

DID YOU KNOW?

- Anyone can experience sexual violence, regardless of age, gender identity or sexual orientation.
- NYC Human Rights Law, which covers sexual harassment, is one of the strongest anti-discrimination laws in the nation and protects against discrimination based on gender.
- In the U.S., more than 2 out of 5 women and 1 out of 4 men have experienced some form of contact sexual violence in their lifetime.

Contact sexual violence includes rape, being made to penetrate someone else, sexual coercion, and/or unwanted sexual contact.

How to Help a Friend

- Believe them and let them know it's not their fault
- Let them know you care about their well-being
- Ask them what they need and what would be helpful
- Listen and respect their choices, even if you disagree
- Offer options and information about resources



NYC's 24-Hour Hope Hotline:
1-800-621-HOPE (4673);
TTY: 1-866-604-5350



Visit the NYC HOPE Resource Directory at www.nyc.gov/NYC_HOPE for information and resources for domestic and gender-based violence.



Call 311 or visit the NYC Family Justice Center (FJC) in the borough where you live (or one where you feel safest) to get connected.

All Centers are open for in-person or remote services, Monday to Friday, 9 a.m. to 5 p.m. No appointment is necessary. FJCs welcome people of all ages, sexual orientations, and gender identities, regardless of immigration status, income, or language spoken.

NYC FAMILY JUSTICE CENTERS

Bronx (718) 508-1220

198 East 161st Street, 2nd Floor

Brooklyn (718) 250-5113

350 Jay Street, 15th Floor

Manhattan FJC (212) 602-2800

80 Centre Street, 5th Floor

Queens (718) 575-4545

126-02 82nd Avenue

Staten Island (718) 697-4300

126 Stuyvesant Place

**** Call or text 911 in an emergency ****

UNDERSTANDING SEXUAL VIOLENCE



RESOURCES & INFORMATION



**Mayor's Office to
End Domestic and
Gender-Based Violence**



What is Sexual Violence?

Sexual violence is any action that results in a person losing their sexual autonomy.

Sexual violence includes:

- sexual harassment
- sexual assault
- sex trafficking
- non-consensual distribution of intimate images
- any other non-consensual, forced, or substance-facilitated sexual action.

What is Consent?

Sexual consent is freely given. It is known and interested agreement between the participants to engage in a specific sexual activity.

Consent can be withdrawn at any time.

Learn more about domestic and gender-based violence at www.nyc.gov/endgbv

YOU ARE NOT TO BLAME.

HELP IS AVAILABLE 24/7

Recognize the Signs:



Sexual Harassment

This is any unwelcome verbal, physical, or sexual attention, such as someone making:

- unwelcome sexual advances,
- requests for sexual favors,
- sending unwanted sexually explicit photos, emails, text messages, etc.,
- exposing themselves or performing sexual acts on themselves
- other verbal or physical harassment of a sexual nature.



Sexual Assault

This is sexual contact or behavior that happens without a person's consent. Examples of sexual assault include unwanted touching or physical contact, such as rape.



Sex Trafficking

Sex trafficking is the use of power and control to exploit (by forcing, tricking, or coercing) someone into engaging in sexual labor or services.



Non-Consensual Distribution of Intimate Images

Non-consensual distribution of intimate images is reportable, even if the images were obtained with the subject's knowledge or consent.



If you think you are experiencing any of these, or are not sure, you can get help.

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