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***The NYC Field Guide: How to Thrive in the Five* promo social media kit**

“The NYC Field Guide: How to Thrive in the Five” series, premiering June 26 on NYC Media/NYC Life, offers unique tips, hacks and expert information from celebrities, New Yorkers and NYC officials for how to live, work and play in the five boroughs of New York City.

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***More Information, Including Show Promo, Available*** [***Here***](https://www.nyc.gov/site/media/shows/the-nyc-field-guide.page)