



Your Health. Your Kidneys. Your PEAK!

What We Offer

- Kidney Disease Education & Support
- Nutrition and Lifestyle Counseling
- Collaborative Care with your providers
- Access to Rogosin Wellness Ambassadors — *peer mentors offering emotional support and guidance from their kidney disease journey*

PEAK Helps You

- Understand treatment options early
- Follow a personalized treatment plan
- Be empowered to manage your own health
- Stay active and independent to improve your quality of life

For Healthcare Providers

Partner with Rogosin **PEAK** to refer patients early for education and management, communicate directly with the PEAK Care Team, and support better outcomes through collaborative care.

PEAK Patient Referral Criteria

- Hypertension related to underlying cardiac disease, with associated symptoms such as peripheral edema.
- Lab markers (preferably within 1–3 months): eGFR, Creatinine, BUN, Potassium, urine albumin levels
- For diabetic patients, include recent HgbA1C levels

 Visit our websites for more information:



rogosin.org



wellness.rogosininstitute.org

ROGOSIN PEAK

Expands to Brooklyn!

Comprehensive Kidney Care, Closer to Home.

PEAK is a Program for Prevention and Education in Advanced Kidney Disease. PEAK helps patients stay active, live independently, and take control of their health — to manage and slow the progression of Chronic Kidney Disease (CKD).

What is PEAK?

The PEAK Program is designed to help patients learn about their kidney health and receive care from a dedicated team. Patients can expect Rogosin to emphasize education, explain all options early, and empower them to take an active role in their treatment plan. Family members and friends are also encouraged to attend appointments.

Your PEAK Team Includes

Dieticians, social workers, nurse educators, and nephrologists — all working together to support your kidney health.

LEARN MORE

Referral & Support

 Dedicated PEAK Referral Line:
855-775-PEAK (7325)

 Remote appointments available