



NYC Employee Assistance Program



The NYC EAP is dedicated in helping all NYC employees, and their family members. We provide a range of services to support your mental health and well-being. Services are free, and confidential.



SERVICES PROVIDED

Short-Term Counseling

Information on Mental Health
resources & referrals

Workshops & Presentations

Supervisory & Managerial
Consultations



And More



Contact NYC EAP to learn more:

Call: 212-306-7660

Email: eap@olr.nyc.gov

Website: nyc.gov/eap