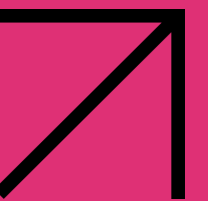


LATINAS ON THE VERGE OF EXCELLENCE -

L.O.V.E.

MENTORING

PROGRAM





Who we are

The Latinas On the Verge of Excellence (L.O.V.E.) Mentoring Program empowers young women to recognize their innate strengths and achieve personal and professional goals through mentorship and health education. Our focus includes **mental, reproductive, and physical health, as well as college and career readiness.**



Our Goals & Outcomes

**Increase Self-Esteem
and Growth Mindset**

**93% of students state
that attending the
L.O.V.E. program
during their high
school years helped
them increase
self-confidence**

**Develop an
understanding of
sexual health
education**

**82% of students who
actively participate in
the L.O.V.E. program
develop an
understanding of
sexual health
education**

**Enhances English
Language Learners'
proficiency levels**

**94% of native
Spanish-speaking
students report
language skills
acquisition based on
their participation in
the L.O.V.E. program**

**Bolsters academic
and career
success**

**91% of students who
complete the L.O.V.E.
program graduate
from high school and
pursue higher
education**



Our Impact

13

Years of Service

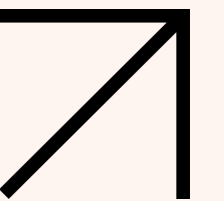
45

Middle & High Schools Served

3,400

Young Women Supported

The Latinas On the Verge of Excellence - L.O.V.E. Mentoring Program believes that women can do absolutely anything they set their minds to.



Curriculum Outline

Self and Mental Health	Self-love, Body Image, Peer Pressure
Physical Health and Wellness	Self-care Strategies, Physical Activity and Exercise, Nutrition and Healthy Eating
Reproductive Health	Friendships, Healthy Relationships, Understanding Gender/Sexual Orientation
College Access	What is College Like?, Financial Aid and Scholarships, Alternative Pathways
Career Readiness	Resume Building, Mock Interviews, Budgeting and Saving



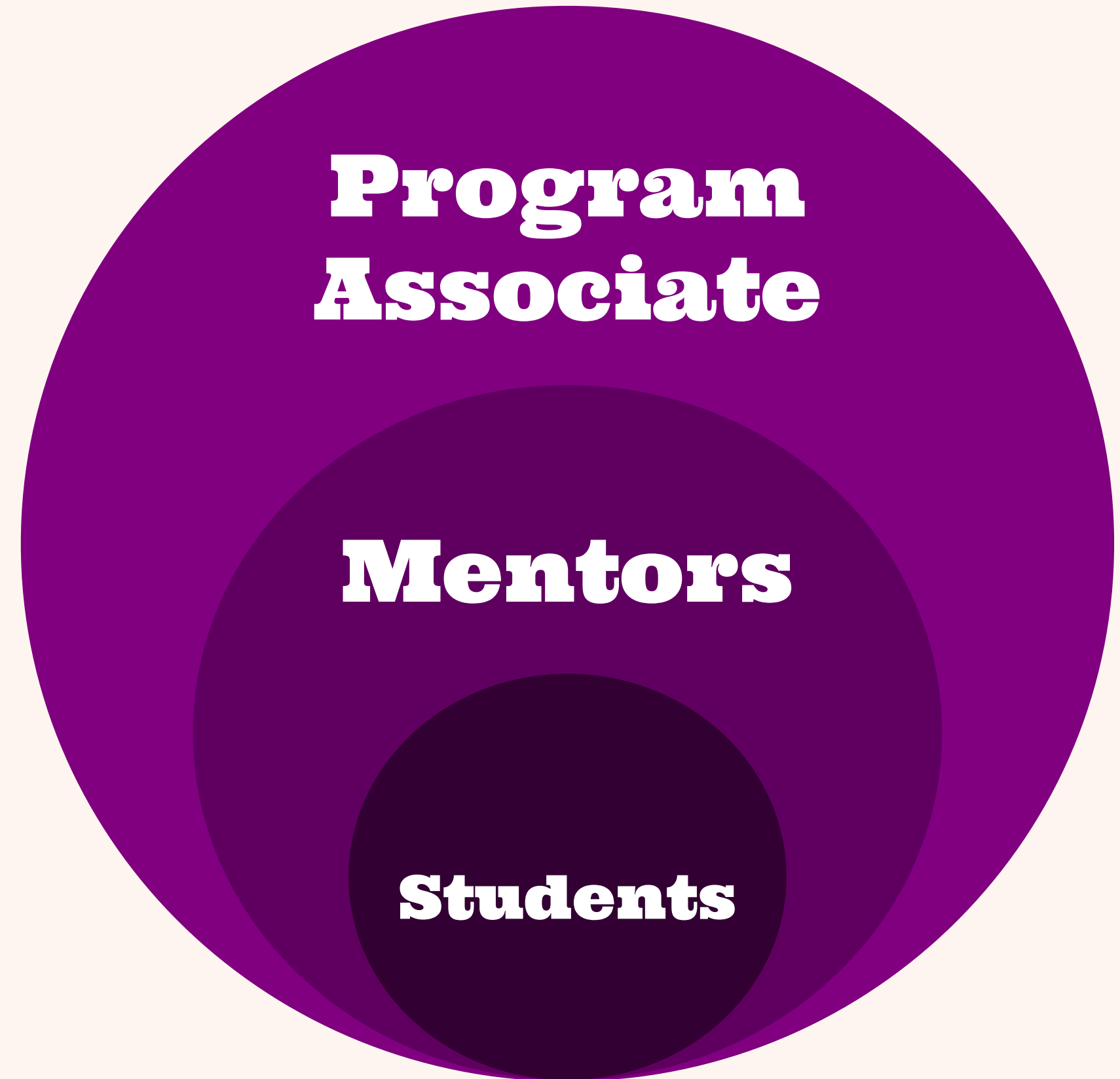
L.O.V.E. Class Outline

- 01** Ice Breaker
- 02** Lesson Introduction
- 03** Activities
- 04** Debrief



Class Details

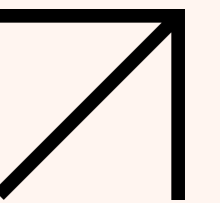
- Classes are held during an aligned course (health, leadership, advisory, study hall, etc)
- The average class size is 20 students
- The average number of mentors are 5
- School staff and Program Facilitator present in class



Contact us!

General Inquiries: info@lovementoring.org

Partnerships: Nancy@lovementoring.org



www.lovementoring.org

Follow Us! [@lovementoring](https://www.instagram.com/lovementoring)



Thank You!

