

OH SNAP!

Don't lose your SNAP benefits

Some SNAP recipients must meet new work requirements. **Act now to keep your benefits.**

Work Requirement



~80 hours per month of work, training or volunteering

Who it applies to



Adults Ages 18-64 without children under age 14, and able to work

What happens



3 months without meeting requirements = **benefits may stop**

HRA will notify you if this applies to you. If you cannot work due to medical condition, submit documentation to HRA to request an exemption.

Report your hours or exemption

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OH SNAP!

請勿失去您的 SNAP 福利

部分 SNAP 領取者需要符合新的工作要求。
請儘快採取行動，以保留您的福利。

工作要求



每月約 80 小時
工作、培訓或志願服務

適用對象



18 至 64 歲的成年人
無 14 歲以下子女且具備
工作能力

可能結果



若連續 3 個月
未符合要求，
福利可能會被停止

如該要求適用於您，HRA 將通知您。若您因健康原因無法工作，
可向 HRA 提交相關證明申請豁免。

請申報您的工作時數或豁免情況

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