a Sup Thai Kitchen 178-19 Union Turnpike in Fresh Meadows Renewal - Wine, Beer and Cider License Application

Any complaints about establishments with liquor licenses should be sent to Community Board 8 <u>in writing</u>. Unless a signed, <u>written</u> notification is received at our office, we cannot follow up. You must also include your address and telephone number.

CITY PARKING RULES

The City suspends alternate side parking regulations for both street cleaning purposes and traffic flow, on legal and/or religious holidays.



Immaculate ConceptionThurs., December 8th Christmas (observed) *......Thurs., December 26th

Parking meters are still in effect, except for *Major Legal Holidays.

DEMOLITION NOTICE



- 75-08 170th Street Demolition (Partial)
- 144-42 68th Road Demolition (Garage Only)

VACATE ORDER (Partial)

- **85-14 168th Street** Department of Housing Preservation & Development issued a partial vacate order Attic Apartment.
 - * Illegal Class A Apartment created at the attic
 - * Inadequate second means of egress one way in, same way out.
 - * Window sills are more than 20 Ft. drop from sidewalk.

December 2022 Image: Community Board 8, Queens						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7 Executive Mtg. 7:30 p.m. CB8 Office 197-15 Hillside Ave	Feast of the Immaculate Conception	9	10
11	12	13	Board Meeting Public Hearing 7:30 p.m. Hillcrest Jewish Center 183-02 Union Turnpike	15	16	17
Happy Hannukah! 18	19	20	•	22	23	24
25	Christmas 26 Day (Observed 6 We're closed! HAPPY KWANZAAY	27	28	29	30	31

"Always give without remembering. Always receive without forgetting."

– Brian Tracy