

NYC Agency Leadership

The NYC EAP recognizes all that you do. We understand the challenges you often face with balancing your work responsibilities, supporting your staff and managing your own well being. Let us help you to take care of yourself and offer assistance to your staff.

The NYC EAP is offering the following services:

- Online support groups and workshops for your staff
- EAP services presentation on your online staff meetings
- EAP Takeaways developed for concerns pertaining to you and your staff
- Supervisor and Managerial Consultations
- Individual, Couple and Family counseling services (phone, video or text)
- Stress Management videos

Please, don't be alone in this.

Email us at: eap@olr.nyc.gov or call and leave a message at 212-306-7660.

Or visit our website at: nyc.gov/eap

