

**INFORMATIONAL WEBINARS:**

**Tuesday, August 21st 1:00pm – 2:00pm**

**Thursday, August 23rd 12:00pm - 1:00pm**

**Wednesday, August 29th 12:00pm – 1:00pm**

**Register** [**HERE**](http://bit.ly/steptemberwebinars) **for a webinar**

[*Insert agency*] employees!

Get Ready To Move More!

[*Insert agency*] is partnering with WorkWell NYC to launch its inter-agency STEPtember Walking Challenge.

The STEPtember Challenge is a fun month-long event where teams from across the city will compete for the ultimate prize! Spots are limited, so make sure you register early!

If you have any physical limitations and would like to participate in the challenge, please email workwell@olr.nyc.gov to learn how to sign up.

**Let’s Get Moving!**

REGISTRATION BEGINS: **Monday, August 20th**

REGISTRATION CLOSES: Friday, **September 7th**

CHALLENGE BEGINS: **Wednesday, September 12th**

For more info visit: [**nyc.gov/movemore**](http://www.nyc.gov/movemore)