

HEALTH

Culture of Health #5

Comprehensive, varied, integrated programs and activities.

One recent example of this mission in action was NYC Health’s participation in the 2025 & 2026 J.P. Morgan Corporate Challenge in Central Park. In 2025, 65 employees proudly represented the Department of Health and Mental Hygiene. The event brought staff together from across the agency in support of wellness, teamwork, and camaraderie, creating an energizing and memorable experience both on and off the course.



ASCEND 5K in Central Park

ASCEND, which stands for Access, Support, Connection, Energy, Nourishment, and Development, is a staff-driven initiative led by Worksite Wellness in partnership with Workforce Development to help foster a more connected, supported, and energized workplace culture across NYC Health. Through networking, wellness, professional development, and community-building opportunities, ASCEND aims to strengthen employee engagement and connection in today’s hybrid work environment. ASCEND x Worksite Wellness is proud to support opportunities that encourage connection, movement, and community throughout NYC Health.