



Managing Grief: Additional Resources

- **CancerCare: free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer**
CancerCare National Hopeline: 800-813-HOPE (4673) | [cancercares.org](https://www.cancercares.org) | info@cancercares.org
- **NYC Employee Assistance Program (EAP): Free, confidential support for employees and families**
212-306-7660 | [nyc.gov/eap](https://www.nyc.gov/eap) | eap@olr.nyc.gov
- **NYC Well: Free, confidential 24/7 mental health support in over 200 languages**
888-NYC-WELL | Text WELL to 65173 | Chat [nyc.gov/nycwell](https://www.nyc.gov/nycwell)
- **A Caring Hand: Resources and support for bereaved families and children**
212-229-CARE (2273) | [acaringhand.org](https://www.acaringhand.org) | info@acaringhand.org
- **Jewish Board Bereavement Services: Bereavement support for individuals and families**
888-523-2769 | src@jbfcs.org | [jewishboard.org/about-us/programs-services/jewish-community-services/bereavement-support/](https://www.jewishboard.org/about-us/programs-services/jewish-community-services/bereavement-support/)
- **Visiting Nurse Service of New York: Hospice and palliative care and support**
212-609-1900 | www.vnsny.org
- **The Center for Complicated Grief: Information on complicated grief**
[complicatedgrief.columbia.edu](https://www.complicatedgrief.columbia.edu)
- **MJHS Hospice: hospice, palliative care, rehabilitation and nursing for adults and children**
www.mjhs.org
- **Compassionate Friends (Manhattan): support for families after the death of a child**
www.compassionatefriends.nyc
- **Compassionate Friends (Brooklyn): support for families after the death of a child**
<https://www.compassionatefriends.org/chapter/tcf-brooklyn-chapter/>
- **Compassionate Friends (Staten Island): support for families after the death of a child**
[sitcf.com](https://www.sitcf.com)

Resources provided by: Kathy Nugent, LCSW, CancerCare



[nyc.gov/workwellnyc](https://www.nyc.gov/workwellnyc)



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