



Heart Health Week

Take charge of your heart health this February!

Join Neighborhood Care for heart health events hosted by providers and nurses from our partners at AdvantageCare Physicians. Each event will include discussions on healthy habits and lifestyle changes to improve heart health, Q&A sessions, and free blood pressure screenings.*

Harlem

Monday, February 23 | Noon to 1 p.m.
215 W 125th Street, New York, NY 10027

Annadale

Tuesday, February 24 | Noon to 1 p.m.
4771 Hylan Blvd, Staten Island, NY 10312

Duane Street

Tuesday, February 24 | 1 to 2 p.m.
52 Duane Street, New York, NY 10007

Cambria Heights

Wednesday, February 25 | Noon to 1:30 p.m.
206-20 Linden Blvd, Cambria Heights, NY 11411

Brooklyn Heights

Wednesday, February 25 | 1 to 2 p.m.
195 Montague Street, Brooklyn, NY 11201

Clove Road

Thursday, February 26 | Noon to 1 p.m.
1050 Clove Road, Staten Island, NY 10301

Crown Heights

Friday, February 27 | Noon to 2 p.m.
546 Eastern Parkway, Brooklyn, NY 11225

**These events are free and open to the public.
Registration is required.**

About EmblemHealth Neighborhood Care

EmblemHealth Neighborhood Care is open to the public and provides connections to community resources, free wellness classes to help the entire community learn healthy behaviors, and in-person customer support for EmblemHealth plan members.

For more information, email neighborhood@emblemhealth.com
or call **800-274-2950 (TTY: 711)**.

*Free with no obligation to enroll. Information provided at these events is for educational purposes only. It is not medical advice and should not be substituted for regular consultation with your health care provider. If you have any concerns about your health, please contact your health care provider's office.

Scan here to register, or visit
emblemhealth.com/events.

