

## Services Requiring Pre-Certification for City of New York Employee or Non-Medicare Eligible Retirees

Beginning January 1, 2016, many services provided on an inpatient and outpatient basis will now **require** precertification. This can be done by calling the **NYC Healthline at 1-800-521-9574**. This is the same number you have always called for inpatient precertification and is on your ID card.

<b>SERVICE</b>	<b>Precertification Required Yes / No</b>
Inpatient Facility	Yes
Inpatient Psychiatric & Substance Abuse Facility	Yes Contact Beacon Health at 800-692-2489
Maternity-Pregnancy & Delivery <ul style="list-style-type: none"> <li>• Stays under 48 hours normal delivery, 96 hours C-Section requires notification only</li> <li>• Over 48/96 hours requires pre-certification</li> </ul>	Yes
NICU Admission	Yes
Acute Inpatient Rehabilitation  <b>NOTE:</b> This benefit is part of the Skilled Nursing Facility (SNF) benefit. 1 day in an acute inpatient rehabilitation bed = 2 days in a SNF. 30 days in an acute inpatient rehab is equal to 60 SNF days. Therefore, the SNF benefit remaining would only be 30.	Yes
Skilled Nursing Facility (SNF)  <b>NOTE:</b> NYC Healthline can choose to substitute outpatient benefits for SNF days. The formula used is 2 ½ outpatient visits = 1 inpatient SNF day. Only NYC Healthline can authorize substitution of benefits. No outpatient benefits are available under this benefit if no pre-certification is received.	Yes
Outpatient hospital or free-standing ambulatory surgery facility (not in a doctor's office) <ul style="list-style-type: none"> <li>• Includes possible/cosmetic procedures, reconstruction, outpatient transplants, optical/vision related procedures, breast reconstruction, cochlear implants, functional endoscopy/nasal surgery, joint replacements, experimental/investigational procedures, hyperbaric O2 chamber, pain management, spinal stimulatory implants, wound vacuum, bariatric surgery and spinal surgery.</li> </ul>	Yes
Infertility services, including artificial insemination and IVF <ul style="list-style-type: none"> <li>• Precertification required when in the MD office, outpatient facility or free standing facility</li> </ul>	Yes Contact WINFertility at 833 439-1515

Outpatient Physical Therapy NOTE: Precertification required when in the MD office, outpatient facility or free standing facility after 16 visits per calendar year	Yes
Outpatient speech therapy NOTE: Precertification required when in the MD office, outpatient facility or free standing facility after 16 visits per calendar year	Yes
Occupational Therapy Outpatient	Not covered, except as part of the home care services benefit
DME (Par and Non-Par) Examples-Not limited to the following: <ul style="list-style-type: none"> <li>• Electric Beds</li> <li>• Wheelchairs</li> </ul>	Yes When the charge for DME equals or exceeds \$2,000
Prosthetics (Par and Non-Par)	Yes
Specialty Drugs (non-self injectables) in office or outpatient facility <ul style="list-style-type: none"> <li>• Please refer to list of specialty drugs requiring pre-certification</li> </ul>	Yes
Dialysis	Pre-cert for <b>network status and place of service only</b> as dialysis is a NYS Mandate
<b>*Attention Providers*</b> As of 1/1/19, if you are planning to perform any of these procedures, Cataract surgery, Knee Arthroscopy, Colonoscopy, or Endoscopy in a hospital setting, you are required to call the NYC Healthline 800-521-9574, at least 3 weeks in advance of the scheduled date, to discuss with Medical Management.	Notification is required
Radiation Therapy	Yes
Cardiac Rehabilitation Outpatient	Yes
Air Ambulance (scheduled only)	Yes
Genetic Testing	Yes

The following services continue to require precertification by **EmblemHealth**. Providers should call **1-800-223-9870** for precertification.

<b>SERVICE</b>	<b>Precertification Required Yes / No</b>
Home Health Care	Yes
Home Infusion Therapy (billed by a home infusion specialist)	Yes
MRI/MRA/PET/CAT/ NUCLEAR CARDIOLOGY/	Yes
Nutritional Supplements and Enteral Formulas	Yes

# Family matters

Don't give up – our Fertility Support Program can help

If you're struggling to get pregnant, the Fertility Support Program can help give you a better chance. We can help you understand your options and the risks involved. But most importantly we will be there through the ups and downs of this emotional process.

## How the Fertility Support Program Can Help

- You'll get 24/7 access to Nurse Care Managers who can answer your questions, help you find providers and listen to your concerns while you're trying to get pregnant.
- Nurse Care Managers will guide you to reproductive endocrinologists in Emblem's network who are convenient for you to access.
- These providers will consider your level of risk and the success rates of different treatment options before creating your care plan.
- Through the program you'll learn:
  - About infertility causes, testing and types of treatment.
  - About the types of drugs used for infertility treatment.
  - About the side effects, storage and proper usage of your fertility drugs.
  - How to select a provider.
  - How to get authorization for outpatient and office infertility treatments.

Fertility Support is administered by Empire and provided by WINFertility, an independent company. WINFertility is a national leader in infertility management programs.



An Anthem Company



The Fertility Support Program is part of your benefits

Call WIN at 833-439-1515 or visit [www.empireblue.com/nyc](http://www.empireblue.com/nyc)