

NYC HEALTH CLUB USERS

New York is the safest large city in the nation. You can help keep it that way. Be responsible; avoid losing your property by following these simple tips:

NYPD SAFETY TIPS

Never leave gym bags, wallets, smartphones, pocketbooks, briefcases and other valuables **unattended**, even for a moment. Know where your property is at all times.



Avoid bringing high value items such as expensive watches and jewelry, smartphones, large amounts of cash, laptop computers, cameras, etc., to the health club.



Remember, gym lockers are not intended to secure high value items.



Ask if the club has special lockers for valuables, located in an area under constant surveillance of staff and/or video cameras.



Bring a **good quality** keyed lock or combination lock (**without** a serial number or remove serial number) to secure the locker. Locks with hardened steel shackles provide increased cut resistance.

Alternate the locker you utilize. Choose lockers near the end of the row as they are more visible and less likely to be tampered with.



Always double check that your locker is properly secured, before walking away.



Never leave your locker open and unattended, **even for a brief period** such as showering, or using the restroom inside the locker room.



Be aware of who is around you at all times.



Remain alert while wearing headphones or watching television during a workout. Opportunists often take property from people who are preoccupied.



Report suspicious persons/incidents to club personnel. Note physical characteristics, clothing descriptions and mannerisms of suspicious persons.



Always report stolen property to health club staff **and** the police.



COMMUNITY AFFAIRS BUREAU CRIME PREVENTION DIVISION

YOU CAN HELP US FIGHT TERRORISM,
REPORT SUSPICIOUS ACTIVITY TO:
1-888-NYC-SAFE (1-888-692-7233)