

HEALTH RESOURCES IN THE SOUTH BRONX & BEYOND

RESOURCES IN YOUR NEIGHBORHOOD

Please check with each organization listed as their information might have changed.

HEALTH CENTERS

Casa De Maria Health Center

324 East 149th Street
Bronx, NY 10451
(718) 665-4300

Monday-Friday, 7:30 AM - 5:00 PM & Saturday,
8:00 AM - 1:00 PM

Services: health center/clinic, social work, case management, HIV/AIDS, pediatrics, podiatry, prenatal care, women's health, allergies, Hepatitis/Hepatitis C, nutrition, and primary care and internal medicine.

Urban Health El Nuevo San Juan

1065 Southern Boulevard
Bronx, NY 10459
(718) 589-4755

urbanhealthplan.org/el-nuevo-san-juan-simpson-pavilion

Monday-Saturday, 8:00AM - 5PM

Services: primary care (including immunizations geriatric services, etc.), reproductive health, dental (adults & children), mental health and wellness, HIV clinic, telehealth, nutrition services, social services, case management, health education, health insurance enrollment, lab services (mammograms), and more.

St. Anthony Free Medical Clinic

421 East 155th Street
Bronx, NY 10455
(718) 401-9705

Hours for children: Tuesdays,
9:00 AM - 12:00 PM

Hours for adults: Saturdays,
8:00 AM - 12:00 PM

Services: general dental and health clinic (medical services include urology, pediatrics, immunizations, and women's health).

MENTAL HEALTH

AthenaPsych

2825 Third Avenue, Suite 402
Bronx, NY 10455
(718) 520-8000

www.athenapsych.com

Monday-Friday, 9:00 AM - 6:00 PM

Services: family therapy, couples counseling, interpersonal therapy, psychoeducation, parenting support, individual therapy (types include cognitive, interpersonal, trauma, supportive, and psychodynamic), group therapy, and treatment for conditions (including sleep problems, relationship problems, stress, anxiety, depression, PTSD, bipolar disorder, ADHD, psychosis, OCD, co-occurring disorders, and substance use issues).

Samaritan Daytop Village/ New Beginnings Mental Health Center

2780 Third Avenue
Bronx, New York 10455
(718) 657-6195

www.samaritanvillage.org

Monday-Friday, 9:00 AM - 5:00 PM

Services: mental health support, substance abuse support

Acacia Network

1064 Franklin Avenue
Bronx, NY 10456
1 (888) 513-7464

www.acacianetwork.org

Monday-Friday, 9:00 AM - 5:00 PM

Services: primary care, behavioral health (mental health services, outpatient substance use services, detox & rehab, and residential care), affordable & supportive housing, homeless shelters, education & youth development, senior services, arts & culture, food distribution (pantries and soup kitchens provide meals and groceries), and workforce development (affiliate Seedco connects individuals to employment opportunities, professional development and external resources).

SUPPORT FOR IMMIGRANTS

Sauti Yetu Center for African Women and Families

2417 Third Avenue, Suite 205
Bronx, NY 10451
(718) 665-2486

www.sautiyetu.us

Services: supportive counseling (educating recent arrivals to the U.S. about the legal and social system, services that may be available to them, and their rights in NYC), youth programs (academic and educational support, leadership development, comprehensive case management, advocacy, and research/ technical assistance/training), and domestic violence & sexual assault counseling and support.

BronxWorks Immigration Services Program

60 East Tremont Avenue
Bronx, NY 10453
(646) 393-4000

www.bronxworks.org

Services: free help with preparing and submitting applications for various benefits to US citizenship and immigration services, assistance with completing waivers for fees associated with some immigration applications, and services for immigrants like English for Speakers of Other Languages (ESOL) classes and citizenship classes.

African Services Committee

429 West 127th Street, 2nd Fl
New York, NY 10027
(212) 222- 3882

www.africanservices.org

Services: provides the following services in over 27 languages: health services (free counseling, testing, referrals to treatment, educational workshops, and mental health for free to anyone), housing placement assistance, legal services, social welfare services (family case management, engagement and support, education (free online English as a Second Language computer literacy class), food pantry, advocacy (immigration reform and quality and affordable health care for undocumented people).

WE ARE HERE TO HELP YOU!

FAMILY SUPPORT SERVICES

NYC Family Justice Center

198 East 161st Street
Bronx, NY 10451
(718) 508-1220

www.nyc.gov/familyjustice

Monday-Friday, 9:00 AM - 5:00 PM

Services: free and confidential assistance for victims and survivors of domestic and gender-based violence (sexual violence, human trafficking, stalking, and intimate partner violence), and connection to services including case management, economic empowerment, and family support.

The Bronx Health Link

851 Grand Concourse, Room 914
Bronx, NY 10451
(718) 590 - 2648

www.bronxhealthlink.org

Monday-Friday, 9:00 AM - 5:00 PM

Services: provides workshops on breastfeeding, safe sleep, self-care and maternal depression, benefits assistance, and nutrition.

Lutheran Social Services - Early Life Children's Center

80 East 181st Street
Bronx, NY 10453
(347) 297-2900

www.early-life.org

Monday-Friday, 8:00 AM - 6:00 PM

Services: preschool and early educational services to promote learning, development, and educational readiness (10 centers citywide).

HEALTH INSURANCE SUPPORT

GetCoveredNYC provides free assistance for New Yorkers seeking to enroll in health care, regardless of immigration status or income. Our Specialists speak more than a dozen languages and conduct outreach to proactively identify uninsured New Yorkers and help them get access to health care and other health-related benefits. Contact GetCoveredNYC: call **311** and say "**CoveredNYC**" or visit nyc.gov/GetCoveredNYC

HOMELESS SHELTERS SERVICES

PATH - Department of Homeless Services

151 East 151st Street
Bronx, NY 10451
(917) 521-3900

Intake Hours: Sunday-Saturday,
9:00 AM - 5:00 PM

Shelter Hours: 24/7

Services: housing & homeless services, shelter, and language and interpretation services provided onsite.