

Project B.U.I.L.D



Creating Safer Spaces: Exploring SOGIE (Sexual Orientation, Gender Identity & Expression)

This session is an interactive practice to understand the LGBTQ+ community and how to create a more welcoming and inclusive workplace.

Learning objectives:

- Increase cultural competency around working with LGBTQ+ colleagues.
- Awareness of issues that people in the LGBTQ+ community face.
- Increase awareness about communicating with colleagues and clients about SOGIE to create a more inclusive space.

Delivery: Virtual or In-Person
Session Length: 60 mins



Introduction to Equity & Inclusion

This beginner-friendly session is great for anyone new to diversity, equity, and inclusion (DEI), or looking to refresh their understanding. You'll learn key concepts and how to apply them at work and in your daily life.

Learning objectives:

- Examine foundational definitions and history related to equity work.
- Unpack unconscious biases through examination of privilege and power through hands-on instruction.
- Strengthen practices of DEI components in personal and professional work.

Delivery: Virtual or In-Person
Session Length: 60 mins



Responding to Racism: Self-Care as an Act of Equity

This session will introduce foundational concepts of implicit bias, where they come from, and how they impact us.

Learning objectives:

- Explore the types of racism and ways to mitigate them.
- Build an understanding of workplace practices that can facilitate or hinder anti-racism.
- Discuss ways to educate and protect oneself as part of anti-racist practice.

Delivery: Virtual or In-Person

Session Length: 60 mins



Understanding and Minimizing Implicit Bias

What is bias? How does it impact our ability to work together and create inclusive workspaces? This session will introduce foundational concepts of implicit bias, where they come from, and how they impact us.

Learning objectives:

- Develop a foundational understanding of implicit biases.
- Understand how implicit biases impact our lives and behavior.
- Discuss strategies for minimizing biases in our work and personal lives.

Delivery: Virtual or In-Person

Session Length: 60 mins