

HEALTH PLANS



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Join Us!

Whether you or a loved one takes prescription or over-the-counter medicine, it's important to learn about medication safety to help avoid side effects, overmedication or medication errors. Presented by the NYC Poison Control Center.

Topic: Medicine Safety for Older Adults

Host: Dilem Valenzuela

Date: Wednesday, November 16

Time: 10 am - 11 am

How to Participate: Click <u>HERE</u> to join the workshop with Zoom or see instructions on left

For questions, please call Monday – Friday, 9 am – 5 pm

Manhattan/Queens:

Ashley Carrillo, 917-886-5660

Queens/Long Island:

Eilene Valarezo, 917-608-7564

Brooklyn:

Dahyana Astudillo, 646-981-7437

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