Sentinel Newsletter

It's the little things that make the "BIG" difference.



June 25, 2018

GENERAL BOARD MEETING

Monday, June 25, 2018 @ 7:30 PM Bellerose Assembly of God — 240-15 Hillside Avenue, Bellerose, NY 11426

<u>AGENDA</u>

- 1. Community Time
- 2. Meeting Called to Order
- 3. Pledge of Allegiance
- 4. Public Speaking Time
- 5. Elected Officials Welcome
- 6. Chairman's Report Clive Williams
- 7. District Manager's Remarks Mark McMillan
- 8. Roll Call
- 9. Approve Minutes May 2018
- 10. 2018 Executive Board Election
- 11. Committee Reports
- 12. Adjournment

<u>NEXT</u> GENERAL BOARD MEETING, Monday, September 24, 2018 Bellerose Assembly of God 240-15 Hillside Avenue, Bellerose, NY 11426

LIQUOR LICENSES

- ♦ Twin Ponds Bakery Renewal, 234-04 Merrick Boulevard, Laurelton
- $\diamond \ \ \, \text{Blue Light Café} \ \ \text{New Application, 271-21 Union Turnpike, Floral Park}$



Melinda Katz Borough President

Vicky Morales-Casella Director of Community Boards Queens Community Board 13 219-41 Jamaica Avenue Queens Village, NY 11428 718.464.9700 Fax: 718.254.2739 gcb13.org



Clive Williams Chair

Mark McMillan District Manager

DISTRICT MANAGER'S REPORT – June 2018

Meetings Canceled:

Transportation Committee Parks & Environment Committee

Events/Meetings Attended:

May 21, 2018: Queens Community Board 13 General Board Meeting at Saint Peter's Lutheran Church in Springfield Gardens.

May 31, 2018: Planning meeting for the Grand Rebbe Anniversary taking place on June 16, 2018. Chair Clive Williams and Board Members Bryan Block and Steven Taylor were also in attendance.

June 5, 2018: Idlewild Park 2nd Quarter on-site meeting. Board Member Fay Hill was in attendance.

June 6, 2018: On-site meeting at PS 191Q with Principal Michael Ranieri, Council Member Barry Grodenchik and 105 Precinct Commander Deputy Inspector Neteis Gilbert on communication and participation with school activities with the precinct.

Attend and participate in "Healthy Community Day" planning meeting held at New York City Children's Center in Glen Oaks. **Board Members Bonnie Huie and Jerry Wind** were in attendance.

Chair Public Safety Committee Meeting. Deputy Inspector Neteis, Lieutenant Lauterburg and Detective Cooper all attended the meeting.

Twin Ponds Bakery, 234-04 Merrick Boulevard, Laurelton, attended looking for support for a Liquor License renewal. Concern was expressed about the new roof lounge and its closing time. Additional security measures were requested. Ownership agreed to the conditions and the committee voted to support renewal.

<u>Blue Light Café</u>, 271-21 Union Turnpike, Glen Oaks, attended looking for support for a New Application for a liquor license. Again, additional security measures were requested by the 105 Precinct, as well as their active participation in both the Precinct Council

meetings and the nightlife meetings. Ownership agreed, and the committee voted to support the new license application.

Attend "Marijuana Reform Town Hall" at Robert Ross Johnson Center convened by Council Members Donovan Richards, I. Daneek Miller, Adrian Adams, Rory Lancman and Chiam Deutch. In attendance were the Board Chair Clive Williams, and Board Members Verdell Boncoeur, Jackie Campbell, Delroy Dawkins, Sam Elliott, Lorraine Gittens-Bridges, Bonnie Huie, Marcia O'Brien and Jackie Wilson. Maxine Brannon, Community Coordinator, also attended.

June 7, 2018: Attend and participate in Seniors and Special Needs Committee Meeting Chaired by *Kangela Moore* and Vice Chaired by *Jerry Wind*. Details will be shared in their report.

June 8, 2018: Attend and participate in Department of Environmental Protection (DEP) Ground Water Study Results Meeting at DEP Queens Headquarters in LeFrak City, Rego Park. Elected officials attending were: State Senator Leroy Comrie, Assembly Member Alicia Hyndman, and DEP Commissioner Vincent Sapienza.

June 11, 2018: Attend and participate in Land Use Meeting Chaired by **Richard** Hellenbrecht and Vice Chaired by Bess DeBetham. Details will be shared in their report.

June 12, 2018: Attend Queens Borough Cabinet Meeting. Topics:

- I. **Presentation on Curb Cut Permit Policy,** by Derek Lee, Queens Borough Commissioner, NYC Department of Buildings.
- II. **Presentation on the FloodHelpNY Program** by William Norten, Program Associate, Center for NYC Neighborhoods.

Attend and participate in Youth & Education Committee Meeting Chaired by **Rhonda Kontner** and Vice Chaired by **Lorraine Gittens-Bridges.** Details will be shared in their report.

June 13, 2018: Attend and participate in Economic Development Committee Meeting Chaired by *Curlene Nelson* and Vice Chaired by *Richard Hellenbrecht*. Details will be shared in their report.

June 18, 2018: Host District Service Cabinet Meeting at QCB 13 office.

June 19, 2018: Attend and participate in Parks & Environment Committee Meeting Chaired by Fay Hill and Vice Chaired by Peter Richards. Details will be shared in their report.

June 21, 2018: Attend and participate in Health Committee Meeting Chaired by **Bonnie** Huie and Vice Chaired by Ashok Satkalmi. Details will be shared in their report.

Respectfully, submitted, nach ME thille Mark McMillan

District Manager



It's Supposed to be Hard (Part 2)



There is a large rock on the top where we all can sit, feet dangling, and enjoy our lunch. I always have a sandwich of peanut butter and honey on whole wheat – for the protein and energy without feeling heavy. We also share a libation to celebrate making it to the top. But, there is the danger of getting too relaxed. Going down is often more difficult than climbing up.

After lunch is finished we admire the views – 360 degrees – of seeing as far as the eye can see. To the east is the Hudson River; in other directions are the peaks and valleys of the lower region of the Adirondack Mountains. There is also the ability to walk all the way to Tennessee as one of the trails here eventually links up to the Appalachian Trail.

Time for the descent. We hop on a couple of large boulders and there is the trail marker that shows the way down. This is again, a single file trail and is very steep. The lead has to adapt the technique used by skiers to maintain control – going side-to-side. It is a little more complex as there is a running stream adjacent to the trail which give a slippery condition at certain spots.

We start going down at everyone gets into a rapid trot. You have to be careful as the slightest slip can cause you and everyone in front to take a long, hard tumble. Going down is vigorous as the heavy breathing once again begins. One often feels off balance as the momentum of the hill gives you speed you would not ordinarily have, and using the downhill technique you have to stop on a dime and change direction to keep control.

All of a sudden everyone stops. The person in the lead says, "Whoa!" A snake was passing and he was about to step on it. He could not retreat because of everyone who was following had speed, but somehow the line managed to stop. The snake, un-rattled (no pun intended) slithered away as the group took a collective deep breath. Just as suddenly, the sky begins to markedly darken – to the point where we could see it through the heavy tree canopy we were in. A thunder storm was imminent.

We picked up the pace as city dwellers are not used to being rained on and the tree cover posed the danger of a random lightning strike. Everyone was quiet and careful, watching both their footwork and the darkening sky above. And then the sky lit up and – CLAP – this loud sound of thunder. A collective gasp from the group. We still had a long way to go down as we were only approaching the railroad tracks. And the drizzle started.

Unless you have gone camping or done basic training in the armed services, being out in the wilderness in a storm can be terrifying. I could see the terror on their faces. The rain began coming down harder and we still had a significant distance and time before we would reach the bottom. Quickly, we crossed the tracks and got to the lower level of the hill. There was a clarity of purpose in the group as everyone moved with discipline. We were getting wet but we would be safely in our cars soon. After about ten minutes, it was really dark and somehow we had lost the trail marker. Now the terror and fear turned into anger and panic. What were we to do? Go back up in what was now a driving rain (complete with thunder and lightning) to the railroad tracks and pick up the trail marker? Or continue our descent and figure it out when we were at the bottom?

We decided to keep going down as now the path we were on was becoming extremely muddy. The stream next to the path was getting a greater flow of water and there was concern about going in circles if we went back up. Less time in the trees was better for avoiding potential lightning strikes.

Everyone was totally drenched. When your clothes are wet, your feet are wet and you do not know how soon you will get to a safe, dry place you start to get pissed. Well, folks – in their fear – were losing their tempers and yelling with anger about, how we were going to get back? I said, "Let's just keep going down." We needed to go slowly, safely as we sure did not need someone falling and getting hurt. Most in the group then accepted their situation and kept trudging down.

As we got closer to the bottom and the steepness of the hill dissipated, we began hear some animal noises. More panic: "Is that a bear?" someone shouted? One person started to cry. It didn't sound like a bear to me, but I strongly suggested that we not shout or make any unnecessary loud noises. The group agreed and we slowly moved forward. We could hear cars passing, but there was still that animal noise. All of a sudden a fence made of logs blocked our way – it was a corral and the noises we heard were horses. We had to walk through the corral to get to the road which would take us to our cars. I heard someone say, "Thank God!" Then I heard someone else say, "Yuk!" Apparently they had stepped right into a large pile of horse manure. I sure hope they are not riding in my car, I thought to myself.

Interestingly enough as we walked to the road that would take us to our cars, no one even noticed the heavy rain pouring on our heads. We had encountered something unexpected, that we were not prepared for and survived. The experience that day was a microcosm of life – beautiful, tough ups and downs, losing your way, eventually coming to terms with reality. It was hard, as it was supposed to be. Mark McMillan, District Manager



SEQ Leaders Host Marijuana Town Hall

Queenspress.com | Friday, June 8, 2018

By: Ariel Hernandez



Southeast Queens' elected officials held a town hall in St. Albans on Wednesday night to educate the community on why legalizing marijuana in New York City would be beneficial to Southeast Queens, which is predominantly composed of black and Latino families.

The panel included Derrick Powers, the president of the National Organization of Black Law Enforcement Executives; Anthony Posada, a supervising attorney for the Legal Aid Society; Chris Alexander, a member of the Drug Policy Alliance; and City Council members Donovan Richards (D-Laurelton), Adrienne Adams (D-Jamaica), Rory Lancman (D-Hillcrest) and I. Daneek Miller (D-St. Albans), all of whom had recently signed a letter to Queens District Attorney Richard Brown last month calling for an end to prosecuting low-level marijuana offenses in the borough.

During the discussion, Richards stated that the 105th Precinct, which covers Queens Village, has been the top precinct in New York City for nearly a decade in both summonses and arrests for marijuana.

"No young kid should be put in jail for low-level marijuana offenses," said Richards, stating that such of offense would follow the child for the rest of their life. "Unless there is a gang nexus tied to marijuana, there's no reason to put people through this."

Adams said that 80 percent of marijuana-related arrests in the city are black and Latino people.

"Why is it that communities of color continue to be targeted for theses offenses?" said Adams. "This marijuana issue is just the tip of the iceberg for us and we have a myriad of issues that must be dealt with when talking about race, but we're going to start tonight just by talking about weed. It seems small, but it is monumental.

Where does the stigma come from that black and brown people are criminals? Our youths have been snatched up from our communities for no other reason than that they are black and brown."

Adams said that although the NYPD told her that race was not a factor, she believed that once the issue of legalizing marijuana goes into effect, she has no doubt that there will be "another can of worms" targeting black and Latino communities.

Lancman, the chairman of the Council's Committee on the Justice System and a member of the Committee on Criminal Justice, said that he is calling on all five of the city's district attorneys to adopt reform policies.

"Police won't police what prosecutors won't prosecute," said Lancman. "Too much of policing policy falls on the backs of black and brown people and it does so intentionally."

Miller said that aside from marijuana-related arrests, there has been no increase in violence, crime or deterioration of public health in Southeast Queens.

"You don't have to be pro-marijuana to be pro-marijuana reform," said Miller. "Just admit that there's a problem with the law being enforced differently for different people."

Yvette Strong, an academic administrator and community resident, said that 98 percent of her students said they have been stopped by police.

"Trauma is real and mental illness is real," said Stephanie Ellis-Gibbs, the Parent Teacher Association (PTA) president at Eagle Academy, adding that a number of students use marijuana to help with mental health issues.

"Our young people are in pain," said Ellis-Gibbs. "If we're talking about legalizing marijuana for health benefits, are we also going to put in a piece about mental health, because the two are tied together?"

In 2017, more than 17,000 people were arrested for low-level marijuana-related offenses in New York City, 14,530 of whom were people of color.

Southeast Queens' 105th, 103rd and 113th precincts saw the highest rates of marijuana-related arrests between 2014 and 2016.

The Money Train Arrives

Nydailynews.com | Thursday, June 7, 2018

By: Daily News Editorial



The Mayor and City Council Speaker have struck a deal on half-priced Metro Cards for low-income New Yorkers. (Todd Maisel / New York Daily News) Mayor de Blasio and City Council Speaker Corey Johnson have struck a deal to fund half-priced MetroCards for low-income New Yorkers in the forthcoming city budget, two sources confirmed to the Daily News. The city will commit \$106 million to the 'Fair Fares' project, the sources said. That's less than the Council's full ask for the program, which was \$212 million, but comes after de Blasio has repeatedly said the goal was laudable but that the state, which runs the MTA - and not the city - should pick up the tab for it.

A spokesman for de Blasio insisted the deal wasn't done.

"We have more work to do. There is no deal," spokesman Eric Phillips.

Earlier Thursday, Johnson had said a deal was close.

"We are fighting, we are pushing. I feel like we hopefully will have a deal soon," Johnson said. "Negotiations continue...The Council's pretty united on this...I continue to have conversations with the mayor every single day about this."

Johnson made the funding a major priority in his budget negotiations, and was backed up by a small army of advocates who have been pushing for years for the program, and a majority of the Council. Those supporters noted that de Blasio had promised to make the city the "fairest" in the world — and that one way to do that would be to help low-income people get to work.

The push also came as de Blasio had defended the city's prosecution of fare-beaters — with Fair Fares advocates noting that many people jump the turnstile because they simply can't afford to pay to get to work.

The push for the program began with a report from the Community Services Society in 2015 that found one in four New Yorkers struggled with the cost of their MetroCard.

"This will make an enormous difference for economically struggling New Yorkers and will be a major step towards making New York a fairer, more equitable city," the Community Service Society and the Riders Alliance said in a joint statement on behalf of the Fair Fares Coalition.

David Jones, a de Blasio-picked MTA board member and president of the anti-poverty group Community Service Society of New York, an anti-poverty group, congratulated de Blasio for "seeing the light."

"The break through is because of the council and the willingness to be single minded," said Jones, a leading advocate in the Fair Fares movement.

He said the reduced-price cards would have a ripple effect throughout the city.

"You're talking about almost a month's rent being saved by people. We know we have a homelessness crisis that seems to balloon and that's partially an economic one," Jones said. "Anything that relieves people of pressure, particularly for housing, food, clothes and also facilitates them getting to work, is exactly what a progressive city should be about."

Jones characterized the \$106 million as a "down payment."

"Once you put your foot in the road this way, there's no going back," he said. "I think that's an extraordinary thing."

As for de Blasio's initial reticence, Jones said he understood a cautious approach to funding the MTA, which de Blasio has argued has not spent its money correctly - but said this money would be going directly to the people in need.

"It's not going into massive bureaucracies, it's not going to get light shows on bridges, it's going to actually do something for people who really need the help," Jones said.

11 Colorful pianos will pop up in these public spaces in Queens this June

QNS.com | Wednesday, May 30, 2018

By: Suzanne Monteverdi



Visual art and music will collide on the streets of Queens this summer.

From June 4 to 24, nonprofit arts organization Sing for Hope will bring 51 uniquely designed pianos to the city's parks, public spaces and high traffic locations as part of the seventh annual Sing for Hope Pianos initiative.

Each brightly colored piano was designed by local artists or Broadway casts from musicals including "Kinky Boots," "Dear Evan Hansen" and "Wicked." During the month of June, New Yorkers are invited to use the pianos to practice, improvise or to simply take in the view.

"Left Brain, Right Brain" by Lexy Ho-Tai

A total of 11 colorful pianos will be posted in Queens at the following locations:

- Long Island City Gantry Plaza State Park, 4-09 47th Rd., "Vibe," designed by Eric Karbeling
- Astoria Kaufman Arts District, 34-12 36th St., "Save Me A Dream," by Rocelli de Guzman
- <u>Astoria</u> Astoria Park, 21st Street by the tennis courts, "Thank You, Green," by Julia Ladds Clauss
- <u>Astoria</u> Paul Raimonda Park, 20th Avenue between 47th and 48th streets, "The Play That Goes Wrong," by the Broadway cast of "The Play That Goes Wrong"
- <u>Flushing</u> Flushing Meadows Corona Park Unisphere, located in the northern half of the park, "Left Brain, Right Brain," by Lexy Ho-Tai
- Flushing Flushing Town Hall, 137-35 Northern Blvd., "The Shape of Sound," by David Provan
- Forest Hills Yellowstone Park, 68th Avenue and Yellowstone Boulevard, "Owls," by Chelsea Marotta
- Jamaica Jamaica Hospital, 8900 Van Wyck Expy., "Wings for Hope," by AnnCharlotte Tavolacci
- St. Albans Roy Wilkins Recreation Center, 177-01 Baisley Blvd.; "Value," by Rezina Brutus-Foulkes
- <u>The Rockaways</u> Rockaway Beach Boardwalk at 86th, 86-01 Shore Front Pkwy., "Music Machine No. 2," by Adam Kidder
- <u>Glen Oaks</u> Queens County Farm Museum, 73-50 Little Neck Pkwy.; "The Creature's Chorus," by Nancy Swendseen

To learn more about each piano and its artist, visit this Sing For Hope webpage at https://www.singforhope.org/pianos/2018-artists-map/.

After their time on the city's sidewalks, pianos will be transported to local public schools where they will find a permanent home. The instruments will be used to enrich student music and arts education.

The Sing for Hope Pianos initiative is the country's largest annual public arts project, reaching an estimated 2 million New Yorkers annually across the five boroughs.





June 2018 · Volume 14 · Issue 6

Guest Op-Ed BOLD Act Would Help Alzheimer's Patients

YULANDIE LATHAM /

I am a registered nurse working in home care, specifically with clients with cognitive deficits. About seven years ago, my mother started to show signs of dementia. Despite my background, I was not prepared for what was to come.

I had to educate myself to be the best I could be for her, and for my extended family. I sought support from the Alzheimer's Association and found information, resources, and a community of people who genuinely wanted to help me in my role as a caregiver.

In the USA, someone develops Alzheimer's every 65 seconds, and two-thirds of its annual costs are being borne by Medicare and Medicaid. This pressing issue demands more attention than ever from our government.

This June, I will head to Capitol Hill alongside 1,300 advocates from across the country to urge our elected representatives to increase funding for research and to shift the thinking about Alzheimer's disease from an aging issue to a public health crisis.

Alzheimer's is the most expensive disease in America today and costs the country more than \$259 billion a year, which is why we need the Building Our Largest Dementia (BOLD) Infrastructure for Alzheimer's Act (H.R. 4256).

Endorsed by the Alzheimer's Association, the BOLD Infrastructure for Alzheimer's Act would create a country-wide Alzheimer's public health infrastructure to implement effective Alzheimer's interventions, including more early detection and diagnosis, reducing risk and preventing avoidable hospitalizations.

I urge everyone to join me in calling on Congressman Meeks and other representatives to co-sponsor the BOLD Infrastructure for Alzheimer's Act today (H.R. 4256)

Yulandie Latham is the Alzheimer's Ambassador to Rep. Gregory Meeks and a resident of Queens

AIRBNB, CHAMBER TEAM UP FOR HOST MIXER

Airbnb held a local tourism mixer with the Queens Chamber of Commerce, the first event of its kind in the borough with the Queens Host community.

The event, which was also sponsored by the Greater Jamaica Development Corporation and the Queens Economic Development Corporation, allowed 37 hosts from the Jamaica area come to meet other hosts, mingle and get to know local businesses in the community.

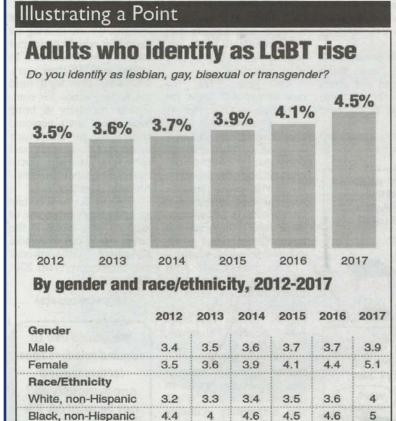
This mixer was intended to connect Queens hosts with their neighboring shops, restaurants and cultural institutions, which they may choose to recommend to their guests through a feature known as a Guidebook, where guests can view the best local spots to check out.

Along with building relationships between the Airbnb community and small businesses, this event will also introduce hosts to Airbnb Experiences and Concerts across the borough.

Ninety-five percent of Airbnb hosts recommend local small businesses to their guests. A 2017 study conducted by HR&A Partners showed that Airbnb generated \$2.9 billion in economic activity for businesses in 2016, supporting 38,000 jobs statewide.

"Airbnb is proud of the positive effect that home sharing has had on New York City's business community, encouraging visitors to patronize neighborhoods right here in Queens that were once left out of the traditional tourism economy," said Josh Meltzer, head of Northeast police for Airbnb. "By partnering with the Queens Chamber of Commerce, we hope to amplify that impact, connecting our Oueens host community with even more of their neighboring shops, restaurants and cultural institutions so that they can recommend them to guests."





4.3

3.5

Hispanic

Asian, non-Hispanic

4.7

3.3

4.9

4.2

5.1

4.9

5.4

4.9

Source: Gallup Graphic: Staff, TNS

6.1

4.9

Get to Know Your Neighborhood Coordination Officers

Find your sector. Find your NCOs.

Neighborhood Coordination Officers, or NCOs, are your local problem solvers. They spend all their working hours within the confines of their assigned sectors, actively engaging with local community members and residents. They get to know the neighborhood, its people, and its problems extremely well.

Feel free to email your officers directly, or contact your local precinct, to discuss ongoing crime or quality-of-life issues. (* *Position/Sector according to 105 Precinct*)

Position/ Sector	NCO's Name Email Address		
NCO Supervisor	Sgt John Collins	Collins John.Collins@nypd.org	
A Springfield Gardens, Rosedale	PO Luis Benzant	Luis.Benzant@nypd.org	
	PO Jessica Koehler	Jessica.Koehler@nypd.org	
B Laurelton	PO Christopher Kissane	<u>Christopher.Kissane@nypd.org</u>	
	PO Lonell Patrick	Lonell.Patrick@nypd.org	
C Cambria Heights	PO Jennifer Candela	Jennifer.Candela@nypd.org	
	PO Darnell Gatling	Darnell.Gatling@nypd.org	
D Queens Village	PO Richard Tarver	Richard.Tarver@nypd.org	
	PO Vicente Vivar	Vicente.Vivar@nypd.org	
E Bellerose, Floral Park, Glen Oaks	PO Joseph Contessa	Joseph.Contessa@nypd.org	
	PO Shawn Gallagher	Shawn.Gallagher@nypd.org	

Changing of the Guard in NYPD's 105 Pct.

Ochron.com | Thursday, June 7, 2018

By: David Russell



Keeping with tradition in the NYPD's 105th Precinct, Deputy Inspector Neteis Gilbert receives the commander's pin from Inspector Jeffrey Schiff.

Inspector Jeffrey Schiff, until last week the commanding officer of the 105th Precinct, said goodbye to the community last Wednesday at Seventh Day Adventist Church in Laurelton. Schiff, speaking at his last meeting of the precinct's Community Council, is the new executive officer in the NYPD's Counterterrorism division.

"I'm going to miss the interaction that I've had with all my friends and partners out in the community, the elected officials, the civic presidents, members of the audience, the people out on the street," said Schiff, who arrived from the 106th Precinct two years ago.

"I'm going to miss that interaction. I won't have that again and this is hard for me."

It will be a different role for Schiff after more than two decades on the force.

"I joined the force to be on the front lines, boots on the ground, dealing with the men and women of the community in many capacities," Schiff said. "As a cop, I wanted to catch the bad guy. I wanted to put my hands on that individual, laugh and smile as I put the handcuffs on him, put him in the patrol car and take him into the cells in the precinct. That's what I like to do."

Schiff reached out to the community and made headlines in the past for his Twitter account, which told followers about criminals who were out on the street.

"When he came in, one of the voids he really filled in this community was communication with the precinct," said Councilman Donovan Richards (D-Laurelton).

Schiff is well-liked by people in the area, even at a time when there are discussions on how to decrease tensions between the police and the people throughout the country.

"A relationship with the community that makes us feel like we're in an alternate universe here," said Clive Williams, chairman of Community Board 13, "Because if you live in the precincts of Community Board 13, you wonder what the rest of the United States are talking about with the relationship between the community and the police, because the relationship with the police and our community has never been better."

Deputy Inspector Neteis Gilbert will be the new commanding officer. In the past, Gilbert had been the executive officer at the precinct.

"When I was told that I was coming back to the 105, I was ecstatic," Gilbert said. "Ecstatic. I couldn't come back to a better community."

She learned collaboration and community effort as a cop in Bedford-Stuyvesant. She was also a sergeant at the 103rd Precinct in Jamaica.

Gilbert, who has earned a bachelor's degree in law and justice, a master's in neuropsychology, and another master's in forensics, handled school safety investigations and was also commanding officer of Police Service Area 1 in Brooklyn, which covered public housing in six precincts from Canarsie all the way up to the Barclays Center.

Similar to her predecessor, Gilbert wants open communication from the people in the area.

"You have to tell us, how do you want your community to be policed? That's what it's all about," Gilbert said. "Otherwise, we take it upon ourselves and think we know what you need, but that's not the case. Because we're here for you every day. But you know what's going on specifically in your community."

Schiff also had one message for the Laurelton audience.

"The men and women of the 105 are here for you," Schiff said. "Don't let anybody ever tell you anything different. Everybody who puts on that uniform, puts that shield on and carries a gun in my department, and even those that don't carry a gun who work in our support units, they're all here to help the community and help the city be as safe as possible."

Tuesday, June 26, 2018: New York Primary Elections

How the primary works

A primary election is an election in which registered voters select a candidate that they believe should be a political party's candidate for elected office to run in the general election. They are also used to choose convention delegates and party leaders. Primaries are state-level and local-level elections that take place prior to a general election. New York utilizes a closed primary process, in which the selection of a party's candidates in an election is limited to registered party members

Primary Election

JUNE 26

Your Voter Rights

You have the right to vote in a primary election if:

- You are a registered voter and you are enrolled in a party that is holding a primary.
- You are inside your polling place no later than 9:00 p.m. on Election Day.

You have the right to vote in a general election if:

- You are a registered voter.
- You are inside your polling place no later than 9:00 p.m. on Election Day.

In any election, you have a right to:

- Be assisted by any person of your choice (except your employer or union representative), including a trained poll worker, if you need help to vote. If you need an interpreter, BOE interpreters are available to assist voters at selected sites. Call 866-VOTE-NYC for more information, including which polling sites have interpreters available and for which languages.
- Ask election workers how to vote.
- Vote even if the voting machine is broken.

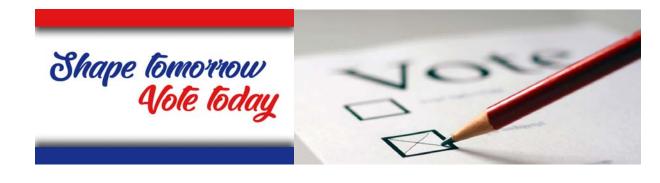
Vote by "affidavit ballot' if your name is missing from the list of voters at your polling site.

You may have to show identification to vote in this election if you are voting for the first time at your polling place.

 Acceptable forms of identification include valid photo ID or current utility bill, bank statement, government check or paycheck, or government document that shows name and address.

If you cannot or choose not to show identification, you have the right to vote by affidavit ballot.

You can only vote if you are a registered Democrat or Republican.





VOTE FOR THE CITY YOU WANT

Congressional Primary on Tuesday, June 26, 2018



Lost in the shuffle last week of a proposed overhaul of city bus and subway service was a vote by the Metropolitan Transportation Authority to approve a yearlong reduced-fare pilot program for Southeast Queens and Brooklyn residents looking to take the Long Island Rail Road to and from the Atlantic Avenue station in Brooklyn.

What was first broached years ago as the Freedom Ticket is now the Atlantic Ticket. Beginning June 6, Queens residents traveling between Atlantic Avenue and LIRR stations at Hollis, Jamaica, Laurelton, Locust Manor, Queens Village, Rosedale and St. Albans will be able to pay \$5 for the trip, as opposed to the peak one-way fare of \$10.25.

"Many of our customers from eastern and southeastern Queens live near enough to the LIRR to use it regularly, but because of our existing fee structure they've historically chosen to commute using a combination of MTA subways and buses," MTA Chairman Joe Lhota said in a statement issued last week. "This study will let us gauge whether lowering LIRR fares has an effect on ridership of the LIRR, subways and express buses.

He said the MTA also wants to see how



Rosedale is one of 10 Long Island Rail Road Stations where riders can buy discounted tickets to and from Atlantic Avenue in Brooklyn when a year-long trial period begins on June 6. FILE PHOTO

a policy change might effect existing LIRR operations. The discount tickets, including \$60

weekly tickets, will be available from machines and sales offices, but not from conductors once a passenger has boarded the train.

Commuters and leaders from Southeast

Queens have been trying to start a Freedom Ticket program for years, with the aim of getting to Penn Station, rather than having to switch to a subway to get into or out of Manhattan.

The reception in the City Council was mixed.

"After years of planning, organizing,

towards our goal of achieving commuter rail equity for all underserved New York-Councilman Daneek Miller (D-St. ers." Albans) said

"The residents of my Southeast Queens district who have long endured prolonged and costly commutes from the far reaches of St. Albans, Queens Village, Locust Manor and Hollis will surely benefit from the reduced fare, faster commute time, and optional subway or bus transfer the 'Atlantic Ticket' will offer them," he added.

But he also said "our work continues."

And Councilwoman Adrienne Adams (D-Jamaica) in an email to the Chronicle said there still is work to be done.

"Queens residents rely heavily on public transportation to get around as they face some of the longest commutes to Atlantic Terminal and Manhattan," Adams said. "While the proposed ticket to Atlantic Terminal will help some Southeast Queens residents, I am disappointed that Penn Station was excluded from this pilot program, and not truly the 'Freedom Ticket' that we sorely need."

Adams said the limited scope "will not sufficiently mitigate the strain on the overburdened subway system and doesn't do enough to serve the commuters of Southeast Oueens.'

USE THE CHAMBER TO GROW YOUR BUSINESS THIS SUMMER

Summer has finally arrived, and the Queens Chamber is in full bloom! We have a myriad of events to pack your calendar and grow your business, so be sure to engage with us all summer long.

First, I want to wish a very heart-

felt "thank your" to our outgoing chairperson, Mayra DiRico. Not only do I want to make note of Mayra being the first female, foreign-born (Cuba) chairperson of the Queens Chamber, but I want to congratulate her on her passion and energy. Thank you for everything, Mayra!

From outgoing to

incoming, it is my pleasure to introduce Thomas J. Santucci as the new chairperson of the Chamber. Tom has been a fixture here in Queens and beyond, and we look forward to your leadership and continued hard work with the chamber.

THOMAS J. GRECH

PRESIDENT & CEO

MARK YOUR CALENDARS

June 6 - "The Future of Retail" at Queens Center Mall

Retail is undergoing an enormous transformation, leaving many asking, "What's the future of retail?" This conference, hosted by the Queens Chamber of Commerce Real Estate Committee, is designed to address that exact question.

June 10 – Queens Chamber Day: Mets vs. Yankees Subway Series Join the Oueens Chamber of

Commerce as we have our first Queens Chamber/NY Mets Day

at Citi Field. This game is against cross-town rival NY Yankees, and will be televised on ESPN at 8:05 p.m. Great seats, great time, great team. Let's Go Mets!

June 12 - Queens Manufacturing Consortium

If you are a manufacturer, be sure to

join us. This manufacturers-only event is intended to bring together our Queens-based manufacturers in the hopes of creating new business connections and resources. We will use this as a "matchmaking" event where local manufacturers will be able to connect on the spot.

June 21 - Queens Business Expo

This is our largest and most high profile event of the year. Don't miss out on this business opportunity to meet over 130 exhibitors, multiple educational seminars, and a wide range of speakers regarded as experts in their respective field.

Last year, thousands of people attended the expo.

July 18 – Queens Chamber Summer Cruise

Come sail with us as we cruise from the Marina by Citi Field, past LaGuardia Airport to the United Nations and back. Three-hour, rain or shine event with food, drink, DJ

and more.

These are just some of the events the Chamber is planning, for a full listing visit queenschamber.org.

Whether it be business assistance, education, or connections, please reach out to the Queens Chamber of Commerce at (718) 898.8500. Our staff is here to guide you and build your business.



Networking at the 2017 Queens Business Expo.

Laurelton, Rosedale remember the fallen











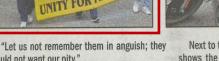






MICHAEL GANN





would not want our pity." Emmanuel Thomas, top center, commander of the Benjamin Moore Post 1946 of the American Legion in St. Albans, spoke at the conclusion of the annual Laurelton Memorial Day Parade by the monument at the Laurelton Veterans Memorial Triangle, top left.

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latest

the

For

At top right, the Linden Lightkeepers Adventurer Club prepares to get into formation.

In the second row left, Rosedale parade grand marshals Bryan Block, the former chairman of Community Board 13, second from left, and former Air Force Sgt. Lawrence Gallmon, are honored beforehand by city Comptroller Scot Stringer, Rosedale Civic Association President Marcia O'Brien and Borough President Melinda Katz. Next to them, the Pathfinders marching band shows the colors proudly in Laurelton, as do Rosedale resident Dr. Reba Perry and her dog, Luna. At far right, Laurelton honored its living soldiers, past and present.

Above left, the Federated Blocks of Laurelton civic association marched proudly while, above right, Army veteran Edward Wade of the U.S. Veterans Motorcycle Club and his Harley Davidson prepare to join the lineup in Rosedale. Second from the right in the third row, area Lions Clubs joined forces in their annual strong showing in Laurelton.

Next to them, the Explorers Post from the NYPD's 105th Precinct were anther contingent of young participants, along with the Rosedale Jets youth football program, right, and the Girl Scouts, who marched in Laurelton.









Navy jet noise study good news for Queens, Congresswoman says

BY SUZANNE MONTEVERDI smonteverdi@gns.com / @smont76

A Queens lawmaker's effort to limit aircraft noise over the borough is moving forward.

Congresswoman Grace Meng's measure to authorize a Navy Jet Noise Reduction Program has passed the House. The program, an initiative within the U.S. Navy's Office of Naval Research, seeks to reduce engine noise of high-performance military air crafts.

Research and subsequent changes implemented to the military air crafts could then be applied to commercial jets, Meng said. Under the provision, the Secretary of the Navy is directed to share relevant noise reduction discoveries with the civilian aviation community.

This research could result in decreased noise over Queens, the congresswoman said.

"The Jet Noise Reduction Program has the potential to be a critical component in mitigating excessive aircraft noise over communities like Queens," said Meng, who is a founding member



of the Congressional Quiet Skies Caucus. "That is why it's important for Congress to authorize this initiative and I'm pleased that the House has voted to do so."

The measure was cosponsored by fellow New York Congress members Joe Crowley, Hakeem Jeffries, Kathleen Rice and Tom Suozzi, who said the measure is "an important first step in seeking a longterm solution to [noise pollution.]"

"Noise pollution has been a quality of life issue for the residents of Queens and Nassau Counties for way too long," said Suozzi, who represents northeast Queens and Long Island. "As co-chair of the Quiet Skies Caucus, I have made it a priority to ensure that excessive aircraft noise levels are reduced." With full Congressional support, Meng's provision would be passed as an amendment to the National Defense Authorization Act (NDAA): the annual legislation that establishes the U.S. Department of Defense's funding levels and policies. The bill would take effect on Oct. 1.

The provision follows news earlier this year that the Federal Aviation Administration (FAA) was being being directed to take an updated look at the way it measures aircraft noise and its effects on surrounding communities, including Queens.

The agency will evaluate alternative metrics to the current method of studying the airplane noise via the Day-Night Average Sound Level (DNL), which Meng called "outdated" in a statement released in April.

Queens is home to LaGuardia and JFK International Airports, two of the busiest in the country. In 2015, the FAA began a multi-year effort to update scientific evidence on the relationship between aircraft noise exposure and its effects on communities surrounding airports.

THIS IS QUEENSBOROUGH

SOUTH EAST QUEENS CHAMBER HOSTS BREAKFAST

BY JEN KHEDAROO

Members of the South East Queens Chamber of Commerce discussed growing small businesses and developing Jamaica for those already living and working in the area at a business breakfast last week.

State Senator Leroy Comrie said he's excited about the development of southeast Queens, but placed responsibility on the South East Queens Chamber of Commerce and local businesses to continue to improve the area.

"We have to network, we have to do business with one another, we have to recommend each other to different opportunities, and we have to create forums where you can come and find out about different opportunities," Comrie said.

"This community is growing exponentially, especially with everything happening in downtown Jamaica and JFK Airport," he added. "There should be opportunities for all of these businesses to be a part of the expansion, from interior architect design to vending to having the first Golden Krust in JFK Airport."

Chamber president Reverend R. Simone Lord Marcelle said southeast Queens is a beautiful community with prime real estate near Baisley Pond Park, airports and the Long Island Rail Road.

"Why are people trying to make us feel like this is a blighted community? What is so blighted about it?" Marcelle asked. "I don't see any



Borough President Melinda Katz presents chamber leadership with a proclamation at the event.

blight people here, I just see bright people. It's time to get rid of the stigma of South Jamaica and southeast Queens."

Pauline Debra Noel of Debra Designs, whose work on Panash earned her an Excellence in Interior Design award in 2014 from the Queens Chamber of Commerce, spoke about the importance of using community members to uplift the community.

"I am seeking to be the go-to designer for southeast Queens," Noel said. "It's important to know that we don't have to go outside of our community because we have skilled people right here in our community. It's important for us all to work together whether it be commercial or residential projects."

queenschamber.org

Queens community board chairs look to greater teamwork when facing mutual challenges

QNS.com | June 18, 2018



Photo by Ryan Kelly

Community Board 5 members listen to a presentation during a June 13 meeting at Christ the King School in Middle Village For the past year, Queens Community Board 13 Chair

Clive Williams has attended the monthly Borough Board meetings and looked around the room at his fellow board chairs. He's often thought about how little time they spend together, despite the fact that many share the same exact concerns.

Ninety percent of the time, Williams sits next to Board 5 Chair Vincent Arcuri at the meeting, and one day he turned to Arcuri and issued him a challenge.

"Why aren't we talking to each other?" Williams asked Arcuri. "As a matter of fact, why aren't chairs talking to each other? Because we have pretty much many of the same challenges, the same problems in our communities."

Williams told this story in front of Community Board 5 at its June 13 meeting, which Arcuri invited him to attend after accepting his challenge. The two chairs, along with Community Board 12 Chair Rene Hill — who Arcuri also invited to the meeting — announced that they plan to collaborate

with each other and share information and experiences that may help each other solve these common problems.

As Williams continued, he explained that, as soon as he walked into the Board 5 meeting, he saw an idea that he plans to take back and implement at his own board meetings. As simple as it may seem, he thought that Board 5's practice of keeping folders of information relevant to the meeting for every board member to pick up when they walk in was a great way to be more organized.

Hill gave a larger example when she explained that one of the main reasons she was elected as the chair of Board 12 was because of her successful efforts to prevent the Veterans Home at St. Albans from getting shut down. Attending the Board 5 meeting helped her learn about which government representatives are focused on veterans affairs as she continues that fight, Hill said.

"We still have to keep guard on that property ... the most veterans in all of New York City are in Queens," Hill said. "When you need the help, it's important to know who to go to."

For Arcuri, these small takeaways about things that Board 5 has seemingly done forever were an interesting realization, he said. Even having all the board members sit at a central table in the room or having people sign up for a public forum are practices that Arcuri has heard other boards don't do.

Finding out how everybody else functions and learning ways to do things more efficiently is just the first step in an effort that Arcuri hopes can expand to other boards throughout the borough in the future.

"We have some old-timers like Board 6, Board 7, Board 10 and myself that have been around for a long time," Arcuri said. "Now we have some new ones too, so maybe we should be exchanging ideas. Maybe they can tell us what we're doing wrong or not doing."

Learn to Swim for **<u>FREE</u>** with NYC Parks

Knowing how to swim improves your health, fitness, and safety. To help teach New Yorkers how to swim, Parks is offering free swimming lessons for people of all ages at our free outdoor pools this summer.

Program Dates

Classes are divided into three beginner Learn to Swim sessions and an Advanced Session.

- Session 1: July 6 July 19
- Session 2: July 23 August 3
- Session 3: August 7 August 17

Advanced Session: August 20 - August 24 9; and

Registration for Session 1 will end at 11:59 p.m. on Sunday, June 24; registration for Session 2 will end at noon on Monday, July 9; and registration for Session 3 will end at noon on Monday July 30. Registration for Advanced Learn to Swim classes will end at noon on Monday, August 13.

Improvements to be made at JFK

Ochron.com | Thursday, June 7, 2018

By: Anna Sackel



Ray LaHood, former secretary for the U.S. Department of Transportation, speaks at JFK's Emergency Operations Center on May 31, flanked by Port Authority Aviation Director Huntley Lawrence, left, and Port Authority Director Rick Cotton. Ray LaHood, former secretary for the U.S. Department of Transportation, held a press conference on May 31 to discuss his recommendations to improve operations at the John F. Kennedy International Airport.

Following a troublesome winter for JFK, LaHood led an independent investigation to "first, understand the various problems that arose during Winter Storm Grayson," he said at the press conference. "And secondly, to prevent them from occurring again."

The result of the investigation was a detailed report that named 50 recommendations, most notably the improvement of the JFK Emergency Operations Center which launched immediately after the storm. The purpose of the EOC is to serve as a command and control center that can be used in any and

all emergency situations. LaHood worked alongside Port Authority Director Rick Cotton and Aviation Director Huntley Lawrence to create a plan for the

airport

"We are here today to provide an update on the comprehensive plan we embarked on four months ago," said Cotton, at Thursday's press conference, "to ensure the traveling public that the breakdowns that occurred at JFK Airport during Winter Storm Grayson last January will never happen again."

The breakdowns Cotton was referring to were the loss of luggage, failure of equipment, the cancellation of thousands of flights, planes being diverted to other airports, a pipe bursting and a brief power outage in one of the terminals.

LaHood has been investigating the airport's functions for the past four months and has come up with an extensive list of ways for JFK to improve its crisis control and day-to-day operations.

The focus of LaHood's investigation centered around the EOC and how improvements there would fix many large issues in terms of air traffic control. However, many people, including U.S. Sen. Chuck Schumer (D-NY), believe the problems are due to communication, or lack thereof, between foreign airlines and airport personnel.

"Some of the blame squarely lands on lack of communication between foreign airlines that flooded JFK with flights and the entities that manage the airport," Schumer said in a statement early January. "It was this lack of communication that helped to create the chaos at Kennedy and it is only through improving this system that we will prevent this from happening again."

To combat this issue LaHood recommended that JFK implement an Airport Operations Center which would, as the report states, allow JFK management to have a "constant finger on the pulse of the Airport's full operations."

Other notible suggestions are centered around traffic control at the gates and on the runway. An addition of a gate management system could potentially lessen wait times for incoming planes to get to a gate.

That system would be able to track all flights and predict any possible conflicts.

LaHood also suggested that JFK look into getting hardstands, new areas where planes could be parked. They would allow for workers to unload passangers even if all gates are occupied.

Additionally, according to the report, "Port Authority should consider building a remote offloading gate area at JFK for airlines that miss their arrival windows."

That would not only minimize buildup from incoming flights that are on time, but it would also encourage airlines to make their arrival windows.

At multiple times during the press conference LaHood referenced Los Angeles International Airport. He said many of his ideas have already been put in place at LAX and have been extremely successful.

While JFK and the Port Authority have said that there is no timeline yet for the implementation of LaHood's recommendations, some changes have already been made and they expect to see improvements very soon.

"The recommendations in this report ... will help JFK operate more effectively on a day-to-day basis, which is good for everyone who travels here." said LaHood. "We look forward to watching the progress unfold."

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5 ways to win the fight against hunger cravings

It's a sadly familiar situation: You ate a nutritious breakfast, packed a salad and ate a healthy lunch. You're eating better, cutting out the junk and everything is going well ... until late in the afternoon.

health

Around 3 p.m. is when the tratemont. Around 3 p.m. is when the cravings always hit. When your stomach tells you it wants carbs and sugar, and those snacks in the break room are irresistible. You start to convince yourself that one candy bar isn't really going to hurt anything.

Almost everyone has experienced these hunger pangs. The trick is, knowing how to handle them. These five tips will show you some of the best ways to manage and beat these cravings.

1. Are you hungry or thirsty? When hunger first hits, take a step back to ask yourself if you need food or just a few ounces of water. People often mistake thirst for hunger, and the solution here might be that you need to stay hydrated throughout the day. Keep a water bottle at your desk and refill it often.

2. Get the right kind of protein. Experts frequently recommend increasing your protein intake in order to stay full, but not just any protein will do; you need to be sure you're getting the right kind of protein. For instance, casein protein found in Muuna cottage cheese allows your body to digest more slowly and keeps you full longer. With flavors like strawberry, blueberry, pineapple, peach, mango, black cherry, raspberry, vanilla and plain, satisfying your hunger has never tasted better.

3. Add some spice to your life. Research has shown that spices such as red pepper can help curb hunger. Other spices such as turmeric, curry powder, ginger and chili powder may have a similar effect. So be generous with your spices. You'll have an additional kick to your meal and skip the late-afternoon hunger pangs.



4. The foods you crave won't satisfy. It's tempting to think a frosted scone or piece of toast is your ticket to a full stomach. In fact, foods made up of refined carbohydrates and a lot of sugar metabolize quickly, leaving you hungry and craving more food. Instead, reach for foods that are high in protein and low in carbohydrates. Here again, Muuna cottage cheese can come to the rescue with up to 19 grams of protein and just 4 grams of carbs per serving.

5. It's all in your mind. A lot of times our mind plays tricks on us. Those late-afternoon hunger cravings might not be the work of an empty stomach, but rather, a brain that's been programmed to tell you to grab a sugary snack at a certain time. The feeling will pass and eventually you'll break out of the habit.

If your hunger pangs persist, be sure to have high-protein snacks on hand like rich and creamy Muuna cottage cheese. Loaded with protein and containing calcium, potassium and probiotics, it's a delicious and nutritious way to keep you going throughout the day.

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Courtesy BPT



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June 14, 2018 Queens Ledger • Glendale Register • Forest Hills Times • LIC Journal • Lea

Queens companies can enter this contest to win money for their businesses

BY EMILY DAVENPORT

edavenport@qns.com / @QNS

Queens businesses can apply to win funding for their businesses in a competition in Nashville.

WeWork, a coworking company committed to helping people create their life's work, launched the Creators Awards to acknowledge and empower those who exemplify the WeWork mantra: "Create Your Life's Work."

Applications for the businesses on the Eastern region of the United States, Ontario and Puerto Rico are now being accepted for the Regional Semi-Finals, which will be hosted in Nashville, Tennessee, on Sept. 13.

Applicants can submit for an award in the following categories:

Performing Arts Award, slated for entertainers and groups with a unique point of view. A total of \$18,000 to \$72,000 will be awarded.

Community Giver Award, which is reserved for those making a difference in their local community. A total of \$18,000 to \$72,000 will be awarded.

Nonprofit Award, given to charitable organizations big and small. A total of \$72,000 to \$130,000 will be awarded.

Business Venture Award, for entrepreneurs and companies with fresh ideas. A total of \$130,000 to \$360,000 will be awarded. Finalists from the region will present live in front of a panel of judges at the Regional Semi-Final event, which will take place at Marathon Music Works in Nashville, Tennessee. The winners of the Regional Semi-Finals will be eligible to present at the Global Finals for the chance to win additional funds in January 2019.

The first Creators Awards was held in Washington, D.C., in March 2017. Since then, WeWork has hosted more than 20,000 attendees across nine Regional Semi-Final Creator Awards events around the world, including New York City, San Francisco, São Paulo, Mexico City, Seoul, London, Berlin and Jerusalem.

Since its creation, WeWork has received over 9,000 applications and given away over \$16 million.

The event will also offer master classes, shop member products at the pop-up market, networking opportunities and live musical performances.

Any business is welcome to apply, regardless of whether or not they are a member of WeWork. Past Queens winners include Saeed Jabbar, executive director of Inclusion, Karim Abouelnaga, CEO & founder of Practice Makes Perfect, and Manal Kahi, co-founder and CEO of Eat Offbeat.

Applications will be accepted until July 20. For a full list of rules and qualifications, visit we.co/creatorawards_nashville.



Alzheimer's Adult Day Program

The Adult Day Program is open

Monday to Friday from 9 am to 4 pm.

Call: 718.358.3541

Door to Door Transportation Included

Social and Therapeutic Activities:

Cognitive Skills, Dancing and Art Therapy, Music Therapy and Exercise.

Family Caregivers, Call and ask about our free workshops!

'Breaking Ground' on solving homelessness



Walter Malone with Breaking Ground case workers.

BY CRYSTAL WOLFE cwolfe@queensledger.com

Supportive housing is a cost-effective intervention that combines affordable housing assistance with supportive services for people experiencing homelessness, as well as other people with disabilities.

Breaking Ground is New York's largest supportive housing provider. Each year, the organization serves more than 6,000 vulnerable New Yorkers and houses 4,000 per night.

Since its inception in 1990, the organization has helped over 13,000 people escape or avoid homelessness.

Breaking Ground operates 23 transitional and permanent residences, and has 1,000 more units in development.

"We partner with top-notch local social service organizations, who provide on-site case management, mental health counseling, medical services, and more at our supportive housing - residences," said president and CEO Brenda Rosen.

"We have staff who organize events and other activities in the buildings to engage residents socially, which decreases isolation, builds community, and helps them re-enter society," she added.

Breaking Ground also runs street homeless outreach services in Brooklyn, Queens, and a portion of Manhattan.

"We actively encourage New Yorkers to call 311 when they come across a vulnerable or homeless New Yorker who needs assistance," Rosen said. "The call goes directly to our outreach teams for a quick response, usually within an hour. New Yorkers know their neighborhoods best, and it's incredibly helpful to get these alerts."

Builds relationships with the

homeless on the street takes time. It can sometimes take months or hundreds of points of contact before a caseworker is given permission by the homeless individual to work with them.

Supportive housing at Breaking Ground has a 98 percent success rate.

"There is an answer to addressing the homeless crisis, and it's building more affordable and supportive permanent housing in communities across the city," said Rosen.

Walter Malone was born deaf. He was a mechanic, but when his mother and other family members died, he fell on hard times.

Even though he was still working, he lived out of his van and on the streets for six years until he found Breaking Ground and supportive housing at the Bowery Mission.

"It was hard on the street,"-he said. "I was living in my van and sometimes the battery would die and it was cold.

"I moved in at the Bowery and was there for a year and a half," Malone added. "I was able to take a bath, get clean clothes. I would go downstairs and get food, breakfast, lunch, three meals a day."

Today, Malone has a lease on his own apartment in Times Square, he's working, and he's happy.

"The homeless aren't much different from all of us," Rosen said. "Something unfortunately happened in their lives that led them to becoming homeless, whether it's the loss of a job, a loved one, or traumatic event. At Breaking Ground, we start with compassion, treating each person with the dignity and respect they deserve.

"We never give up on anyone, because we believe everyone deserves a home," she added.

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The Summer Solstice is Thursday, June 21, 2018

- Even though the summer solstice if the "longest" day of the year (the most daylight), the earliest sunrises happen about a week prior to the solstice in the Northern Hemisphere.
- The Sun actually sets more slowly around the time of a solstice, in that it takes longer to set below the horizon

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