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Sent: Tuesday, November 10, 2020 8:57 AM

To: OMH_HDP-L@LISTSERV.HEALTH.STATE.NY.US

Subject: COVID-19 Resources

Dear Colleagues,

The New York State Department of Health Office of Minority Health and Health Disparities Prevention has gathered various guidance documents and information to share with you.

COVID-19 RELATED RESOURCES

New York State Department of Health (NYSDOH) COVID-19 Travel Advisory

In response to increased rates of COVID-19 transmission in certain states within the United States, and to protect New York's successful containment of COVID-19,

the State has joined with New Jersey and Connecticut in jointly issuing a travel advisory for anyone returning from travel to states that have a significant degree of community-wide spread of COVID-19.

Click here for more information

Center for Disease Control and Prevention (CDC) Similarities and Differences between Flu and COVID-19

Influenza (Flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a new

coronavirus, and flu is caused by infection with influenza viruses. In addition, COVID-19 seems to spread more easily than flu and causes more serious illnesses in

some people. It also can take longer before people show symptoms, and people can be contagious for a longer time. Another important difference is that while there is

currently no vaccine to prevent COVID-19, there is a vaccine to protect against flu—and this year, getting your flu shot is more important than ever. The best way to

prevent infection is to avoid being exposed to the virus.

Click **here** for more information from the CDC

Click here for information from the NYSDOH

HEALTH LITERACY RESOURCES

Center for Disease Control and Preyention (CDC)

Health Equity Considerations and Racial and Ethnic Minority Groups

Long-standing systemic health and social inequities have put many people from racial and ethnic minority groups at increased risk of getting sick and dying from

COVID-19. The term "racial and ethnic minority groups" includes people of color with a wide variety of backgrounds and experiences. But some experiences are

common to many people within these groups, and <u>social determinants of health</u> have historically prevented them from having fair opportunities for economic, physical, and emotional health.

Click **here** to read the article

American Medical Association (AMA) COVID-19 Fact Sheets

The AMA creates and translates accessible COVID-19 information into different languages to help all patients know when, and how, to seek care. All materials are reviewed and vetted by physicians and medical school faculty members at the Harvard hospitals. These materials are freely available for download and distribution without copyright restrictions.

AMA currently support 35 languages. If you can help translate our materials into a language or dialect not listed here, please reach out to us.

Click here for more information

UPCOMING EVENTS AND WEBINARS

UCLA Center for Health Policy Research Addressing Health Equity through Data Disaggregation

Disaggregated race/ethnicity data is needed to expose gaps in health equities and inform policies and programs and close those gaps. If you work with health data and want to increase population representation, we invite you to join in our technical assistance workshops to address barriers to disaggregation.

Register here – October 21st – December 15th

Asian Women for Health (AWFH)

8th State of Asian Women's Health Conference

Trust in the Time of COVID: Best Practices for Culturally Responsive Care and Support
Our 2020 conference focuses on educating healthcare professionals about the importance
of providing culturally responsive and competent care,
and to recognize frontline workers' contributions to advancing Asian women's
health. This important state-wide gathering of community members,

advocates, public health officials, service providers, business leaders, community-based organizations, researchers, and policy makers, provides a rich co-learning platform for engaging key stakeholders and facilitating cross-sector collaborations. Our goal is to shed light on how cultural competency can be used to advance social justice and address health disparities.

Register here – November 12, 2020 at 9:00 a.m.

COVID-19 COPING RESOURSES

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

Concern about COVID-19 can cause stress, anxiety and sleep difficulties, especially for those affected by ADHD. Children and Adults with Attention-Deficit/Hyperactivity

Disorder (CHADD) has created a guide on ADHD and COVID-19