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| Hey (insert agency) Employees!  Let’s get moving! Join the **MoveMore: STEPtember Challenge** and get fit with your colleagues in a friendly walking competition against other city agencies.  Registration is now open, so make sure you head on over to [www.nyc.gov/movemore](http://www.nyc.gov/movemore) today to join one of the (insert agency) teams! (Spots are limited). Team and individual prizes will be awarded so everyone has a chance to win!  Any questions about the challenge? Need help signing up? Join WorkWell NYC on one of three webinar calls:   |  | | --- | | STEPtember Informational Webinars | | Tuesday, August 21st at 1:00pm  Thursday, August 23rd at 12:00pm  Wednesday, August 29st at 12:00pm | | [Click here to register](http://bit.ly/steptemberwebinars) |   You can also find registration help by viewing the FAQ’s [here](http://www.nyc.gov/movemore). If you are still unable to sign up after doing so, please reach out to [workwell@olr.nyc.gov](mailto:workwell@olr.nyc.gov) with the subject line “**STEPtember Inquiry**”.  **Please note:**  You are **not** required to have a wearable device to participate in this challenge -- an iPhone or an Android is able to track your steps for you! (Just make sure you are carrying it around with you, of course.)  If you **do not** have a mobile device that integrates with MoveSpring, don’t fret! Email the WorkWell NYC team at [workwell@olr.nyc.gov](mailto:workwell@olr.nyc.gov) to discuss ways in which you can still participate.  If you have any physical limitations and would like to participate in the challenge, please email [workwell@olr.nyc](mailto:workwell@olr.nyc) to learn how to sign up.  [Macintosh HD:Users:Kevin:Desktop:6595 R1 MoveMore web footer.jpg](http://www.nyc.gov/movemore) |
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