

NYC EMPLOYEE DISCOUNTS



NYC Employees enjoy various discounts across the city. Click the logo to learn more!



BLINK FITNESS

Come join the gym for everybody! As a City employee, you now have access to a discounted corporate Blink membership. Perks include **unlimited guest privileges, 90+ locations, and a free Start-Up Session.**

Email corporatemembership@blinkfitness.com to get started!



THE YMCA

NYC Loves the Y and you will too. You'll get a 15% discount off monthly Adult and Family Membership rates! Benefits include **free group fitness classes, priority program registration,** and access to **state-of-the-art equipment.**

Check out ymcanyc.org/join to sign up.



CRUNCH

Take a break and sweat it out with Crunch. Your special offer includes **hundreds of classes, state-of-the-art equipment, personal training,** and a **3-day guest pass** that's **exclusive** to City employees.

Email randi.zinker@crunch.com to learn more.

Not a gym person? WorkWell NYC offers virtual fitness classes! Check out our schedule [here](#) or visit nyc.gov/movemore for more information.



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24 HOUR FITNESS

Live fit for less with 24 Hour Fitness. You're eligible for special membership rates as a City employee. Membership perks include **free studio classes, unlimited access to live-coached virtual group sessions, and customizable Smart workouts.**

To join, visit www.24hourfitness.com/corporate. Don't forget our corporate ID: **72605!**



EQUINOX

Get with the program at Equinox! You're invited to join their High-Performance Living Program which includes unlimited access to **group fitness classes, extended benefits** to your spouse, cohabitant, or partner, plus a **complimentary Pilates session!**

To enroll, email yeasreeb.rashid@equinox.com



NEW YORK SPORTS CLUB (NYSC)

New York Sports Club gyms are designed to meet all your fitness needs. Your special offer includes **25% off a Passport membership, access to all club amenities, and more!**

To join, visit <https://www.newyorksportsclubs.com/find-a-gym/> to find a gym near you to apply the discount!

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HARLEM CYCLE

Ready to transform your fitness routine? You'll save **15% on all membership packages**, this is an exclusive offer for NYC employees! This membership gives you access to daily cycling classes with flexible class times in the morning, midday, and weekends!

To take advantage of this discount, go to harlem-cycle.com and use code **NYCEMPLOYEE**



CLUB 300

Sweat it out at Club 300! As a city employee, you receive 25% off your membership. Your special offer includes a complimentary **fitness intelligence assessment, a personal training session, and a small group training session.**

To join, email naeema@club300nyc.com



SHAPE UP NYC

Shape Up NYC is a **free group fitness program for adults and seniors with locations** in all five boroughs! Whether you're a seasoned fitness enthusiast or just starting your fitness journey, Shape Up NYC offers something for everyone.

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WEIGHT WATCHERS

The City of New York and WeightWatchers are proud to help you improve your wellbeing. All benefit eligible employees, retirees, spouses/domestic partners, and dependents (18-26) can sign up for WeightWatchers at a **reduced price: \$20/month.**

To find out more, please visit WW.com/NYC.



MEALPAL

MealPal offers lunch and dinner subscriptions giving you access to the best restaurants. They provide a fast, fun, and efficient system to get you delicious and affordable meals every day.

To receive a **\$20 credit for a Mealpal order**, please visit mealpal.com/workwell



PLANT POWERED METRO NEW YORK (PPMNY)

Learn how food can be the key to vibrant health, and how to prevent and even reverse chronic disease! A few times each year, Plant Powered Metro New York presents the Plant Powered Jumpstart-- a live, virtual health empowerment program that will guide and support you in making the transition to a health-promoting and sustainable plant-powered diet. [Learn more](#) about the Jumpstart.

Use discount code **NYCTHRIVE25** for a \$10 discount for City employees.
Also available in Spanish