

# May 2024 Newsletter

## Calendar

You can find a list of upcoming CB 3 meetings here:

<https://www.nyc.gov/site/manhattancb3/calendar/calendar.page>

## For Constituents

### Upcoming Opportunities

#### Provide Public Comment on the Rent Guidelines Board's Proposed Increases

In accordance with Chapter 45 of the New York City Charter (the "City Administrative Procedure Act"), the NYC Rent Guidelines Board [proposed rent guidelines](#) at its Preliminary Vote meeting. The Notice of Public Hearings and Opportunity to Comment on Proposed Rules [available here](#). The dates, times, and locations of the meetings can be found [here](#).

Following the hearings and the receipt of public comments on the proposed rent guidelines, the Rent Guidelines Board is scheduled to meet on June 17, 2024 to adopt final rent guidelines. Rent stabilized apartment leases and loft increase periods are during the period of October 1, 2024 through September 30, 2025, and rent stabilized hotel units will be affected.

#### Citywide Survey to Assess the Needs of Older New Yorkers

The Department for the Aging (NYC Aging) recently released a Service Needs Assessment survey to better understand the needs of older adults, so they can live the quality of life they deserve. Please take a moment to [complete the survey](#) to ensure all of our city's diverse communities are represented. All responses to this survey are anonymous; however, NYC Aging will be randomly selecting 50 households for the chance to receive one Visa gift card worth \$50; those who would like to be considered for this drawing should provide contact information by **September 30, 2024**. And by completing the survey, you may be entered into our drawing and may win a \$50 gift card. For more information, call Aging Connect at **212-AGING-NYC (212-244-6469)**. Please download flyer in [English](#), [Spanish](#) or [Chinese](#).

#### Participate in a Tree Care Opportunity

Come work with NYC Parks Stewardship to care for local street trees!

**Date:** Saturday, June 15th

**Time:** 9am to 12pm

**Meeting Location:** E 5th St and Ave D

Volunteers will learn how to aerate, cultivate, mulch, and identify street trees. They will also learn about the important roles street trees play in New York City. Volunteers should dress

in clothes that can get dirty and closed toe shoes. Face masks may be worn at your discretion. Space is limited and registration is required. Volunteers under 18 must be accompanied by a chaperone. This event has been funded in part by NYC Service. To sign up a group of 10 or more volunteers please reach out to [stewardship@parks.nyc.gov](mailto:stewardship@parks.nyc.gov).

Register here:

<https://www.nycgovparks.org/reg/stewardship/15685>

## Donate Prom Dresses to MS313

MS 131 (100 Hester St) is seeking clothing donations for their upcoming middle school prom on June 14th.

As the end of the school year approaches, our eighth-grade students are eagerly looking forward to celebrating their achievements at our annual prom. However, many of our students and their families face financial challenges that make it difficult for them to afford formal attire for this special occasion. In order to ensure that all of our students can fully participate and enjoy this milestone event, we are reaching out to the community for support in securing prom clothing.

We are seeking donations of gently used formal wear, including dresses, suits, shirts, ties, shoes, and accessories, in various sizes to accommodate the diverse needs of our student body. Please contact [vtorres25@schools.nyc.gov](mailto:vtorres25@schools.nyc.gov) by **June 7<sup>th</sup>** if you would like to make a donation.

## Vote For Citywide Participatory Budget Proposals

In addition to the recently concluded Participatory Budgeting processes led by Council Members Marte, Rivera and Bottcher for their Districts, City residents aged 11 years and older are eligible to vote on projects in their Borough. **Voting is now open and will continue through June 12.** This is a chance to influence how another \$3.5 million in City funds will be allocated.

- To vote online, visit [on.nyc.gov/pb](https://on.nyc.gov/pb).
- To vote in person, find a site at [Participate.nyc.gov](https://Participate.nyc.gov)
- To inform others, use [CEC's digital toolkit](#), complete with sample language and graphics in English, Spanish and other languages.
- To learn more about the process, visit [Participate.nyc.gov](https://Participate.nyc.gov)

## Volunteer with Reading Partners

[Reading Partners](https://ReadingPartners.org) is an education nonprofit that partners with schools and communities to provide elementary-aged students with the foundational literacy skills they need to read at grade level. We are currently seeking Lower East Side Community volunteers to help us continue providing one-on-one tutoring sessions in any of our three dedicated reading centers located at public schools, PS.126, PS.184, and PS.188. Contact Pilar Zullo for more information at: [Pilar.zullo@readingpartners.org](mailto:Pilar.zullo@readingpartners.org).



## Volunteer with Asylum Seekers

As part of a pilot initiative with the NYC Office of Asylum Seeker Operations, Educational Alliance is recruiting volunteers to help asylum seekers complete their work authorization applications. This is a crucial pathway to asylum seekers' independence and financial stability. You, or anyone you know, can go to this [site](#) for more information and to indicate interest in a particular date or time: [www.edalliance.org/volunteer](http://www.edalliance.org/volunteer).

## Community Board 3 Panel Discussion: Bridging the Needs of the Homeless, Unhoused & Those Facing Housing Instability in Community District 3

**Agenda:** Panel Presentations Followed by Q & A

**Date:** Thursday June 6, 2024 @ 6:30 p.m.

**Location:**

- **Join in person**  
Mount Sinai-Behavioral Health Center  
45 Rivington Street  
(Cellar Level Conference Room)  
New York, NY 10002
- **Join virtually**  
<https://us06web.zoom.us/j/86444528021>  
One tap mobile :  
+19292056099,,86444528021  
+16465189805,,86444528021  
Telephone: 929-205-6099 or 646-518-9805  
Webinar ID: 864 4452 8021

# PANEL DISCUSSION

**Bridging the Needs  
of the  
Homeless, Unhoused &  
Those Facing Housing  
Instability  
in Community District 3**  
Panel Presentations  
Followed by Q & A



**Thursday June 6, 2024 @6:30pm**

**Join virtually**

<https://us06web.zoom.us/j/86444528021>

One tap mobile :

+19292056099,86444528021

+16465189805,86444528021

Telephone:

929-205-6099 or 646-518-9805

Webinar ID: 864, 44,52 8021

**Join in person**

Mount Sinai-Behavioral Health  
Center

45 Rivington Street

Cellar Level Conference Room

New York, NY 10002

## AANHPI Mental Health Awareness Event

**Date:** Wednesday, May 29, 2024, 3pm-5pm

**Location:** Hamilton-Madison House, 50 Madison Street, New York, New York 10038



### AANHPI HERITAGE & MENTAL HEALTH AWARENESS EVENT

**WEDNESDAY MAY 29, 2024, 3PM-5PM**  
**50 MADISON ST, NEW YORK, NY, 10038**

#### WORKSHOPS

**HEALING TOGETHER:  
HAMILTON MADISON HOUSE  
IMPACT ON  
COMMUNITY MENTAL HEALTH**

JIHAN RYU, MD  
CONNECT PSYCHIATRIST,  
MENTAL HEALTH RESEARCHER  
HAMILTON-MADISON HOUSE

**ADVOCATING  
FOR INDIVIDUALS WITH  
AUTISM SPECTRUM DISORDER**

LILLIAN JIN, MD, MPH  
TRIPLE BOARD  
(PEDIATRICS, CHILD AND  
ADULT PSYCHIATRY)  
RESIDENT PHYSICIAN  
MOUNT SINAI HOSPITAL

#### GUEST SPEAKERS:

EVA WONG, EXECUTIVE DIRECTOR, MAYOR'S OFFICE OF COMMUNITY MENTAL HEALTH  
LINDA LEE, CITY COUNCIL MEMBER, CHAIR OF THE COMMITTEE ON MENTAL HEALTH



先到先得：前100名到场的参与者将获得抽奖券，有机会赢取50美元礼品卡和奖品！



## 亚太裔传统月+心理健康月活动

2024年5月29日，周三，下午3点-5点

50 MADISON ST, NEW YORK, NY, 10038

### 工作坊

**共同治愈：麦迪臣社区中心对社区心理健康的影响**

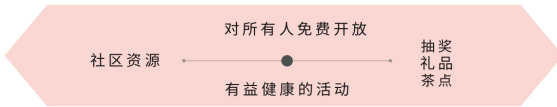
JIHAN RYU, MD  
CONNECT精神医师，  
麦迪臣社区中心  
心理健康研究员

**为自闭症谱系人群争取权益**

LILLIAN JIN, MD, MPH  
儿科，儿童及成人精神医师  
西奈山医院住院医师

### 特邀分享嘉宾：

EVA WONG, 市长办公室，社区心理健康办公室执行董事  
LINDA LEE, 市议会成员，心理健康委员会主席



SE LE SIRVE EN ORDEN DE LLEGADA LAS PRIMERAS 100 PERSONAS RECIBIRÁN UN BOLETO DE RIFA PARA PARTICIPAR Y GANAR PREMIOS Y TARJETAS DE REGALO DE \$50!



## UN EVENTO COMBINADO PARA CELEBRAR LA HERENCIA ASIÁTICO ESTADOUNIDENSES Y MAYO ES EL MES DE CONCIENCIACIÓN SOBRE LA SALUD MENTAL PARA TODOS

MIÉRCOLES 29 DE MAYO DE 2024,  
DE 3:00PM - 5:00 PM  
50 MADISON ST. NUEVA YORK, NY 10038

### TALLERES DE TRABAJO

**SANANDO JUNTOS: IMPACTO DE LA CASA HAMILTON-MADISON HOUSE EN LA SALUD MENTAL DE LA COMUNIDAD**

JIHAN RYU, MD  
PSIQUIATRA EN CONNECT  
INVESTIGADOR DE SALUD MENTAL  
HAMILTON-MADISON HOUSE

**ABOGAR POR LAS PERSONAS CON TRASTORNO DEL ESPECTRO**

LILLIAN JIN, MD, MPH  
TRABLERO TRIPLE  
(PEDIATRIA, PSIQUIATRIA INFANTIL Y DE ADULTOS)  
MEDICO RESIDENTE  
MOUNT SINAI HOSPITAL

### ORADORES INVITADOS :

EVA WONG, DIRECTORA EJECUTIVA, ALCALDIA DE SALUD MENTAL COMUNITARIA,  
LINDA LEE, MIEMBRO DEL CONCEJO MUNICIPAL, PRESIDENTE DEL COMITE DE SALUD MENTAL



## Asylum Seekers Practitioners Forum

Forum moderated by Educational Alliance's President and CEO, Rich Baum, to discuss NYC's response to the influx of asylum seekers. Explore the challenges in education, workforce, healthcare, and resettlement services that need to be addressed to best support them. Light refreshments will be served after the program.

**Date:** Tuesday, May 28th 5:30 pm - 7 pm

**Location:** Educational Alliance-Manny Cantor Center (197 East Broadway, 6th Floor, New York, NY 10002)

**Speakers:**

- Leslie Abbey, CEO, Hot Bread Kitchen
- Jesús Aguais, Executive Director, Aid for Aids International and Aid for Life
- Reverend Chloe Breyer, Executive Director, Interfaith Center of New York
- Ann Cheng, Chief of Staff, CUNY Office of Budget and Finance
- Laura Newman, Deputy Director, Neighbors Link
- Giovanna Perciballi, Assistant Director, Adult Education Programs, City Tech

You can [register here](#).

## Housing Information Classes

Tenants – know your rights! Learn how to push back against harassment; eliminate pesky pests; apply for affordable housing; and deal with landlords avoiding repairs.

Homeowners – we got you! Learn about violations & summons; navigate all the City agencies you need; get resources for repairs, contractors, and financing; avoid deed theft and other scams.

Visit [nyc.gov/hpd](http://nyc.gov/hpd) for more information and a full list of classes.

Housing Information Classes

NYC Department of Housing Preservation & Development

# We have your housing answers!

**Tenants - Know your rights!**

- Push back against harassment
- Eliminate pesky pests
- Landlord avoiding repairs
- Apply for affordable housing

**Homeowners - We got you too!**

- Learn about violations and summonses
- Navigate all the City agencies you need
- Resources for repairs, contractors, and financing
- Avoiding deed theft and other scams

**Register Here!**

**Full List of Classes**

Visit [nyc.gov/hpd](http://nyc.gov/hpd) for more information.  
FREE Zoom classes with City agencies and Community Based Organizations!

## For Local Organizations

### Upcoming Opportunities

#### NYC Small Business Month Expo



SBS is hosting the first-ever NYC Small Business Month Expo to address the needs of small business owners of all stages, industries, and boroughs. Free services from 100+ city programs, agencies, and partners for all NYC business owners in one place!

- Faster city permits and licenses
- Financing and legal assistance
- Hire workers
- Contract with the City of New York
- Free consultations, workshops, and networking

DATE/TIME: Wednesday, May 29, 2024, 9 a.m. - 3 p.m.

LOCATION: Pier 36  
299 South Street  
New York, NY 10002

REGISTER: [Eventbrite](#)

Applications Open for Business Preparedness and Resiliency Program  
Risk Assessment and Grant Program



If your business is at risk of flooding from storms, you may be eligible for the City's Risk Assessment and Grant Program. Through this program, eligible businesses can get a review of their physical location, business operations, and insurance needs so that they can get personalized recommendations on how to protect the business in the event of disasters. Furthermore, eligible participants can get grants of up to \$5,000 to help cover the costs of implementing recommendations.

Learn more about the program, including how to apply, on the NYC Department of Small Business Services website:

<https://nyc-business.nyc.gov/nycbusiness/emergency-preparedness/business-preparedness-and-resiliency-program/risk-assessment-and-preparedness-grant>

## Resources

### Business Preparedness and Resiliency Program



The NYC Department of Small Business Services has launched the Business Preparedness and Resiliency Program (BPREP) Risk Assessment and Grant Program for eligible small business or commercial properties.

This program offers a free on-site, one-on-one risk assessment and \$5,000 grant to buy recommended resiliency equipment, such as flood barriers, generators, and fireproof storage containers. Learn more and apply [here](#).

## Crossing the Finish Line to Open Your Business

Start your business with one-on-one support from the NYC Department Small Business Services (SBS). These sessions will go over rules and regulations, licenses and permits, accessing capital, commercial lease assistance and much more. Sign up here:

<https://www.eventbrite.com/cc/crossing-the-finish-line-to-open-your-business-3118899>

## FastTrac® Program

FastTrac® is a series of free multiple-session entrepreneurship bootcamps offered by the NYC Department of Small Business Services (SBS) for aspiring and established entrepreneurs throughout New York City. Sign up here: <https://nyc-business.nyc.gov/nycbusiness/business-services/education-programs/fasttrac>

## Commercial Lease Assistance Program

NYC's Commercial Lease Assistance Program with Brooklyn Legal Services Corporation A (also known as BKA) offers free legal help with:

- Reviewing and signing a new lease
- Amending, renewing, or terminating a current lease
- Drafting/negotiating lease terms
- Rent arrears
- Repair issues
- Any other commercial-lease-related issues



If a business is in litigation, we can provide them with advice and guidance but not represent them in court. In such cases, we advise them on the next steps to be taken, and if necessary, we can provide them with a list of low-fee attorneys.

All of our legal services are completely FREE to all who own small businesses and qualify except for representing them in court. Feel free to contact me at 718-321-9797 or via email at [ibyun@rhakimlaw.com](mailto:ibyun@rhakimlaw.com) if you have any questions or need more details.

## NYC BEST

Time is money. Save both with NYC BEST's one-on-one help – at no cost! Through NYC BEST, you will be connected to a single point person to help you with:

Get Licenses and Permits Faster

- Understand City rules and requirements
- Work with City agencies to get licenses and permits faster
- Avoid/Reduce Fines and Violations

Prepare for inspections

- Fix issues before an inspector walks through the door
- Understand violations you've received and help address them

More information available here: <https://nyc-business.nyc.gov/nycbusiness/business-services/regulatory-assistance/nyc-business-express-service-team-best>

## How to Tell Legal Cannabis Shops from Illegal Ones

1. All licensed dispensaries are issued a Dispensary Verification Tool which is posted in the storefront. Scan the QR code to be directed to OCM's website with a list of all licensed adult-use cannabis dispensaries.



2. When buying cannabis products, locate the Universal Symbol, which is pictured below.

Every regulated adult-use cannabis product sold will also include the below New York State "universal symbol" designating it as a tested, regulated product. Consumers should check both the storefront for the Dispensary Verification Tool and the product label to ensure they're purchasing a regulated product. More examples of the "universal symbol" can be found [here](#).



3. Check for a QR code or link to your product's "Certificate of Analysis" or CoA.

All regulated products will have a QR code or link to that product's lab testing results called a Certificate of Analysis (CoA). All cannabis products must pass lab testing before being sold at licensed adult-use or medical dispensaries. Lab testing ensures cannabis products available are safer to consume and are accurately labeled with potency.

**If you visit a cannabis shop that does not have all three of these, report the shop to Community Board 3.**