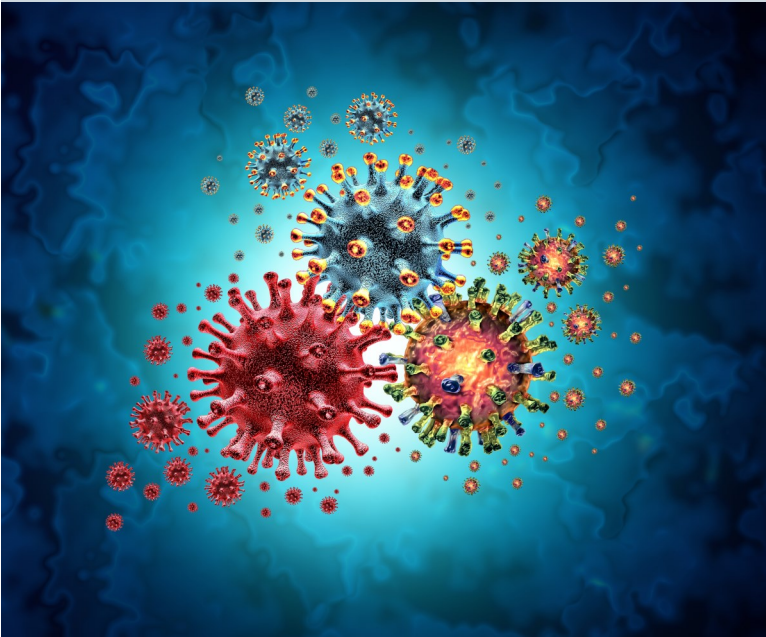


Preparing for Respiratory Virus Season

Virtual Webinar — No Registration Needed



Thursday, October 9, 2025,
from 10 to 11 a.m.

Thursday, November 13, 2025,
from 10 to 11 a.m.

Thursday, December 11, 2025,
from 10 to 11 a.m.

Tuesday, January 6, 2026,
from 10 to 11 a.m.

Respiratory virus season is here and staying informed is more important than ever. Join our free webinar to learn about:

- Current infection risks for respiratory viruses
- Updated COVID-19, flu, and respiratory syncytial virus (RSV) vaccine guidelines
- When to seek medical care
- Prevention tips to reduce the spread of respiratory viruses
- Resources to keep you and your family healthy

To join the webinar, visit bit.ly/respiratory-virus-webinar. This meeting link will be used for all four webinar sessions.

Meeting ID: 161 421 1775

Passcode: 309175



For more information or to request an accommodation,
email healthyaging@health.nyc.gov.

